03633

To Dr. S. P. Tekur

SHORT LECTURE OF ACUPUNCTURE

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JAPAN

Deenabandu Training Centre, INDIA

February 21-24, 1984

3033

COMMUNITY HEALTH CELL
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AND
DOCUMENTATION
UNIT
BANGALORE.

1. Introduction

2. How to find meridian point

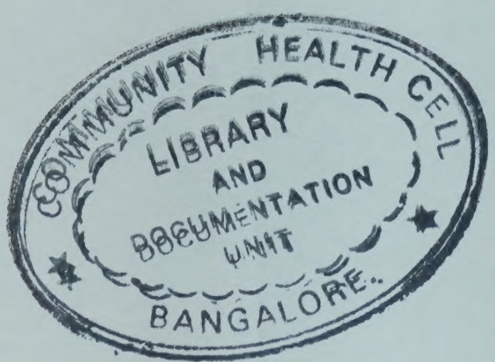
3. Technique of acupuncture

4. Common use - meridian point

5. Indication for disease

6. Side effect

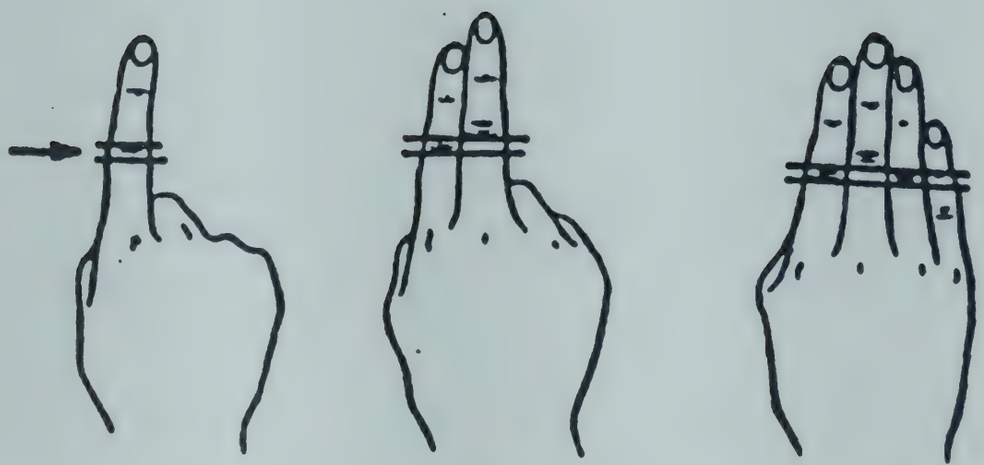
3033
DR450



1. Introduction

2. How to find meridian point

中指同身寸



指量法

3. Technique of acupuncture

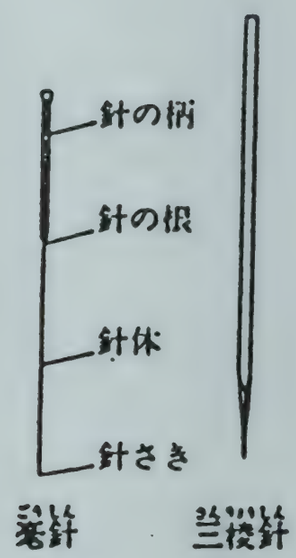
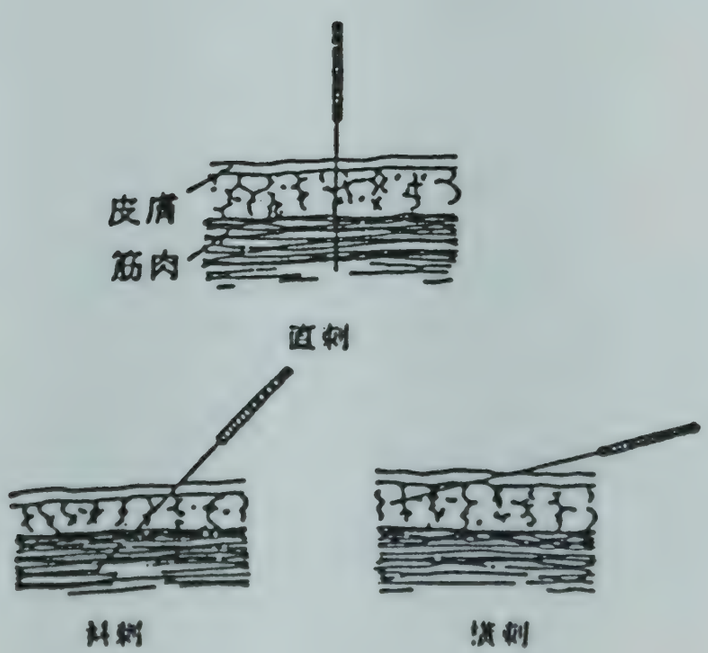


図1　針



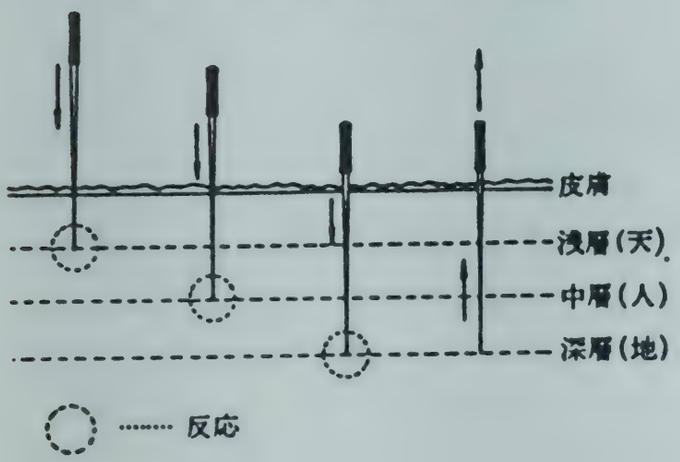
針を刺す角度

The technics of Ho and Shya

補 泻 の 手 技

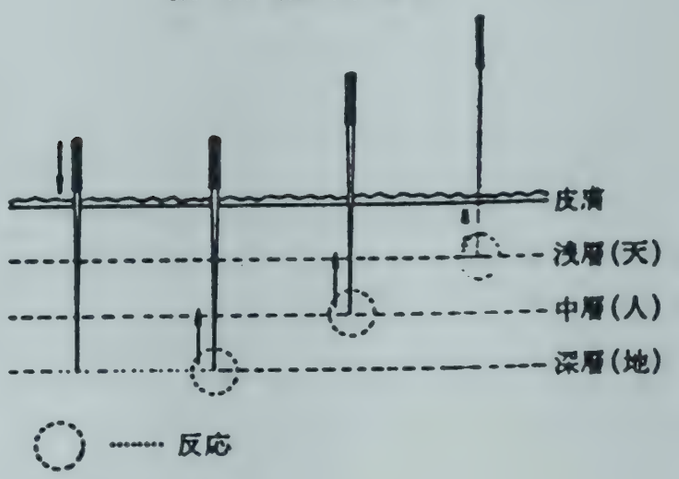
(1) 補　法：三進一退の法

刺　針（強く、速く）
抜　針（軽く、徐々に、一気に）



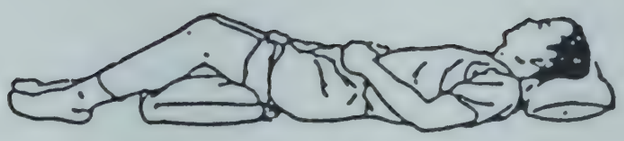
(2) 泻　法：一進三退の法

刺　針（軽く、徐々に、一気に）
抜　針（強く、速く）

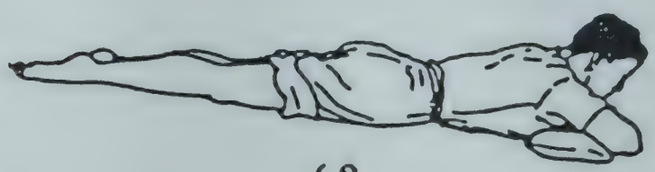


(3)

- 少陽数とは七回刺針し、一回針を刺したら七回雀啄。　計四十九数の刺激を言う。
- 老陽数とは三刺、二十七回雀啄、計八十一数の刺激を言う。
- 老陰数とは八刺、八回雀啄、計六十四数の刺激を言う。
- 少陰数とは六回刺針し、一回針を刺したら六回雀啄。　計三十六数の刺激を言う。
- 九陽数とは一刺九回の雀啄又は捻針をして補とするを言う。
- 六陰数とは一刺六回の雀啄又は捻針をして泻とするを言う。



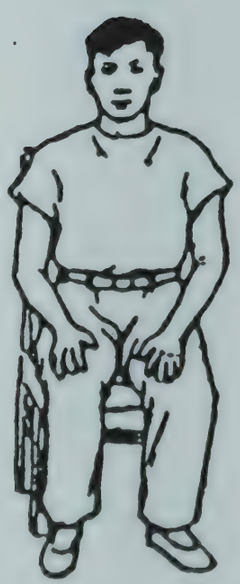
（1）



（2

（3）

針灸治療の体位(1)

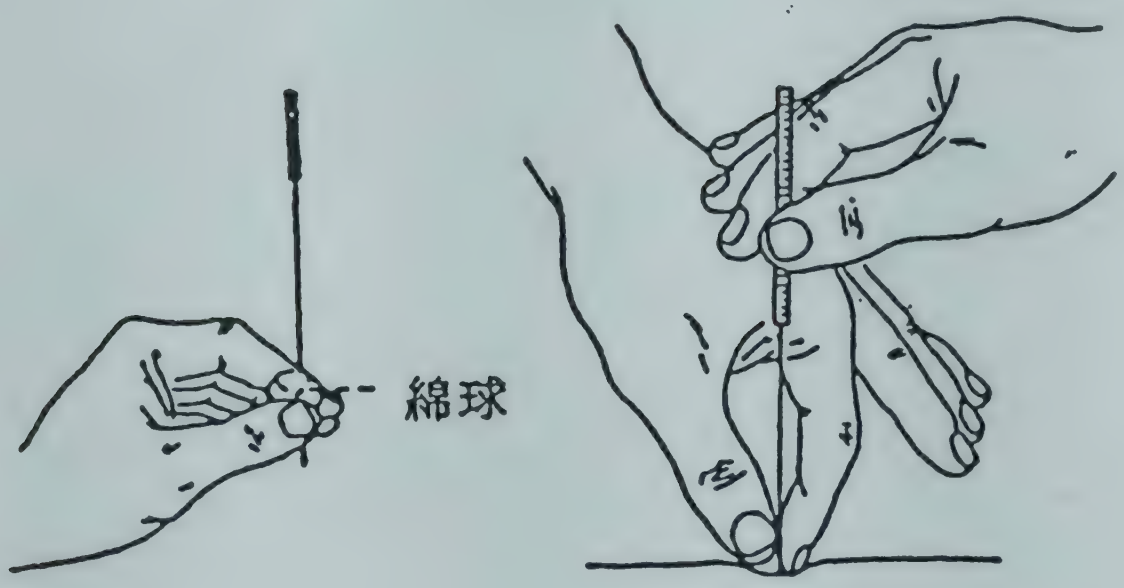


（4）　　（5）

針灸治療の体位(2)

1)

2)



3)

4)

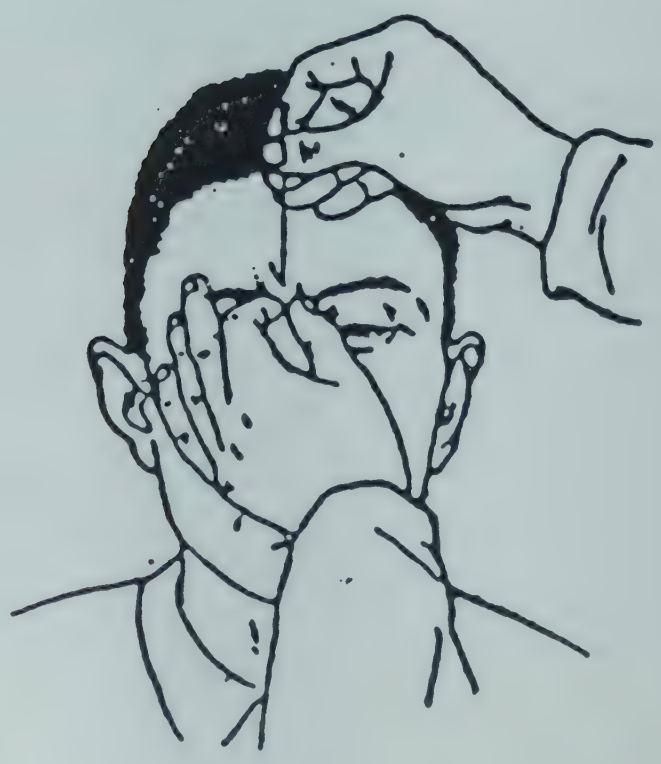


表1　中国、イギリス、フランス、ドイツ、日本、アメリカ針灸穴名記号表*

漢語	中国	英国 M**	英国 K***	フランス	西ドイツ	日本	アメリカ
肺経	F_{1-11}	L_{1-11}	P_{1-11}	P_{1-11}	LU_{1-11}	I, LU_{1-11}	LU_{1-11}
大腸経	DCh_{1-20}	Li_{1-20}	IG_{1-20}	GI_{1-20}	Di_{1-20}	II, LI_{1-20}	LI_{1-20}
胃経	W_{1-45}	S_{1-45}	V_{1-45}	E_{1-45}	M_{1-45}	III, ST_{1-45}	St_{1-45}
脾経	P_{1-21}	Sp_{1-21}	LP_{1-21}	RP_{1-21}	MP_{1-21}	IV, SP_{1-21}	Sp_{1-21}
心経	X_{1-}	H_{1-}	C_{1-}	C_{1-}	H_{1-9}	V, HT_{1-}	He_{1-9}
小腸経	XCh_{1-19}	Si_{1-1}	IT_{1-1}	IG_{1-1}	$Dü_{1-19}$	VI, SI_{1-1}	SI_{1-19}
膀胱経	PG_{1-67}	B_{1-67}	VU_{1-67}	V_{1-67}	BI, B_{1-67}	VII, BL_{1-67}	BI_{1-67}
腎経	Sh_{1-27}	K_{1-27}	R_{1-27}	R_{1-27}	N_{1-27}	VIII, KI_{1-27}	Ki_{1-27}
心包経	XB_{1-}	Cx, P_{1-}	HC_{1-9}	ECS, MC_{1-}	KS_{1-}	IX, HC_{1-}	EH, CS_{1-9}
三焦経	SJ_{1-23}	T_{1-23}	SC_{1-23}	TR_{1-23}	3E, DE_{1-23}	X, TH_{1-23}	TB_{1-23}
胆経	D_{1-44}	G_{1-44}	VF_{1-44}	VB_{1-44}	Gb, G_{1-44}	XI, GB_{1-44}	GB_{1-44}
肝経	G_{1-14}	Liv_{1-14}	H_{1-14}	F_{1-14}	LE, Le_{1-14}	XII, LV_{1-14}	Li, LV_{1-14}
督脈	DM_{1-28}	Gv_{1-28}	TM_{1-27}	VG_{1-27}	LG_{1-27}	XIII, GV_{1-28}	Go_{1-26}
任脈	RM_{1-24}	Cv_{1-24}	JM_{1-24}	VC_{1-24}	KG_{1-24}	XIV, CV_{1-24}	Co_{1-24}
経外穴	JW	X		HM, PC	AM		CL
耳穴	Er	EP	EP	PA	OP		EL

* 表内数字為穴位序号;

** Felix Mann: Atlas of Acupuncture Points and Meridians, 1966.

*** Otto Karow: Akupunktur und International Nomenklatur DZA, 5~6, 1954.

表2　大腸経曲池穴の各国記号和音訳

国名	記号	音訳	意訳
中国	DCh_{11}	Quchi	
イギリス	Li_{11}, IG_{11}	Chü-chih	
フランス	G I 11	Tsiou-tchre	Etang Courbe
西ドイツ	D i 11	Tsiou-tchre	Gewundener Teich
日本	II 11、L I 11	Kokuch,	
アメリカ	L I 11	Chüchih	Bent Pond

表3　各国穴名音訳錯誤表

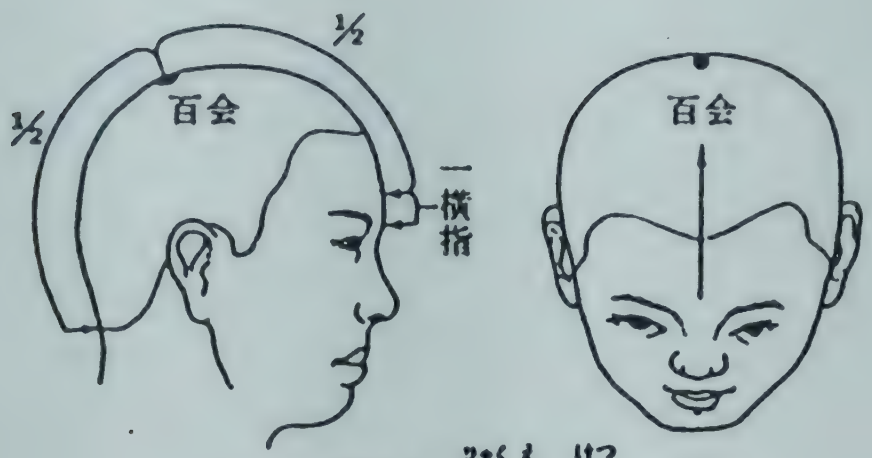
穴　名	漢語併音	イギリス	フランス・西ドイツ
1. 肘　髎	Zhouliao	Chou-chiao	Tcheou-tsiao
2. 禾　髎	(Kou)heliao	Ho-chiao	Ro-tsiao
3. 觀　髎	Quanliao	Chuan-chiao	Tsiuann-tsiao
4. 肩　髎	Jianliao	Chien-chiao	Tsienn-tsiao
5. 天　髎	Tianliao	Tien-chiao	Tienn-tsiao
6. 和　髎	(Er)heliao	Ho-chiao	Ro-tsiao
7. 巨　髎	Juliao	Chü-chiao	Tsiu-tsiao
8. 上　髎	Shangliao	Shang-chiao	Chang-tsiao
9. 次　髎	Ciliao	Tzu-chiao	Tsre-tsiao
10. 中　髎	Zhongliao	Chung-chiao	Tchong-tsiao
11. 下　髎	Xialiao	Hsia-chiao	Sia-tsiao
12. 瞳子髎	Tongziliao	Tung-tzu-chiao	Trong-tse-tsiao
13. 居　髎	Juliao	Chü-chiao	Tsiu-tsiao
14. 素　髎	Suliao	Su-chiao	Sou-tsiao
15. 神　闕	Shengque	Shen-kuan	Chenn-koann
16. 巨　闕	Juque	Chü-kuan	Tsiu-koann
17. 俞　中	Yuzhong	Hou-chung*	Rouo-tchong
18. 乘　風	Bingfeng	Cheng-feng	Tchreng-fong
19. 中　瀆	Zhongdu	Hsia-tu	Sia-tou
20. 肩外俞	Jianwaishu	Chien-wai	Tsienn-oae
21. 肩中俞	Jianzhongshu	Chien-chung	Tsienn-tchong
22. 滑肉門	Huaroumen	Hua-Jou	Roa-Jeou
23. 肺　俞	Feishu	Fei-yü	Fei-iu
24. 厥陰俞	Jueyinshu	Chüeh-yin-yü	Tsiue-inn-iu
25. 心　俞	Xinshu	Hsin-yü	Sinn-iu
26. 督　俞	Dushu	Tu-yü	Tou-iu
27. 膈　俞	Geshu	Ko-yü	Ko-iu
28. 肝　俞	Ganshu	Kan-yü	Kann-iu
29. 胆　俞	Danshu	Tan-yü	Tann-iu
30. 脾　俞	Pishu	Pi-yü	Pi-iu
31. 胃　俞	Weishu	Wei-yü	Oe-iu
32. 三焦俞	Sanjiaoshu	San-chiao-vü	Sann-tsiao-in
33. 腎　俞	Shenshu	Shen-yü	Chenn-iu
34. 気海俞	Qihaishu	Chi-hai-yü	Tsri-rae-iu
35. 大腸俞	Dachangshu	Ta-chang-yü	Ta-tchrang-iu
36. 関元俞	Guanyuanshu	Kuan-yüan-yü	Koann-iuann-iu
37. 小腸俞	Xiaochang-shu	Hsiao-chang-yü	Siao-tchrang-iu
38. 膀胱俞	Pangguang-shu	Pang-kuang-yü	Prang-koang-iu
39. 中膂俞	Zhonglüshu	Chung-lu-yü	Tchong-liu-iu
40. 白環俞	Baihuanshu	Pai-huan-yü	Pae-roann-iu
41. 臑　俞	Naoshu	Nao-yü	Ṇao-iu
42. 肓　俞	Huangshu	Huang-yü	Ṛoang-iu
43. 俞　府	Shufu	Yü-fu	Iu-fou
44. 腰　俞	Yaoshu	Yao-yü	Iao-iu

* アメリカ針灸発刊亦同

表4　経穴名記号混乱表

穴名	中国			フランス	西ドイツ	アメリカ	穴名	中国			フランス	西ドイツ	
		M	K						M	K			
1. 承泣	W 1	S 1	V 4	E 4	M 4	St 1	33. 浮白	D 10	G 10	VF 16	VB 16	G 16	G
2. 四白	W 2	S 2	V 5	E 5	M 5	St 2	34. (頭)竅陰	D 11	G 11	VF 18	VB 18	G 18	G
3. 巨髎	W 3	S 3	V 6	E 6	M 6	St 3	35. 完骨	D 12	G 12	VF 17	VB 17	G 17	G
4. 地倉	W 4	S 4	V 7	E 7	M 7	St 4	36. 本神	D 13	G 13	VF 9	VB 9	G 9	G
5. 大迎	W 5	S 5	V 8	E 8	M 8	St 5	37. 陽白	D 14	G 14	VF 10	VB 10	G 10	G
6. 頬車	W 6	S 6	V 3	E 3	M 3	St 6	38. (頭)臨泣	D 15	G 15	VF 11	VB 11	G 11	G
7. 下関	W 7	S 7	V 2	E 2	M 2	St 7	39. 目窓	D 16	G 16	VF 12	VB 12	G 12	G
8. 頭維	W 8	S 8	V 1	E 1	M 1	St 8	40. 正営	D 17	G 17	VF 13	VB 13	G 13	G
9. 照海	Sh 3	K 3	R 6	R 6	N 6	Ki 6	41. 承霊	D 18	G 18	VF 14	VB 14	G 14	G
10. 水泉	Sh 4	K 4	R 5	R 5	N 5	Ki 5	42. 中枢	DM 7	Gv 7				G
11. 大鐘	Sh 5	K 5	R 4	R 4	N 4	Ki 4	43. 筋縮	DM 8	Gv 8	TM 7	VG 7	LG 7	G
12. 太渓	Sh 6	K 6	R 3	R 3	N 3	Ki 3	44. 至陽	DM 9	Gv 9	TM 8	VG 8	LG 8	G
13. 附分	PG 36	B 36	VU 36	V 36	Bl 36	Bl 41	45. 霊台	DM 10	Gv 10	TM 9	VG 9	LG 9	G
14. 魄戸	PG 37	B 37	VU 37	V 37	Bl 37	Bl 42	46. 神道	DM 11	Gv 11	TM 10	VG 10	LG 10	G
15. 膏肓	PG 38	B 38	VU 38	V 38	Bl 38	Bl 43	47. 身柱	DM 12	Gv 12	TM 11	VG 11	LG 11	G
16. 神堂	PG 39	B 39	VU 39	V 39	Bl 39	Bl 44	48. 陶道	DM 13	Gv 13	TM 12	VG 12	LG 12	G
17. 譩譆	PG 40	B 40	VU 40	V 40	Bl 40	Bl 45	49. 大椎	DM 14	Gv 14	TM 13	VG 13	LG 13	G
18. 膈関	PG 41	B 41	VU 41	V 41	Bl 41	Bl 46	50. 哽門	DM 15	Gv 15	TM 14	VG 14	LG 14	G
19. 魂門	PG 42	B 42	VU 42	V 42	Bl 42	Bl 47	51. 風府	DM 16	Gv 16	TM 15	VG 15	LG 15	G
20. 陽綱	PG 43	B 43	VU 43	V 43	Bl 43	Bl 48	52. 脳戸	DM 17	Gv 17	TM 16	VG 16	LG 16	G
21. 意舎	PG 44	B 44	VU 44	V 44	Bl 44	Bl 49	53. 強間	DM 18	Gv 18	TM 17	VG 17	LG 17	G
22. 胃倉	PG 45	B 45	VU 45	V 45	Bl 45	Bl 50	54. 後頂	DM 19	Gv 19	TM 18	VG 18	LG 18	G
23. 肓門	PG 46	B 46	VU 46	V 46	Bl 46	Bl 51	55. 百会	DM 20	Gv 20	TM 20	VG 19	LG 19	G
24. 志室	PG 47	B 47	VU 47	V 47	Bl 47	Bl 52	56. 前頂	DM 21	Gv 21	TM 20	VG 20	LG 20	G
25. 胞肓	PG 48	B 48	VU 48	V 48	Bl 48	Bl 53	57. 囟会	DM 22	Gv 22	TM 21	VG 21	LG 21	G
26. 秩辺	PG 49	B 49	VU 49	V 49	Bl 49	Bl 54	58. 上星	DM 23	Gv 23	TM 22	VG 22	LG 22	G
27. 承扶	PG 50	B 50	VU 50	V 50	Bl 50	Bl 36	59. 神庭	DM 24	Gv 24	TM 23	VG 23	LG 23	G
28. 殷門	PG 51	B 51	VU 51	V 51	Bl 51	Bl 37	60. 素髎	DM 25	Gv 25	TM 24	VG 24	LG 24	G
29. 浮郄	PG 52	B 52	VU 52	V 52	Bl 52	Bl 38	61. 水溝	DM 26	Gv 25	TM 25	VG 25	LG 25	G
30. 委陽	PG 53	B 53	VU 53	V 53	Bl 53	Bl 39	62. 兌端	DM 27	Gv 27	TM 26	VG 26	LG 26	G
31. 委中	PG 54	B 54	VU 54	V 54	Bl 54	Bl 40	63. 龈交	DM 28	Gv 28	TM 27	VG 27	LG 27	G
32. 天衝	D 9	G 9	VF 15	VB 15	G 15	GB 9							

4. Common use - meridian point



(1) 図13 百会穴 (2)

$F_2$21 (L)

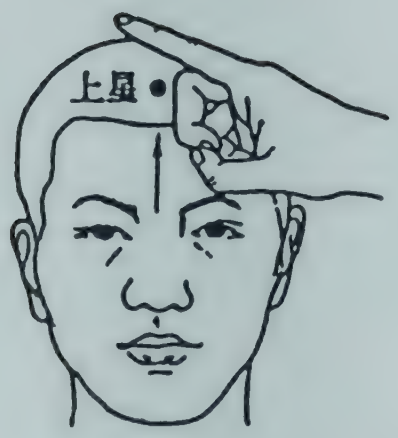


図14 上星穴

VM27 (AME)

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図15　印堂穴（いんどうけつ）

Indou

図16　地倉穴（ちそうけつ）

$F_6$48 (S)

図17　人中（じんちゅう）穴（けつ）

VM24

図18　太陽（たいよう）穴（けつ）

$F_5$50 (G)

図19　迎香穴

H6 27 (LI)

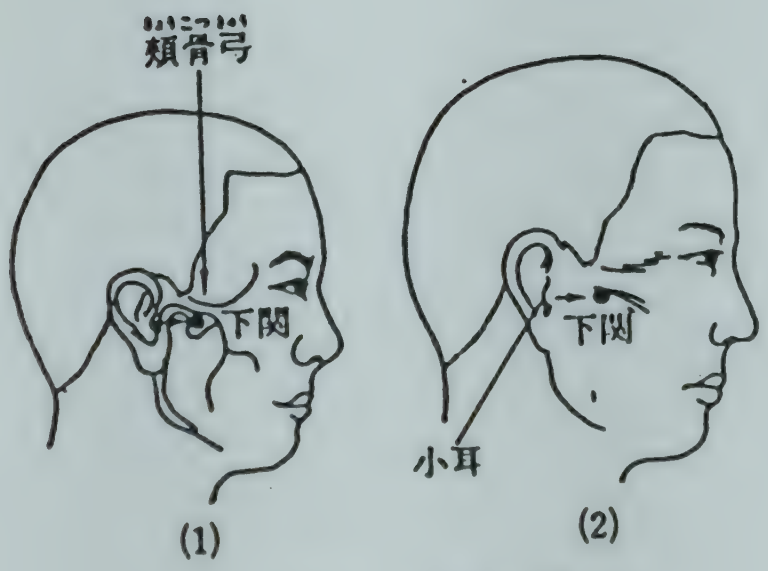

図20　下関穴

F6 41 (S)

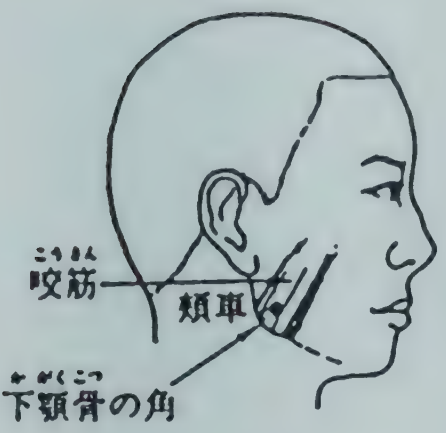

図21　頬車穴

$F_6$40 (S)

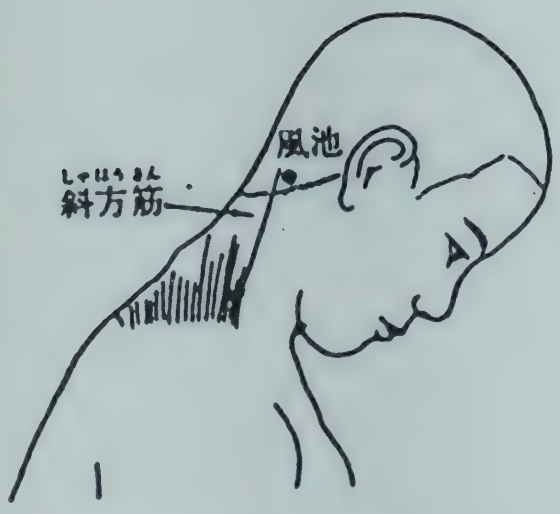

図22　風池穴

$F_5$30 (G)

図23 肩髃穴

H6 16 (LI)

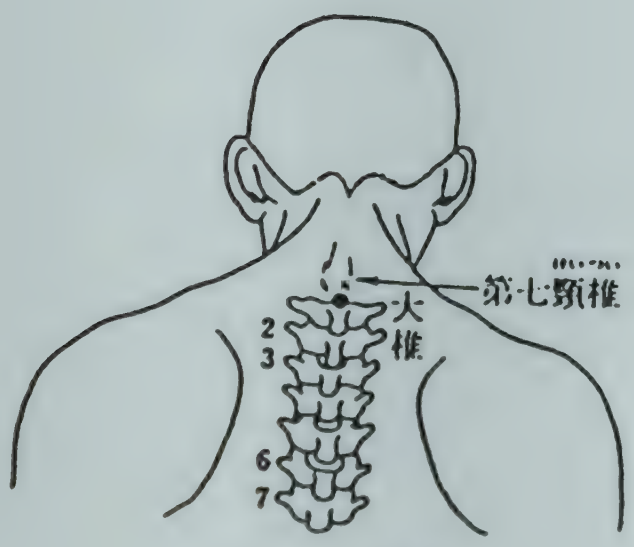

図24 大椎穴

F4 58 (U)

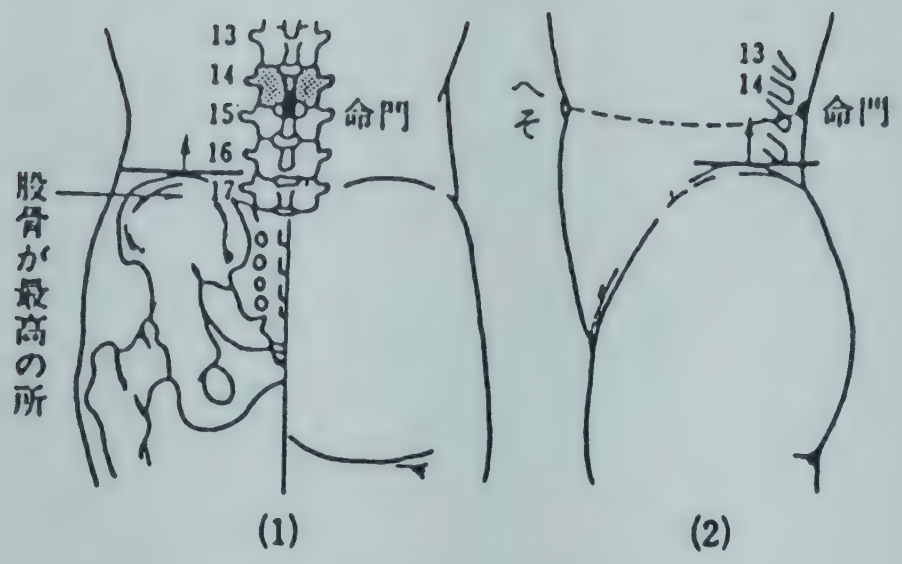

図25　命門穴

HM6

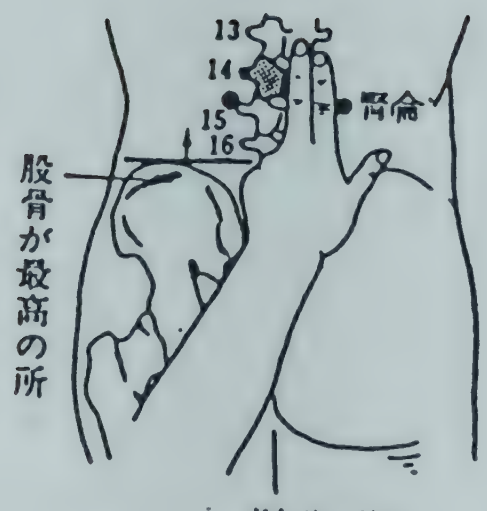

図26　腎俞穴

F434 (U)

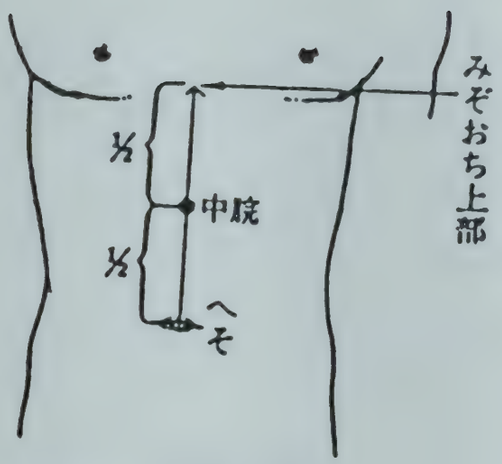

図27　中脘穴

VM11

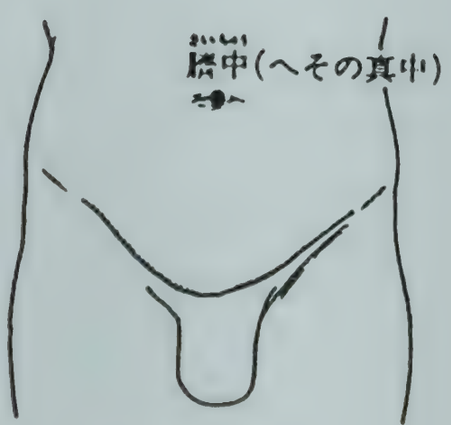

図28　臍中穴

VM7

図29　天枢穴

$F_6$22 (S)

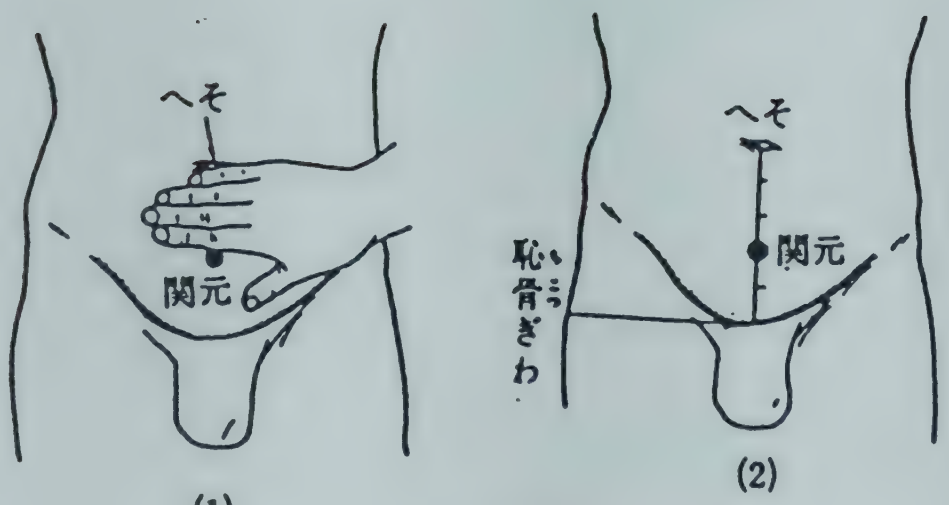

図30　関元穴

VM_3

図31　尺沢穴

$H_{1}8$

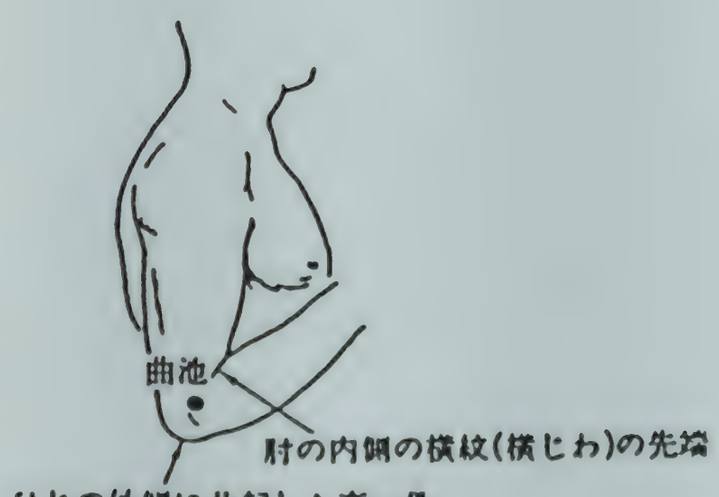

図32　曲池穴

$H_{6}11$ (LI)

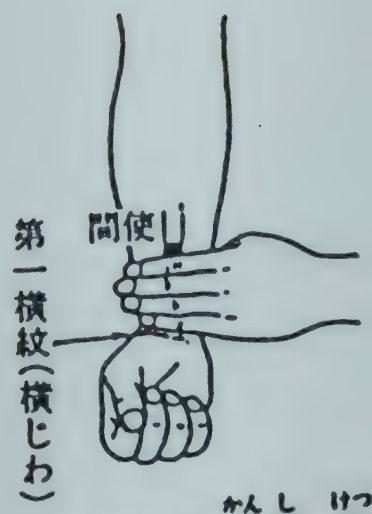

図33　間使穴

$H_2$5 (CS)

図34　内関穴

$H_2$4 (CS)

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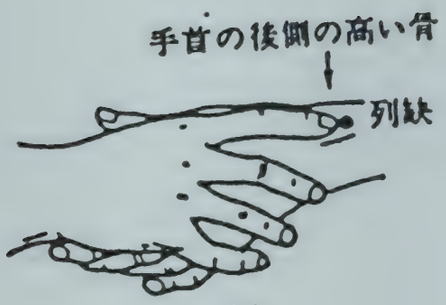
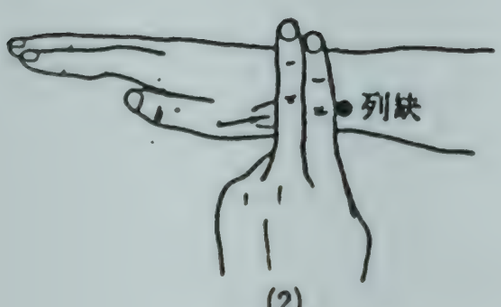


(1)

図35　列欠穴

Retsuketsu



(2)

図35　列缺穴

Retsuketsu

図36　合谷（ごうこく）穴

H64 (LI)

図37　后溪（こけい）穴

H43 (SI)

図38　少商穴

H_1l (L)

図39　四縫穴

Shihou

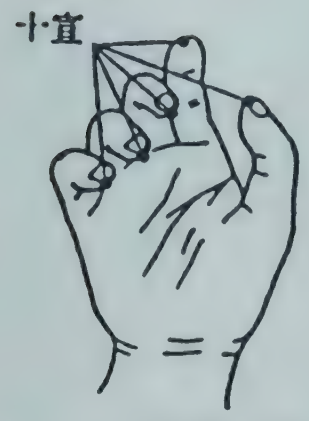


図40　十宣穴（じっせんけつ）

Jutsu-sen

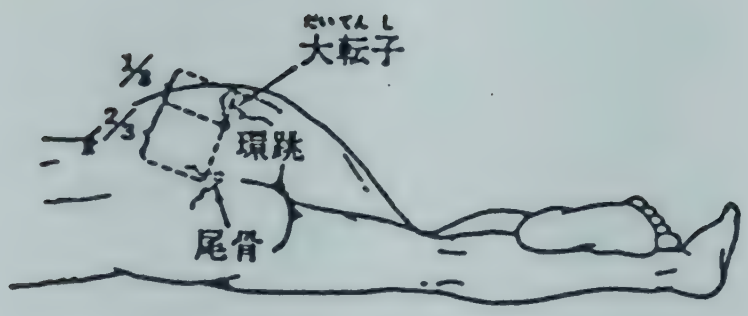
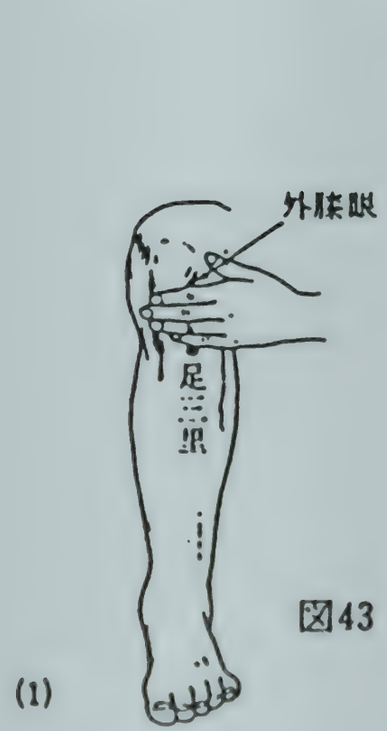


図41　環跳穴（かんちょうけつ）

$F_4$29　(U)

図42 膝眼(しつがん) 穴

Shitsu-gan



(1)

(2)

図43 足の三里 穴

$F_6 9$ (S)

図44　陽陵泉（ようりょうせん）穴

$F_5$11 (G)

図45　委中穴

$F_4$14 (U)

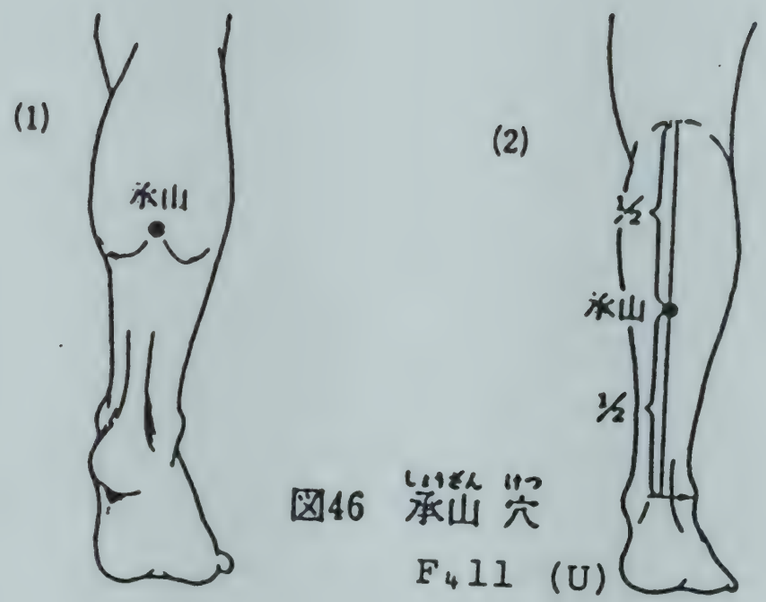


図46 承山穴

F411 (U)

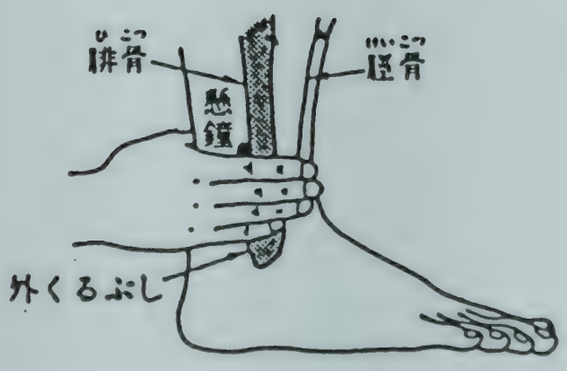


図47 懸鐘穴

F56 (G)

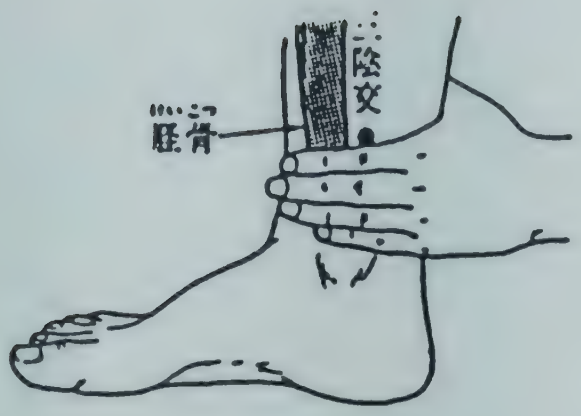


図48　三陰交穴

$F_2 5$ (L)

図49　昆侖穴

$F_4 8$ (U)

図50　解溪穴

$F_6$5 (S)

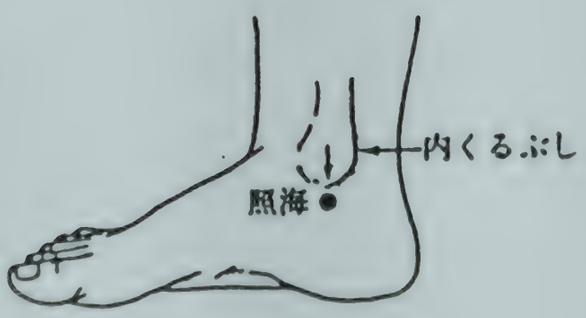


図51　照海穴

$F_3$5 (K)

図52　太冲穴（たいちゅうけつ）

$F_2 3$ (L)

図53　内庭穴（ないていけつ）

$F_6 2$ (S)

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Ⅰ. 針灸治療百症候

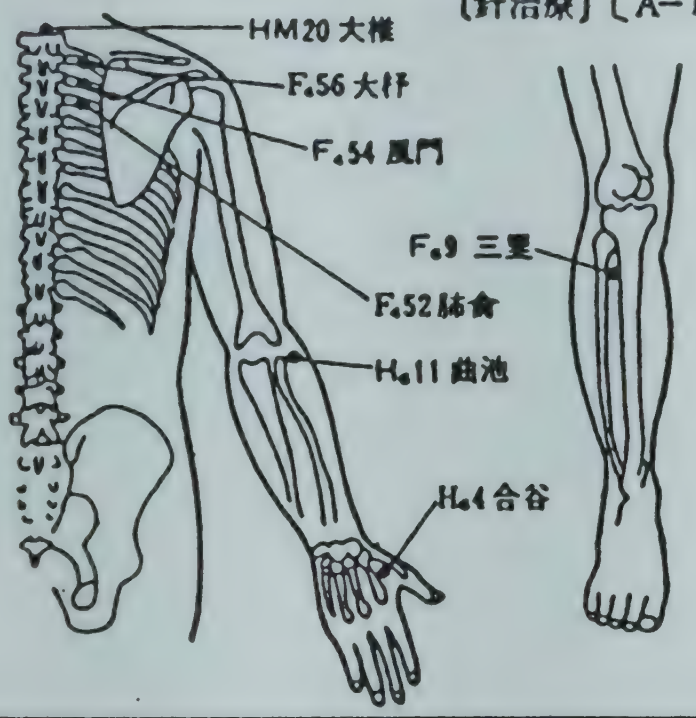
第 一 部

cf 〔A-T〕…Acupuncture Treatment 〔M-T〕…Moxa Treat

❶ 発　　熱 *Rise temperature*

(1) 一般的に使用される下熱法
General method of antipyretic treatment

〔針治療〕〔A-T〕



(2) 急性高熱 *Acute high temperature*

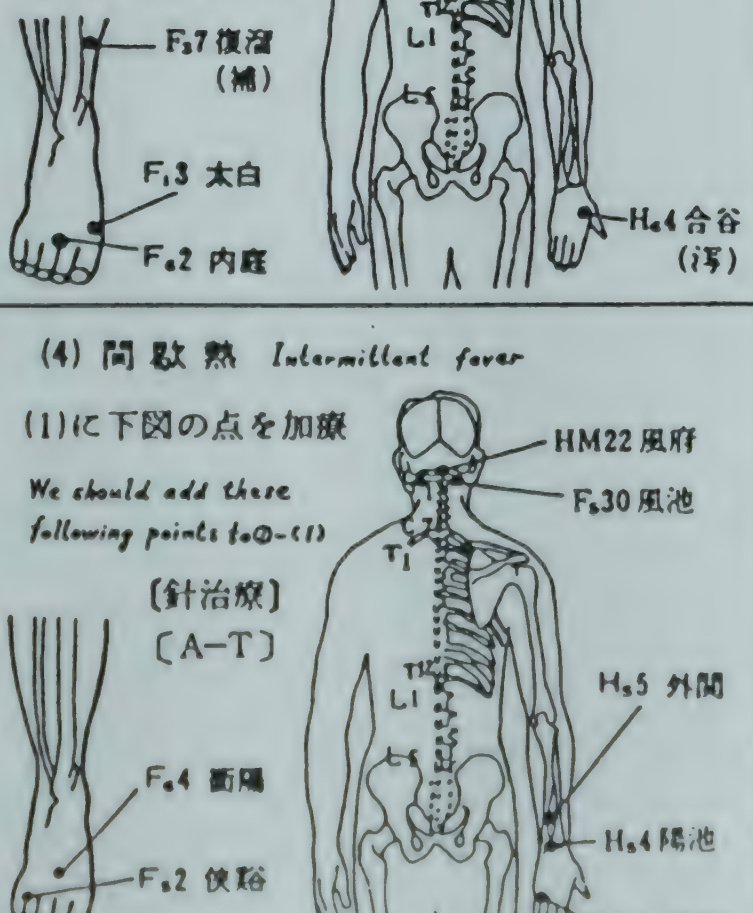
発汗せぬ者は(1)に下図の点を加療する
We should add these following points to No.①-(1) for the people who doesn't sweat

〔針治療〕〔A-T〕

(3) 急性高熱 *Acute high fever*

発汗する患者は(1)に下図の点を加療
We should add these following points No.①-(1), for the people who sweats

〔針治療〕〔A-T〕



(4) 間歇熱 *Intermittent fever*

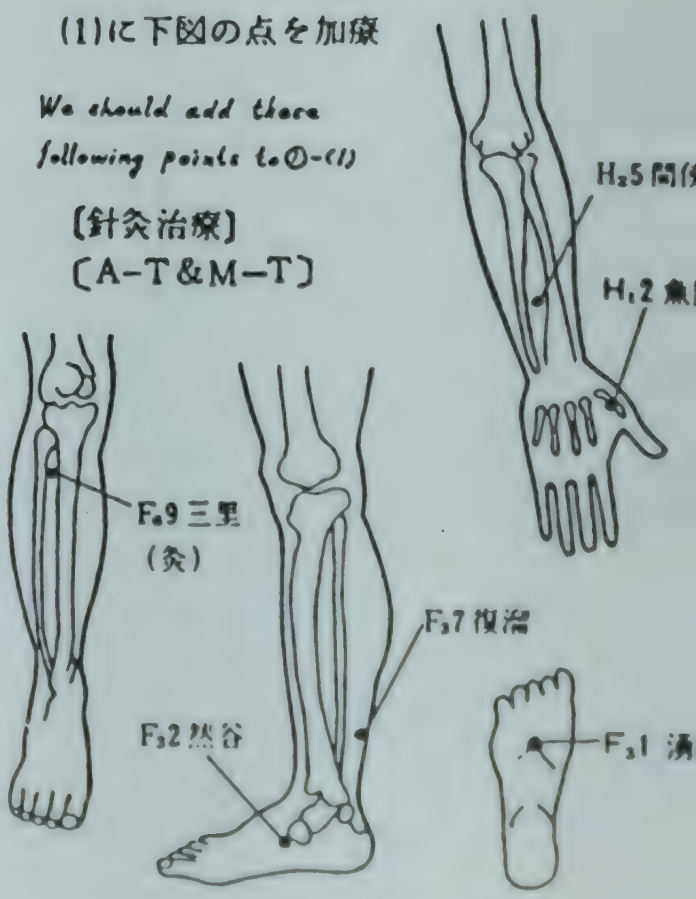
(1)に下図の点を加療
We should add these following points to①-(1)

〔針治療〕〔A-T〕

(5) 慢性微熱 *Chronic slight fever*

(1)に下図の点を加療
We should add these following points to①-(1)

〔針灸治療〕
〔A-T&M-T〕

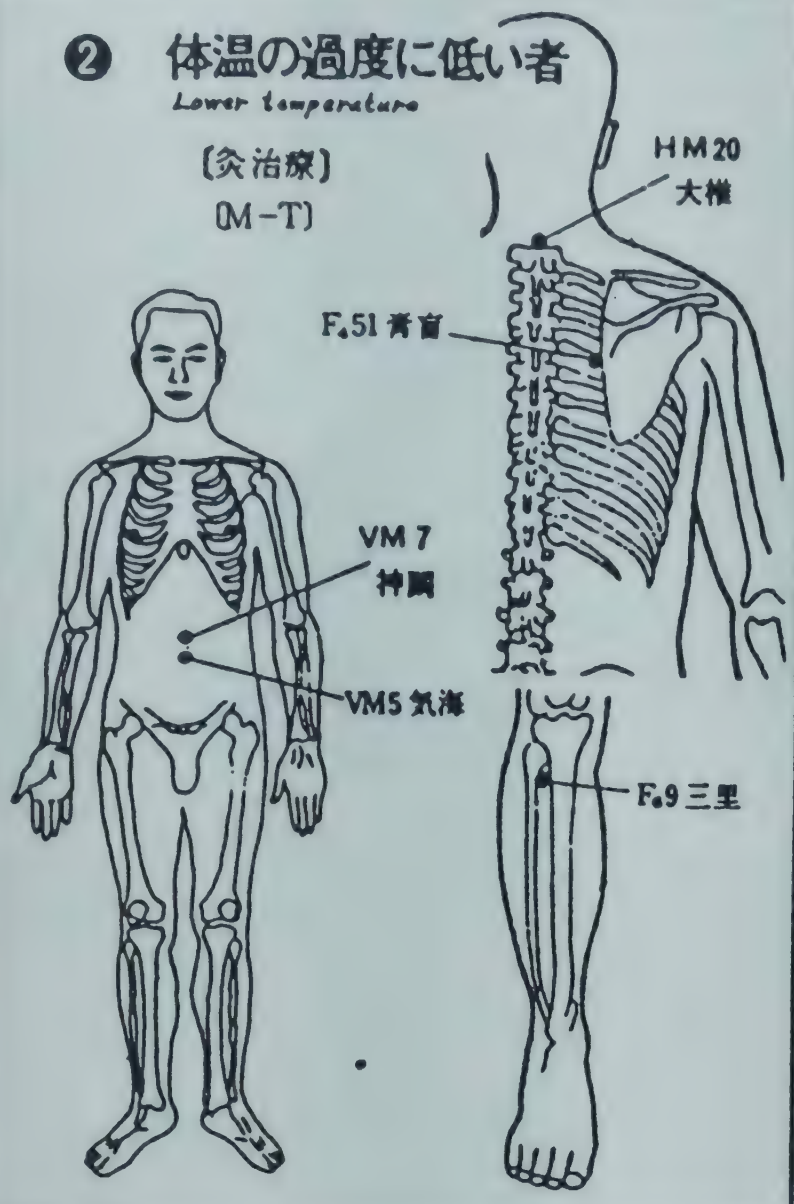


❷ 体温の過度に低い者

Lower temperature

〔灸治療〕

〔M－T〕

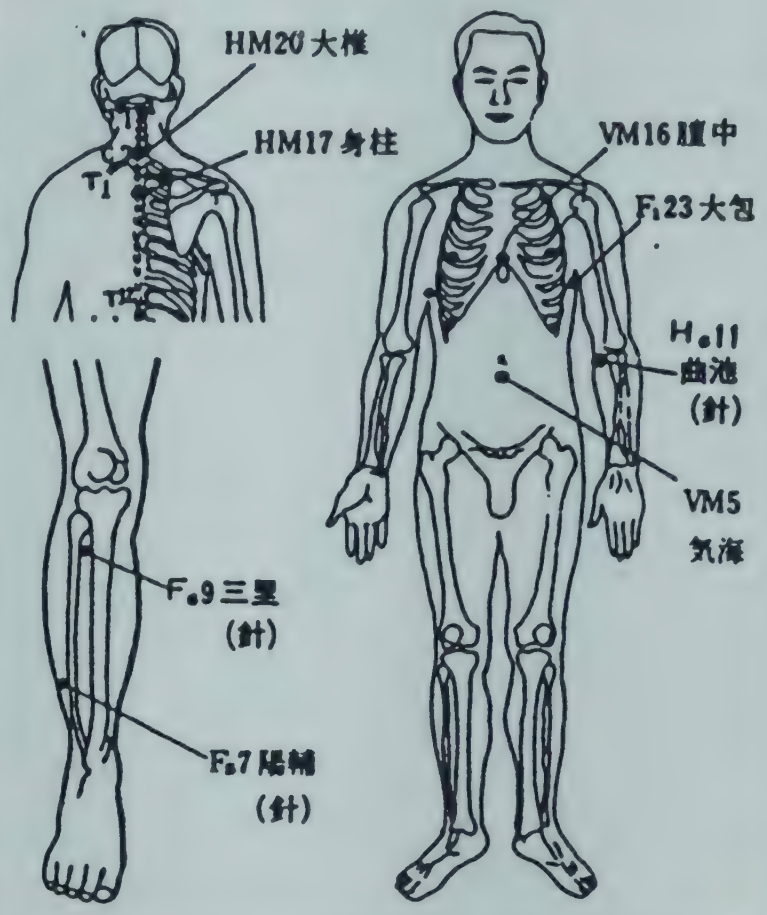


❸ 全身だるく無気力感あり

Malaise or Lassitude

〔針灸治療〕

〔A－T＆M－T〕



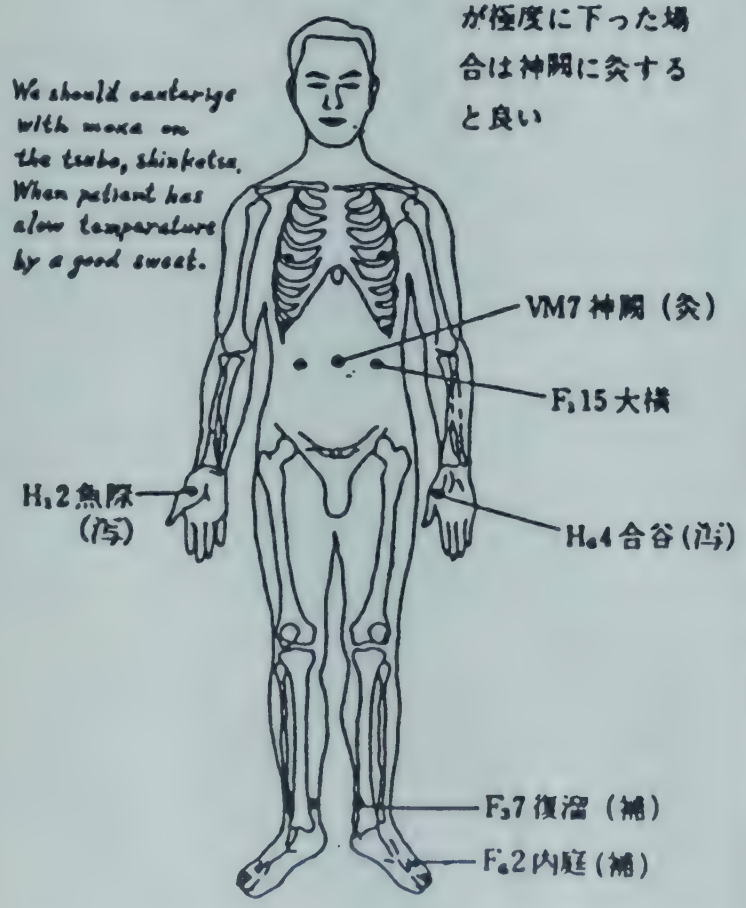
❹ 多 汗 症 *Excessive sweating*

〔針治療〕

〔A－T〕

汗が出すぎて体温が極度に下った場合は神闕に灸すると良い

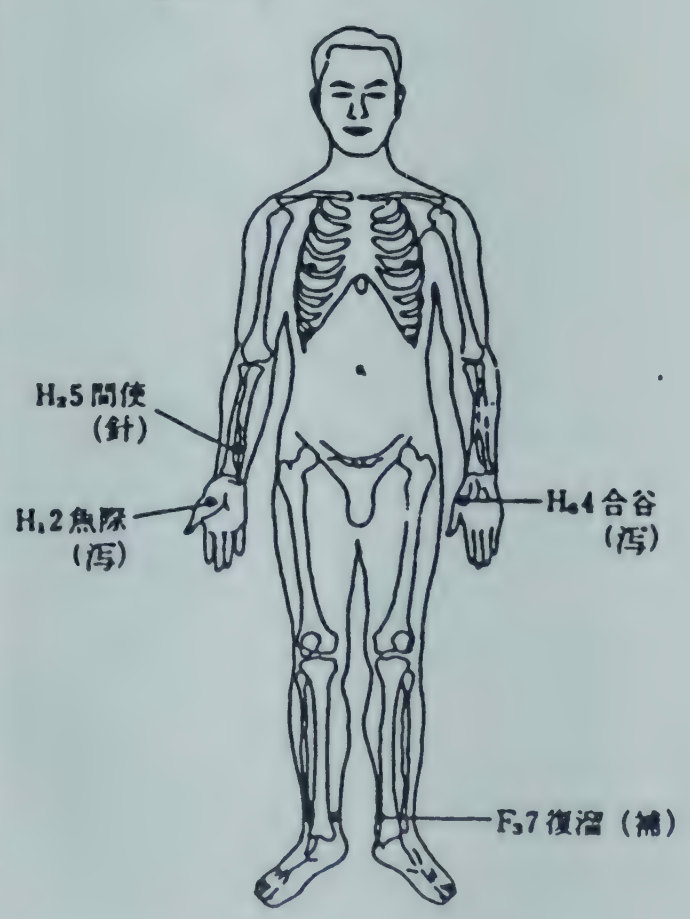
We should cauterize with moxa on the tsubo, shinkotsu. When patient has alow temperature by a good sweat.



❺ 盗 汗 症 *Nightsweat*

〔針治療〕

〔A－T〕

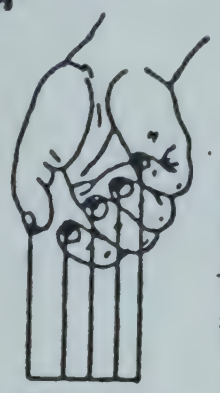


⑥ 頭　　痛　*Head ache*

原因によるもの

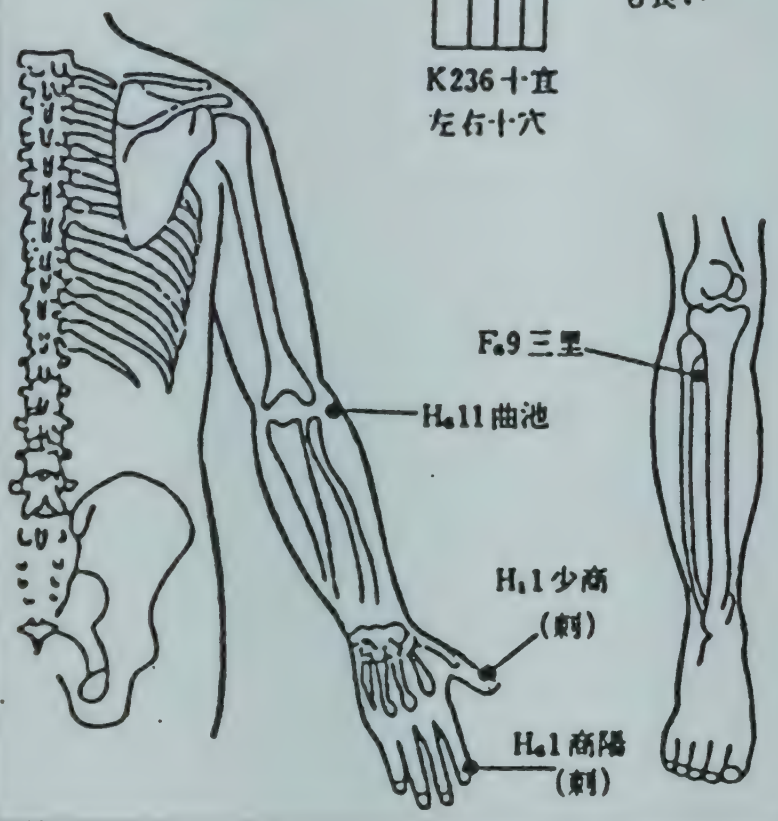
(1)発熱によって起った頭痛

〔針治療〕
〔A–T〕



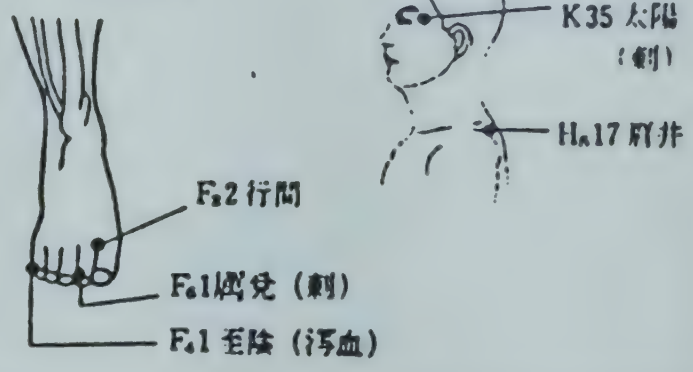
又は K236 十宣を瀉血するだけでも良い

K236 十宣
左右十穴



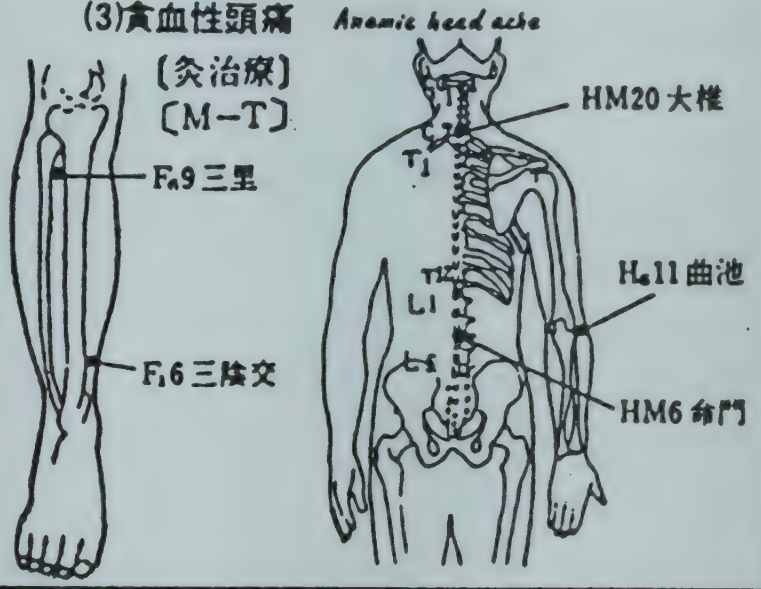
(2)充血性頭痛　*Congested head ache*

〔針治療〕
〔A–T〕



(3)貧血性頭痛　*Anemic head ache*

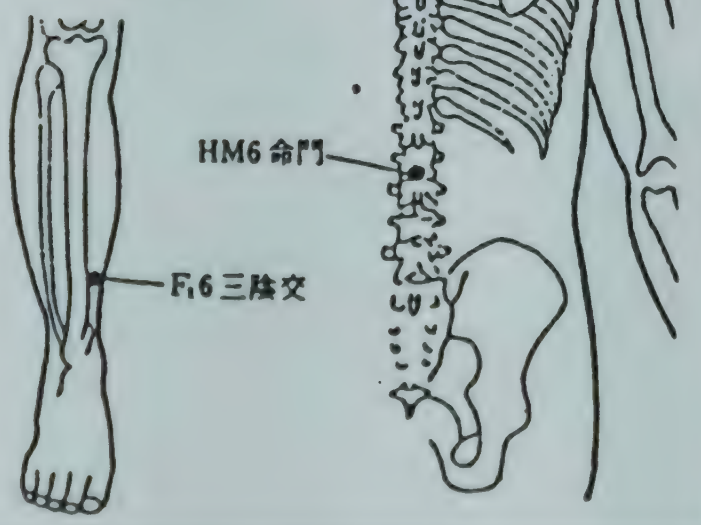
〔灸治療〕
〔M–T〕



(4)内分泌失調による頭痛

〔針治療〕
〔A–T〕

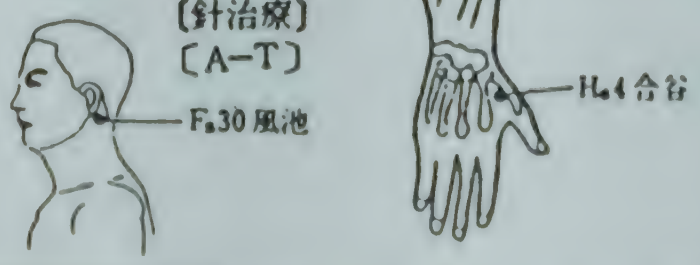
Head'ache caused by endocrinic disorder



(5)眼痛によって引き起された頭痛

〔針治療〕
〔A–T〕

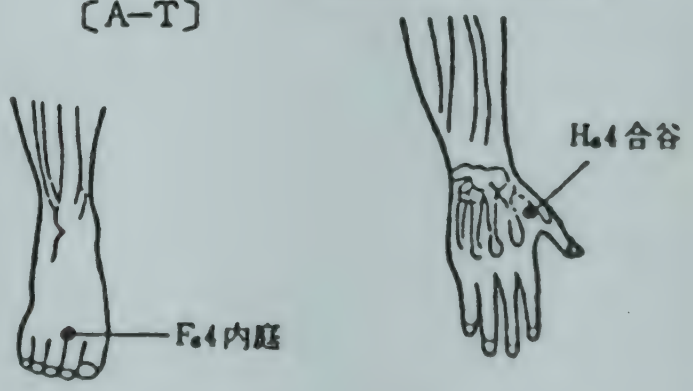
Head ache caused by sore eyes



(6)耳鼻咽侯疾患によっておきた頭痛

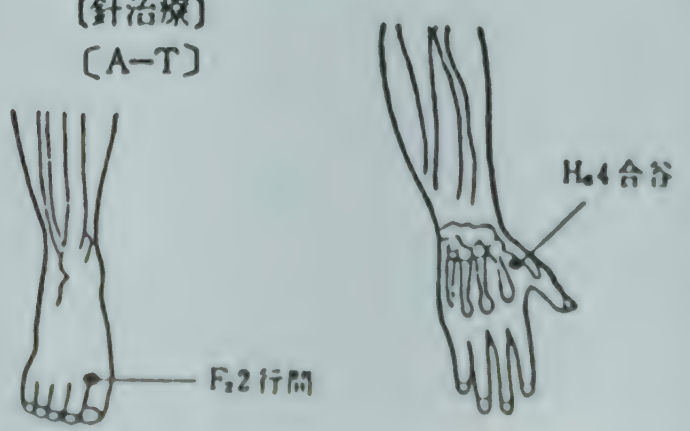
〔針治療〕
〔A–T〕

Head ache caused by ear, nose and throat disease



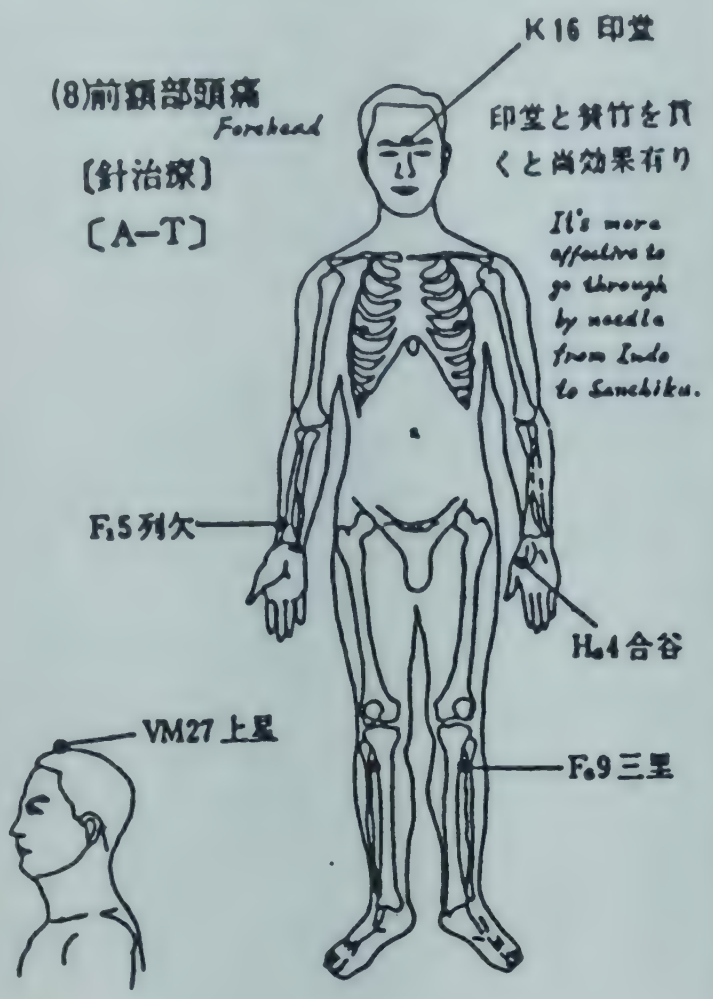
(7)神経性頭痛　*Nervous head ache*

〔針治療〕
〔A–T〕

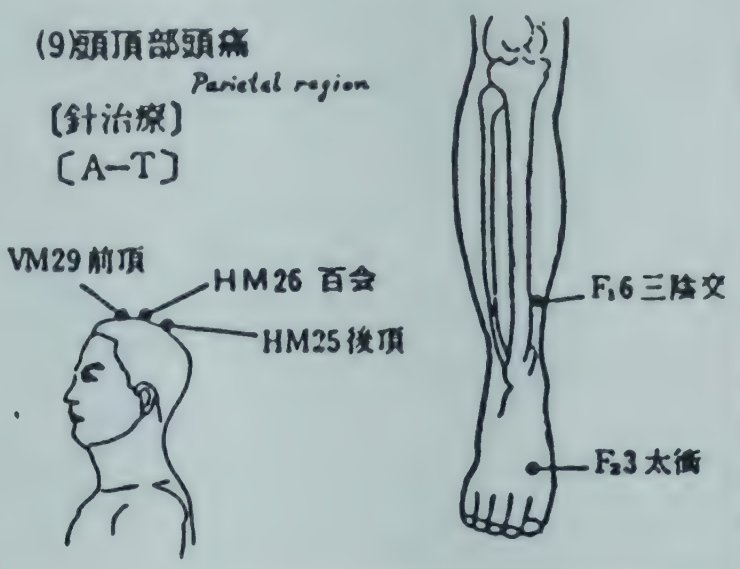


❻ 頭　　痛　Head ache

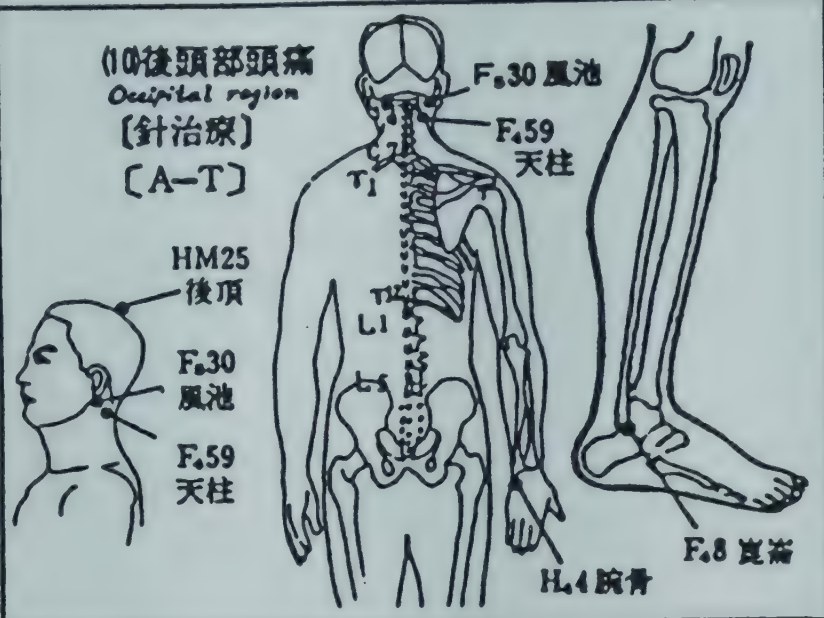
(8)前額部頭痛
Forehead
〔針治療〕
〔A–T〕



(9)頭頂部頭痛
Parietal region
〔針治療〕
〔A–T〕

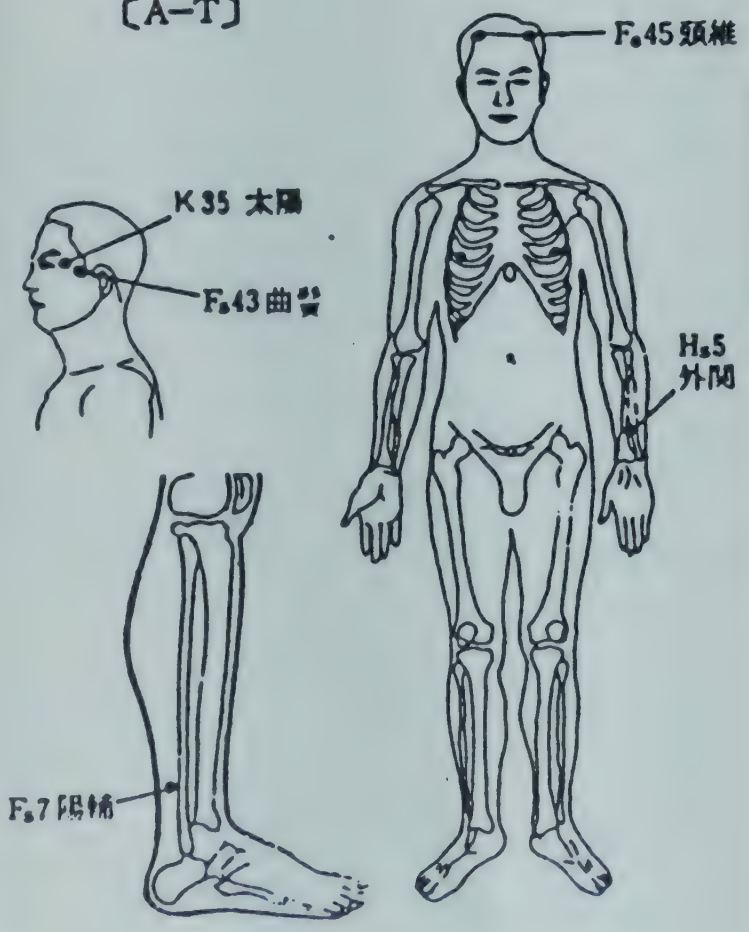


(10)後頭部頭痛
Occipital region
〔針治療〕
〔A–T〕



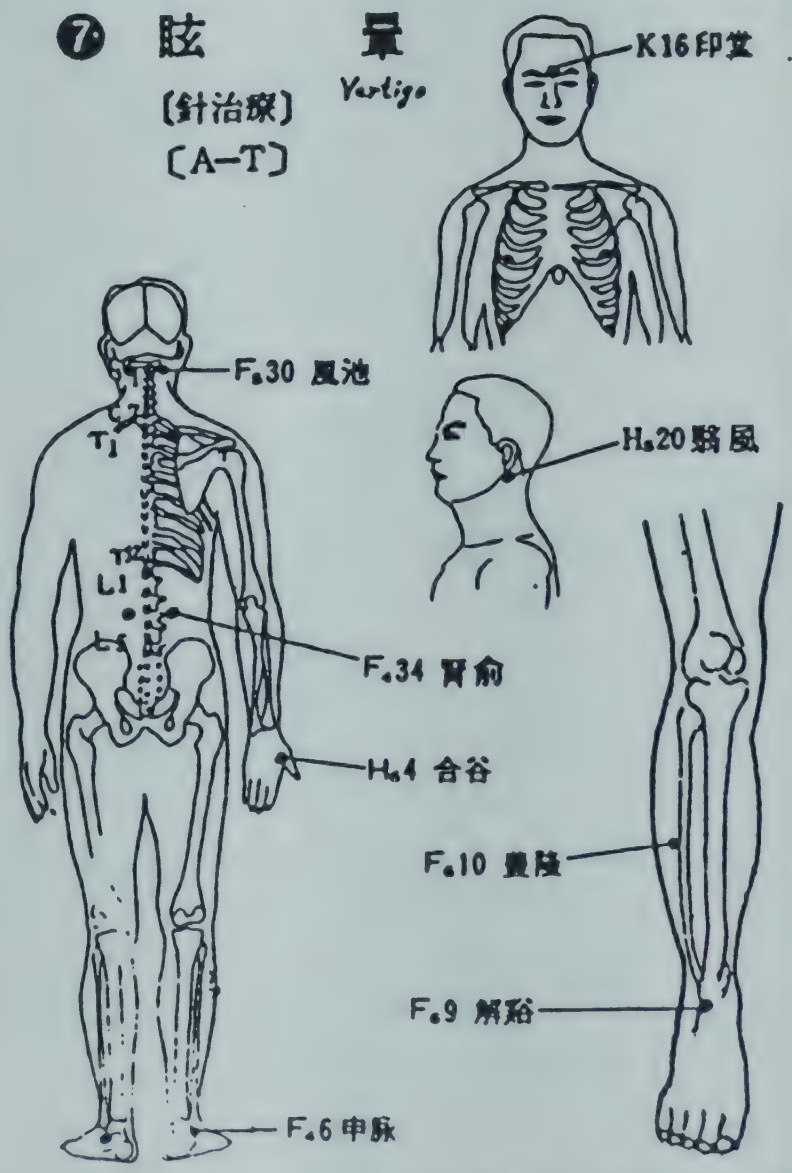
00偏頭痛　Migraine

〔針治療〕
〔A–T〕



❼ 眩　　暈　Vertigo

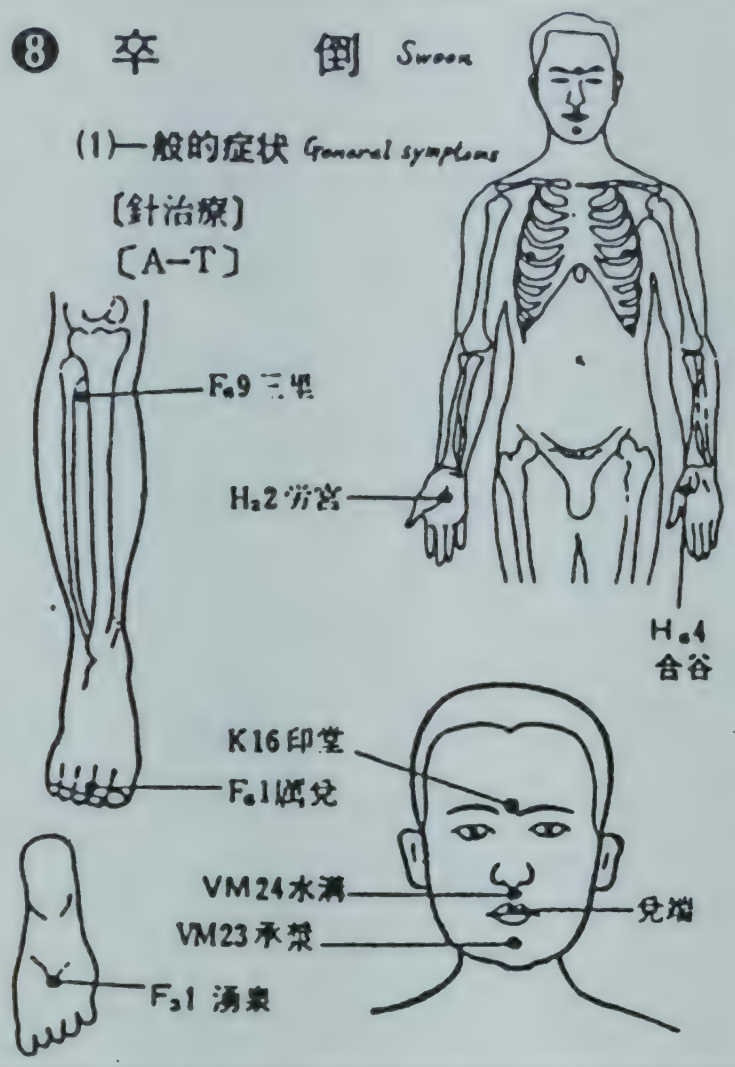
〔針治療〕
〔A–T〕



⑧ 卒　　倒 Swoon

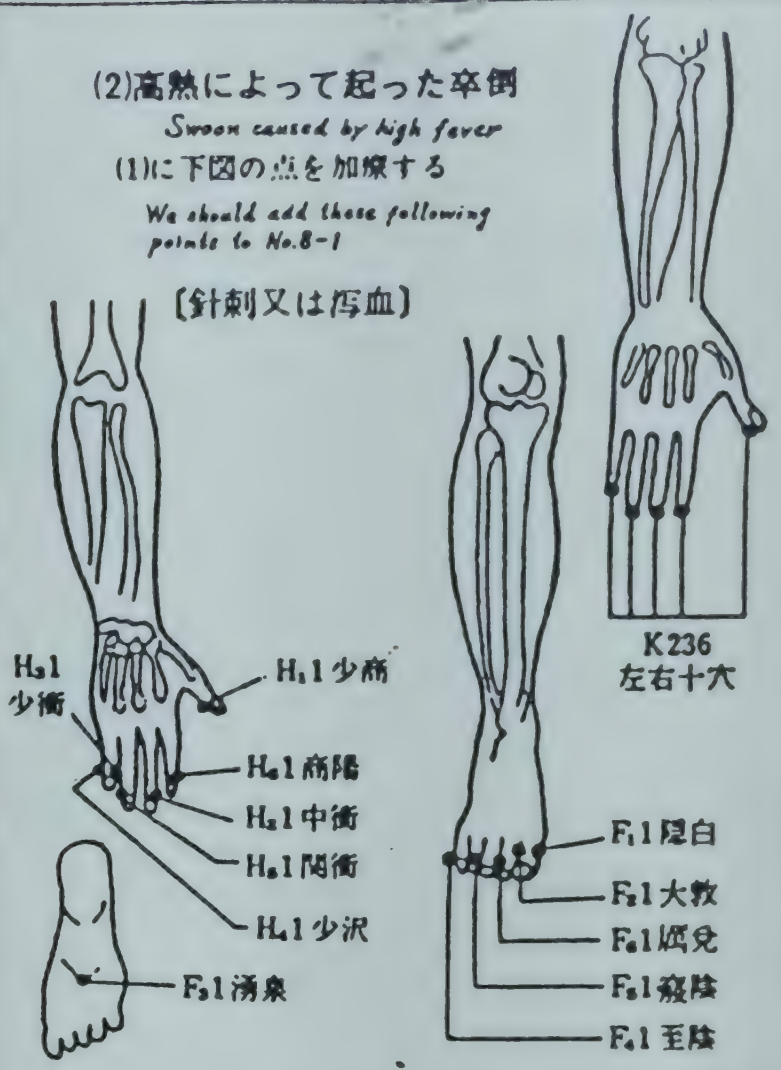
(1)一般的症状 General symptoms

〔針治療〕
〔A-T〕



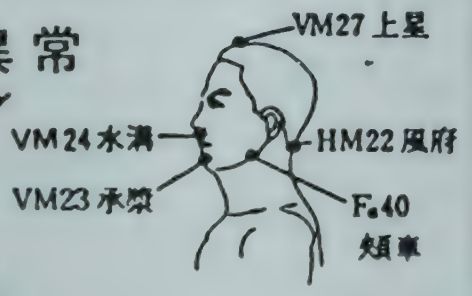
(2)高熱によって起った卒倒
Swoon caused by high fever
(1)に下図の点を加療する
We should add these following points to No.8-1

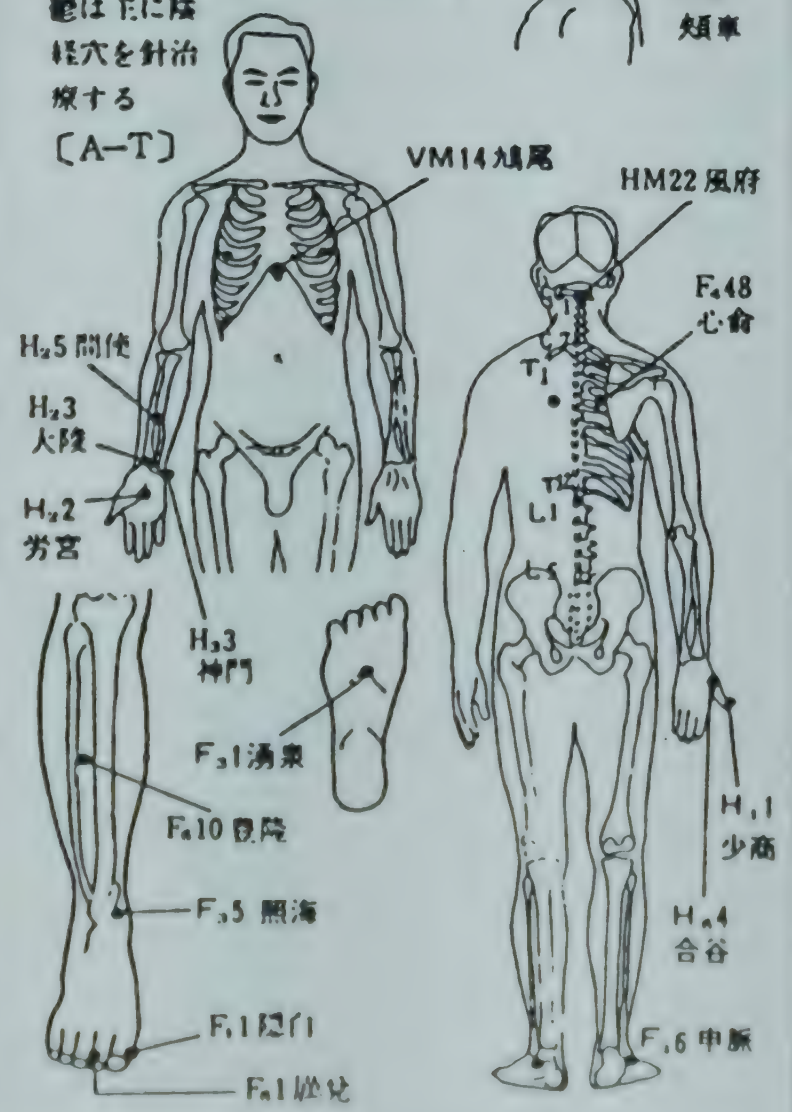
〔針刺又は瀉血〕



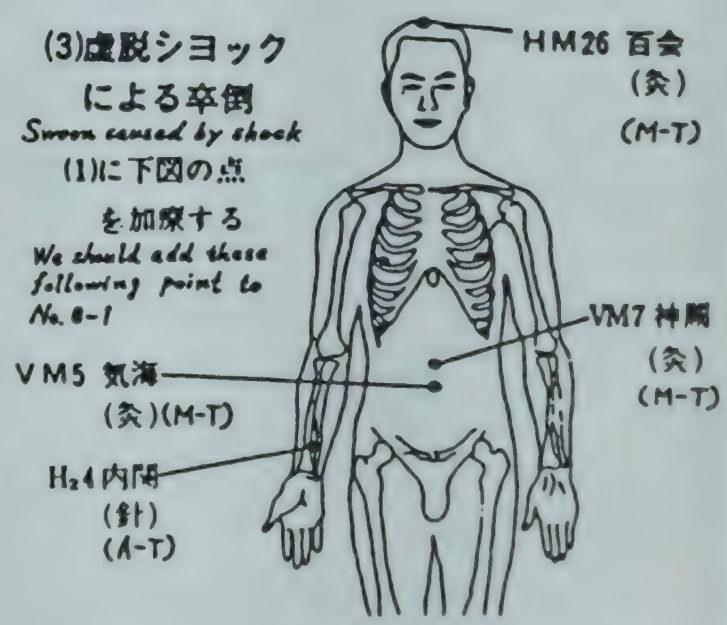
⑨ 精神異常 Insanity

陽は主に陽経穴，陰は主に陰経穴を針治療する
〔A-T〕



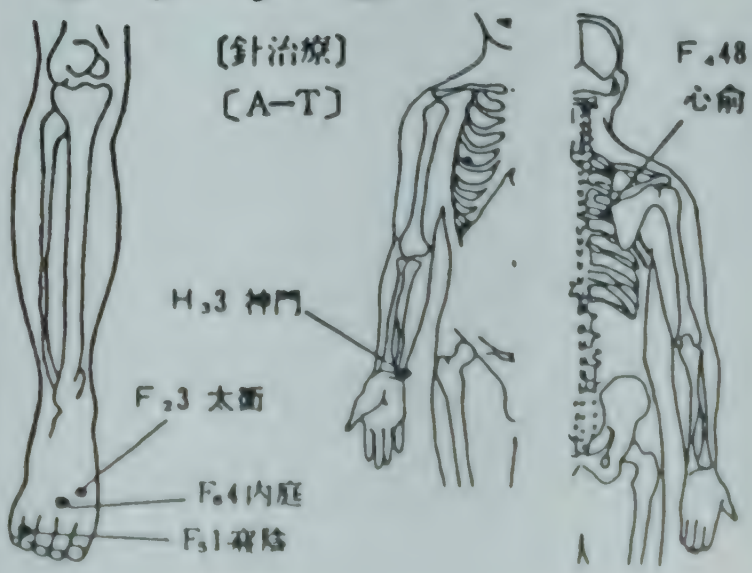


(3)虚脱ショックによる卒倒
Swoon caused by shock
(1)に下図の点を加療する
We should add these following point to No. 8-1



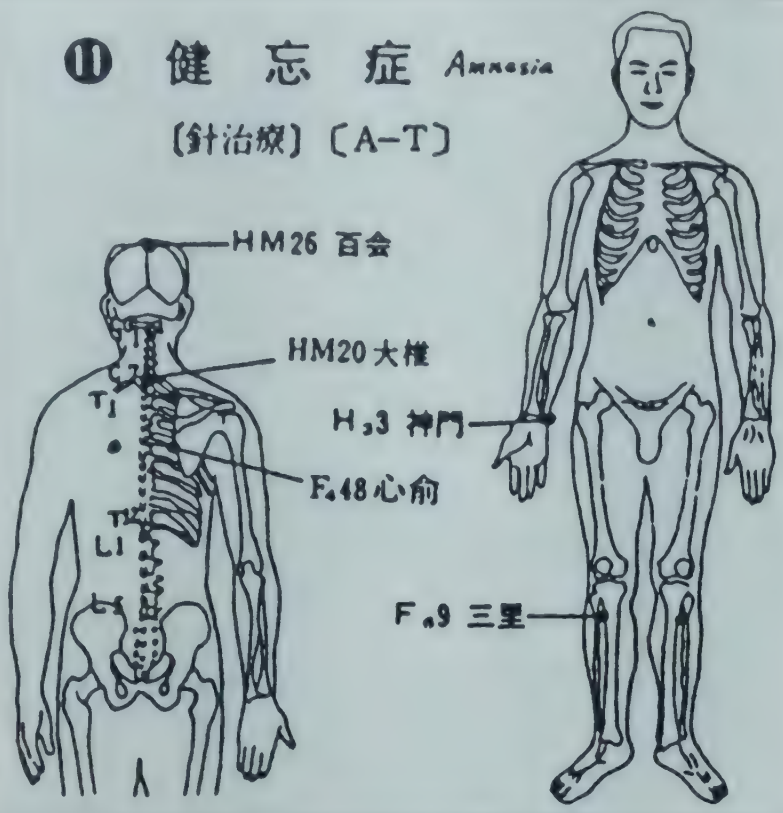
⑩ 多夢症 Many dreams

〔針治療〕
〔A-T〕



⑪ 健忘症 Amnesia

〔針治療〕〔A-T〕



⑫ 不眠症 Insomnia

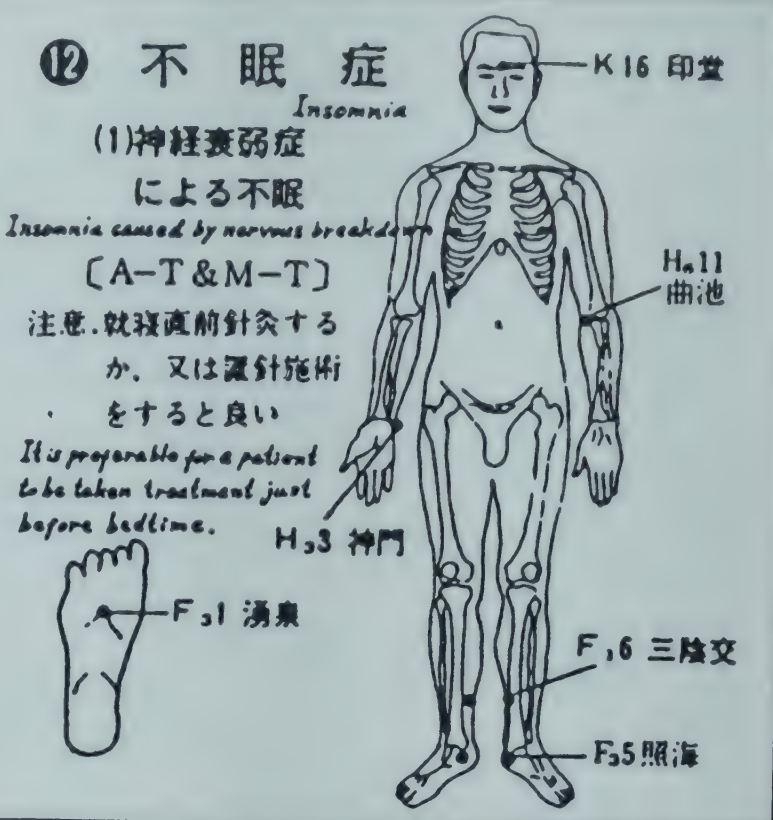
(1)神経衰弱症による不眠

Insomnia caused by nervous breakdown

〔A-T&M-T〕

注意.就寝直前針灸するか、又は置針施術をすると良い

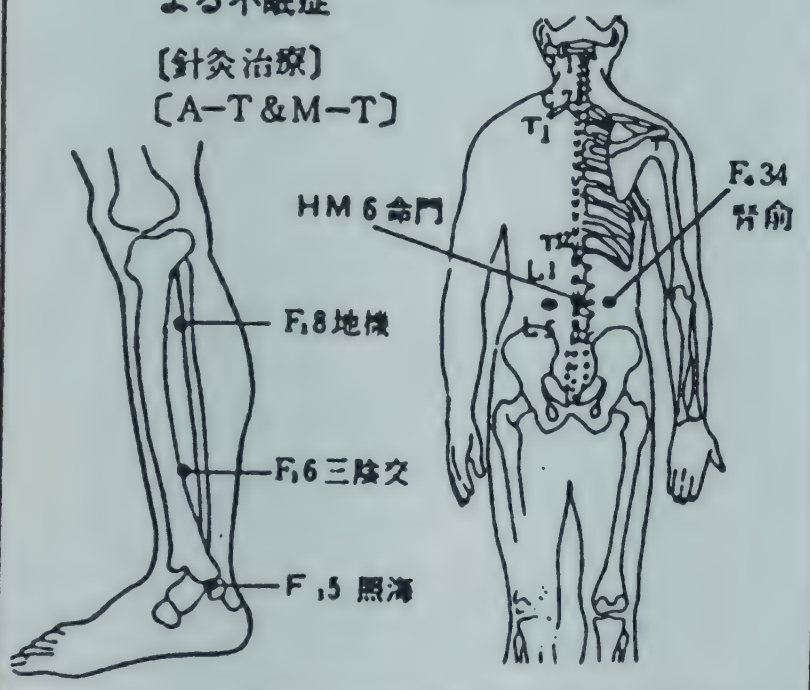
It is preferable for a patient to be taken treatment just before bedtime.



(2)内分泌異常による不眠症

Insomnia caused by endocrinic disorder

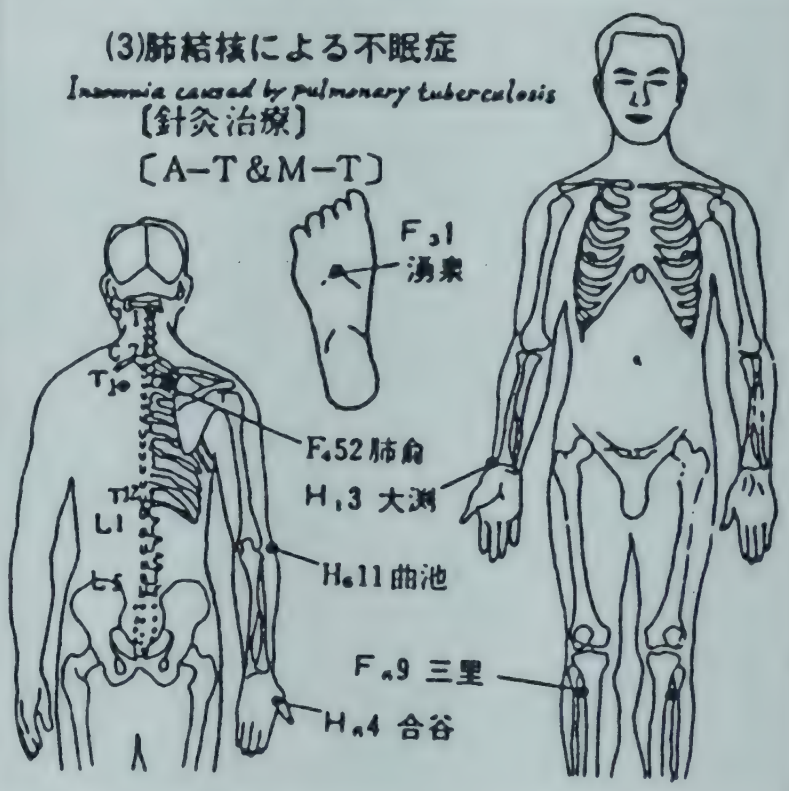
〔針灸治療〕
〔A-T&M-T〕



(3)肺結核による不眠症

Insomnia caused by pulmonary tuberculosis

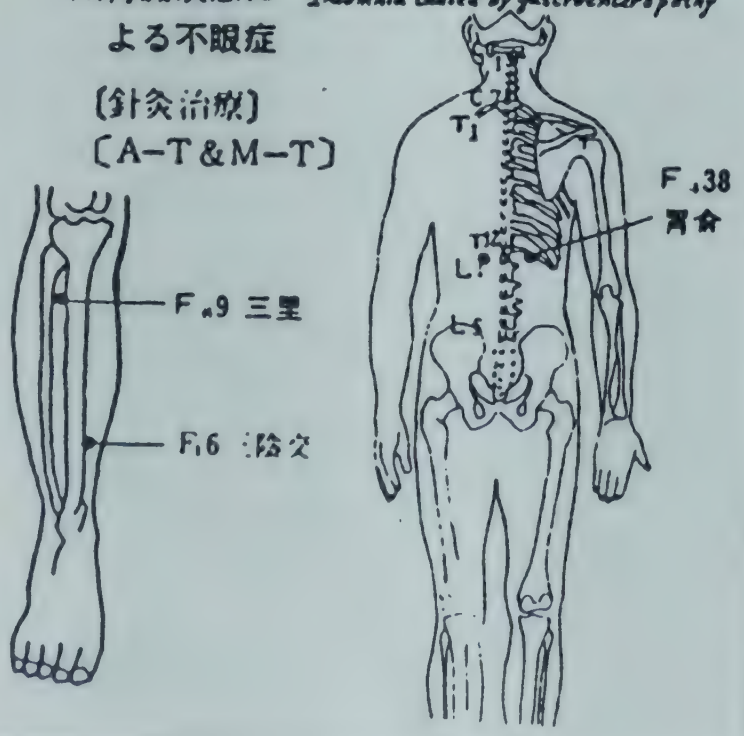
〔針灸治療〕
〔A-T&M-T〕



(4)胃腸疾患による不眠症

Insomnia caused by gastroenteropathy

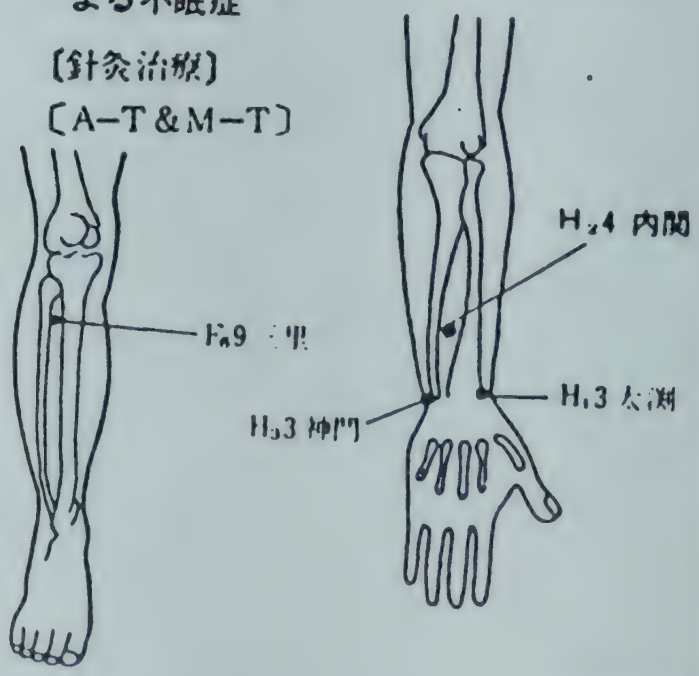
〔針灸治療〕
〔A-T&M-T〕



(5)心臓疾患による不眠症

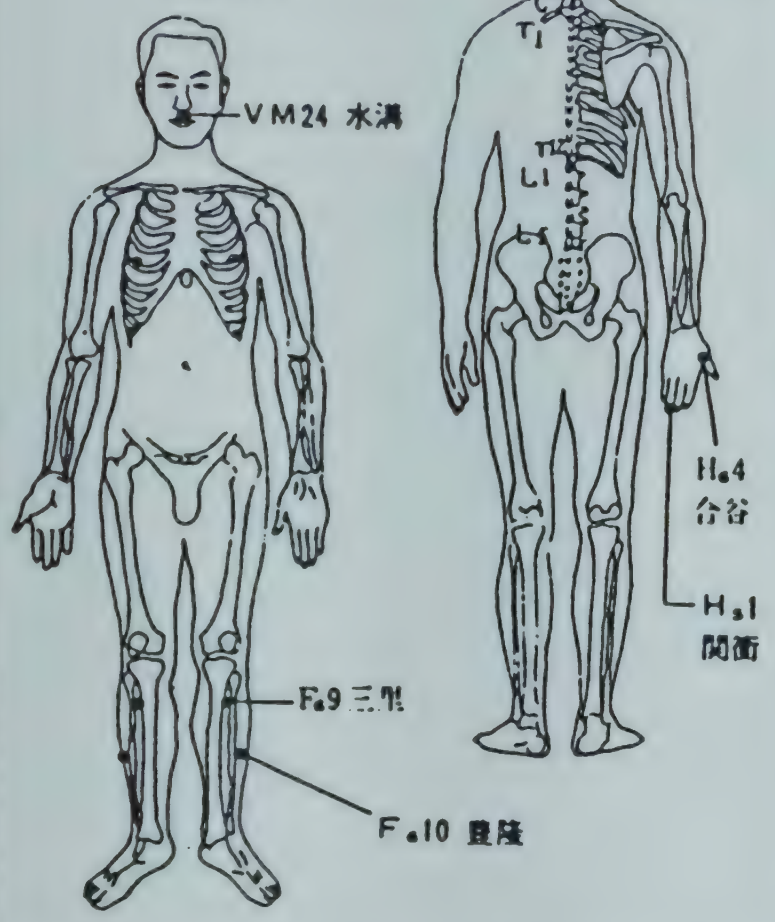
Insomnia caused heartdisease

〔針灸治療〕
〔A-T&M-T〕

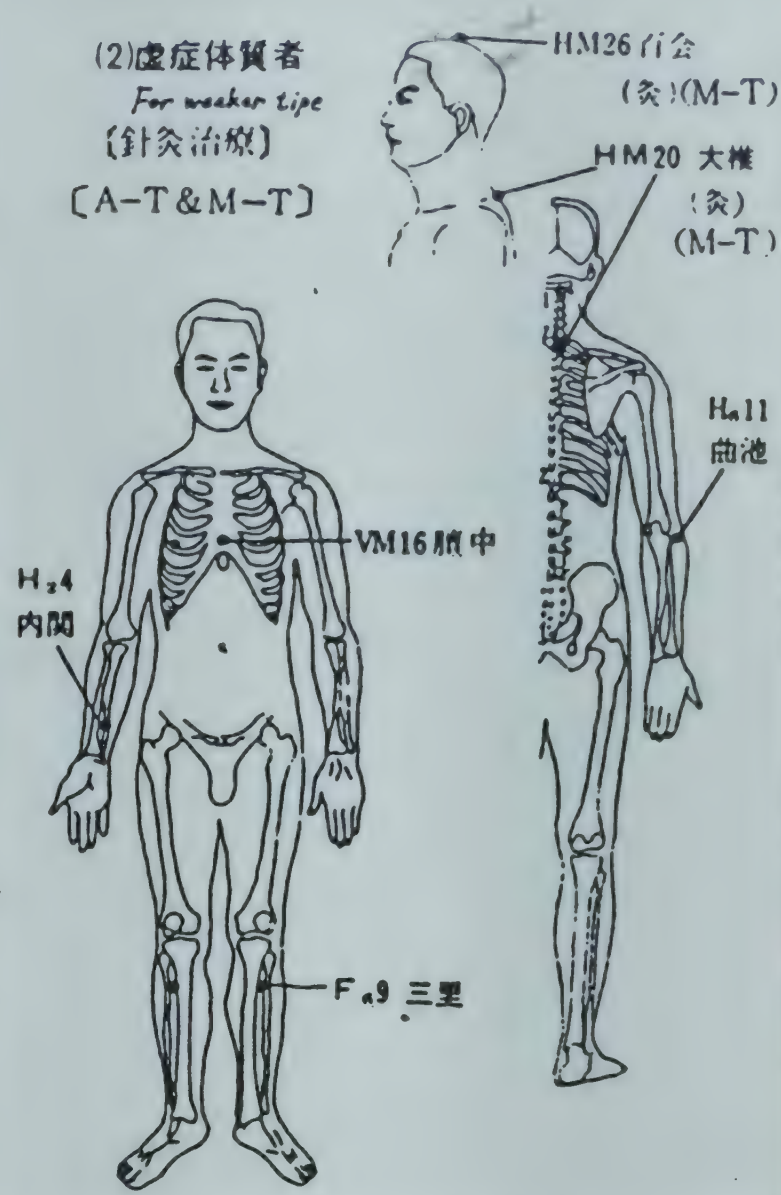


⑬ 嗜眠症 *Lethargia*

(1)実証体質者
For stronger tipe
〔針治療〕
〔A-T〕

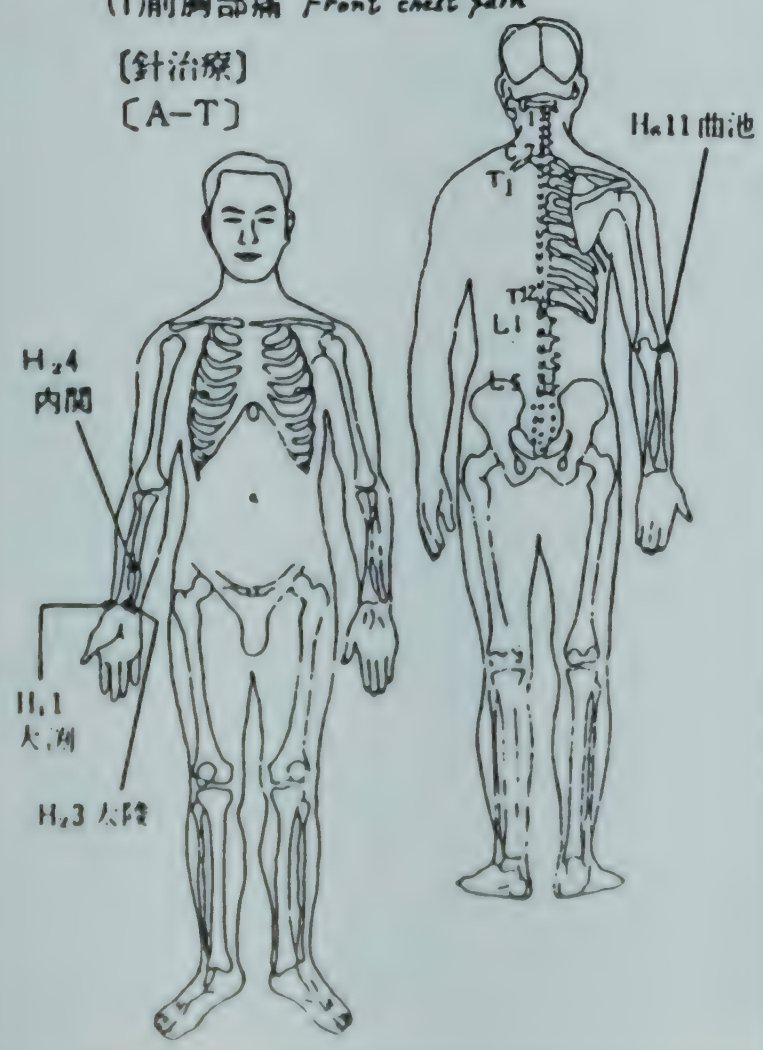


(2)虚症体質者
For weaker tipe
〔針灸治療〕
〔A-T&M-T〕

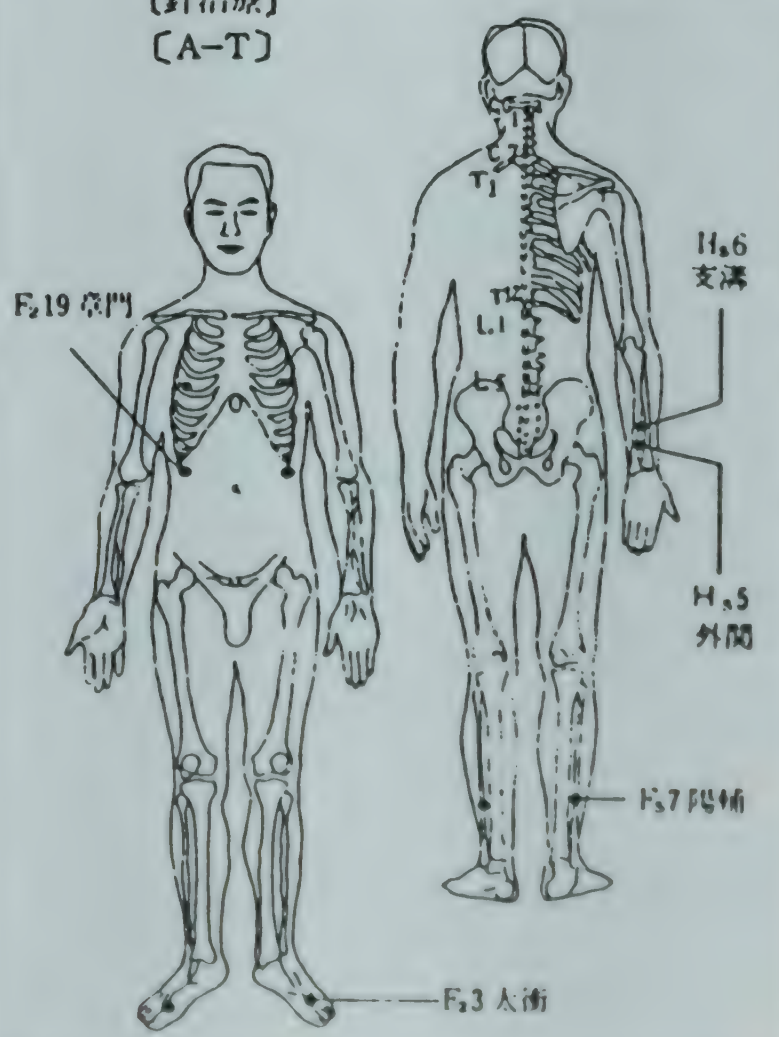


⑭ 胸部神経痛 *Thoracic neuralgia*

(1)前胸部痛 *Front chest pain*
〔針治療〕
〔A-T〕

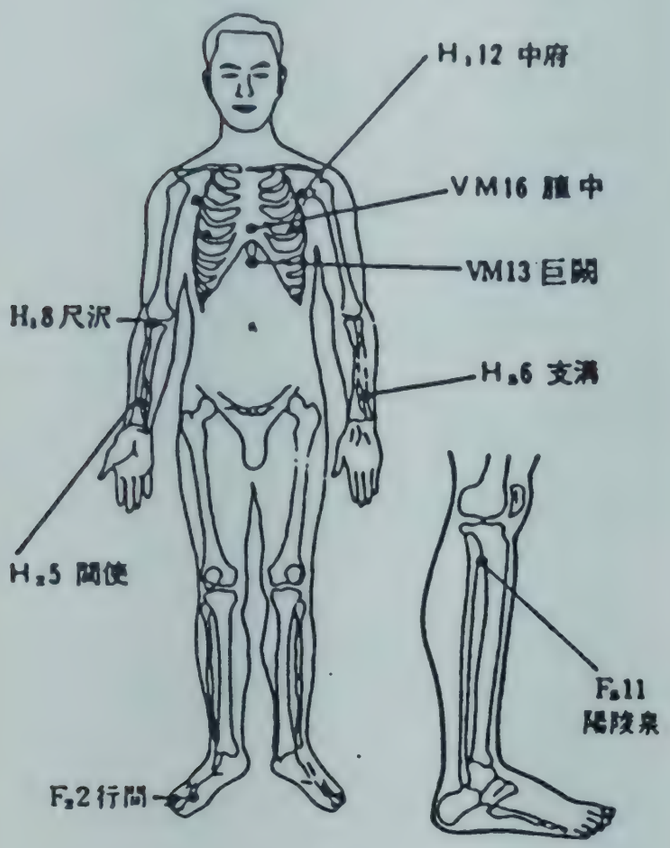


(2)側胸部痛・季肋部痛
Side chest pain; Hypochondralgia
〔針治療〕
〔A-T〕



⑮ 胸部圧迫感 Chest oppressions feeling

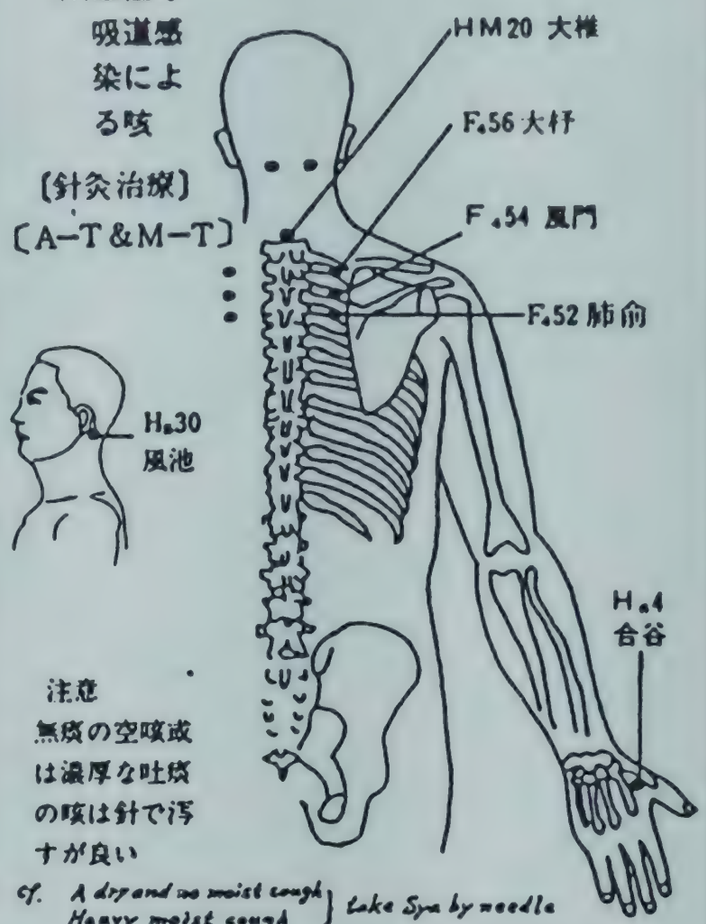
〔針治療〕
〔A–T〕



⑯ 咳　嗽 Cough

(1)急性呼吸道感染による咳

〔針灸治療〕
〔A–T & M–T〕

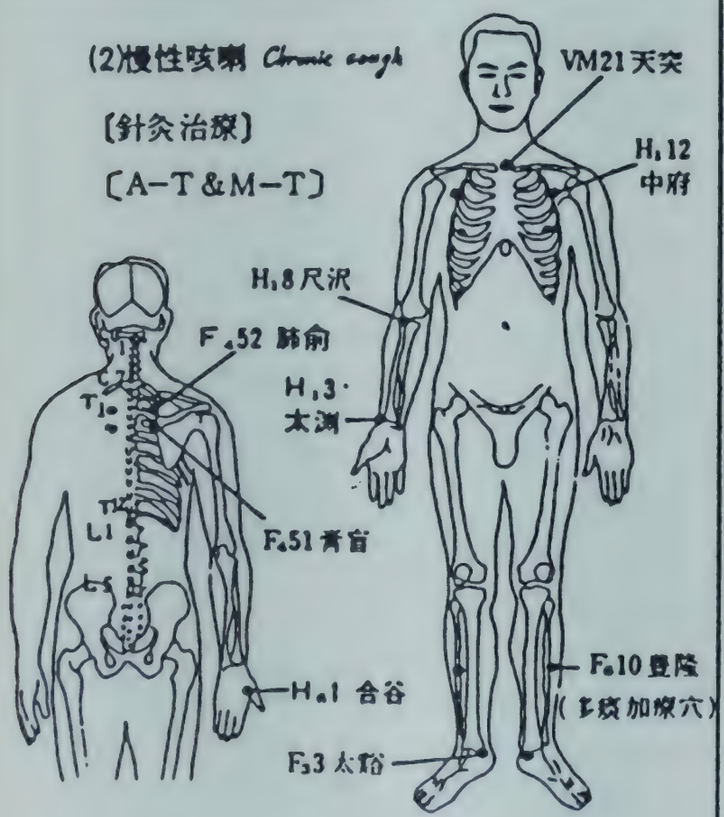


注意
無痰の空咳或は濃厚な吐痰の咳は針で瀉すが良い

cf. A dry and no moist cough / Heavy moist cough } take Sya by needle

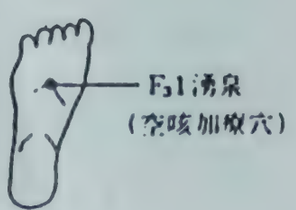
(2)慢性咳嗽 Chronic cough

〔針灸治療〕
〔A–T & M–T〕



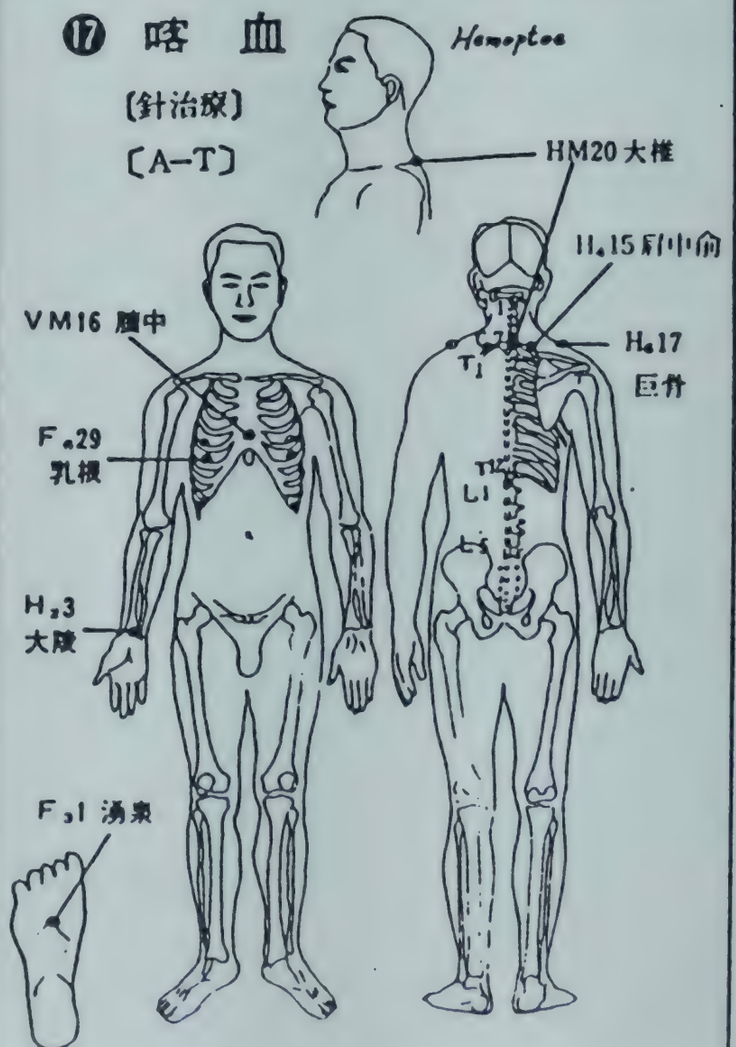
注意
空咳は湧泉を加瀉し多痰の咳は豊隆を加瀉するとなおよい

cf. A dry cough : Yusen
A moist cough : Horyu



⑰ 喀　血 Hemoptoe

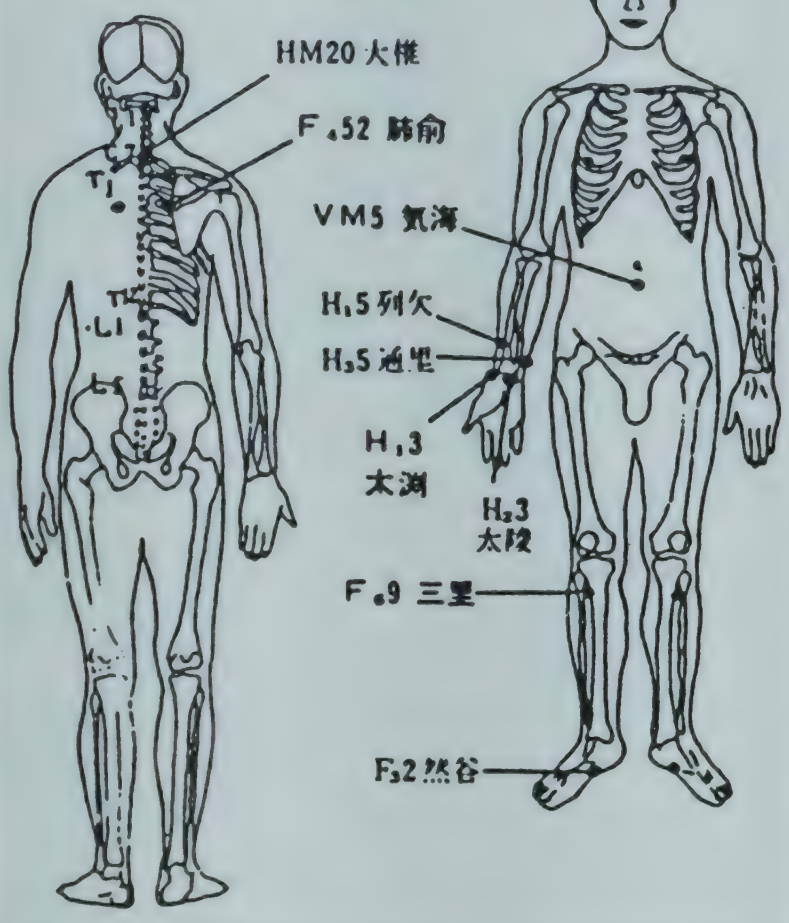
〔針治療〕
〔A–T〕



⑱ 呼吸困難 *Difficulty of breathing*

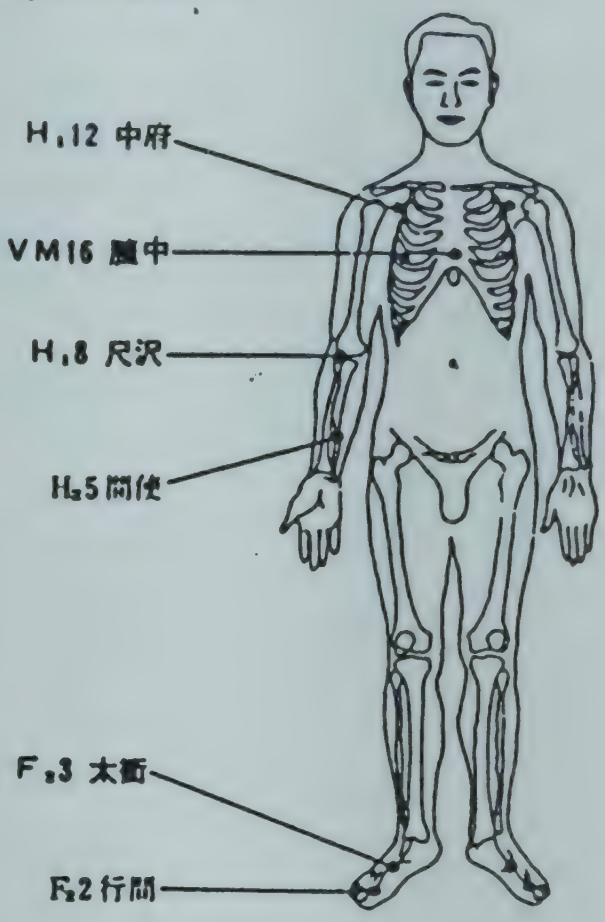
(1)吸気性呼吸困難(気短) *Inspiratory*

〔針灸治療〕
〔A-T&M-T〕



(2)呼気性呼吸困難(喘満) *Expiratory*

〔針灸治療〕
〔A-T&M-T〕

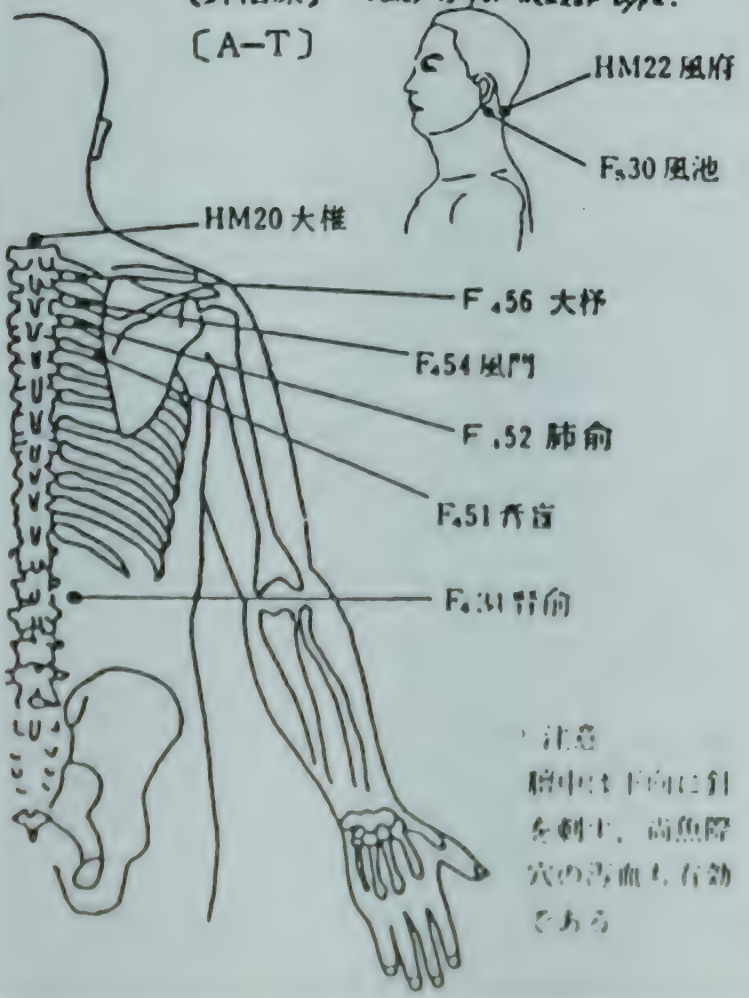


⑲ 喘　　息 *Asthma*

(1)実証タイプと(2)虚証タイプがある

There are two methods of treatment in this case one is for stronger type, the other is for weaker type.

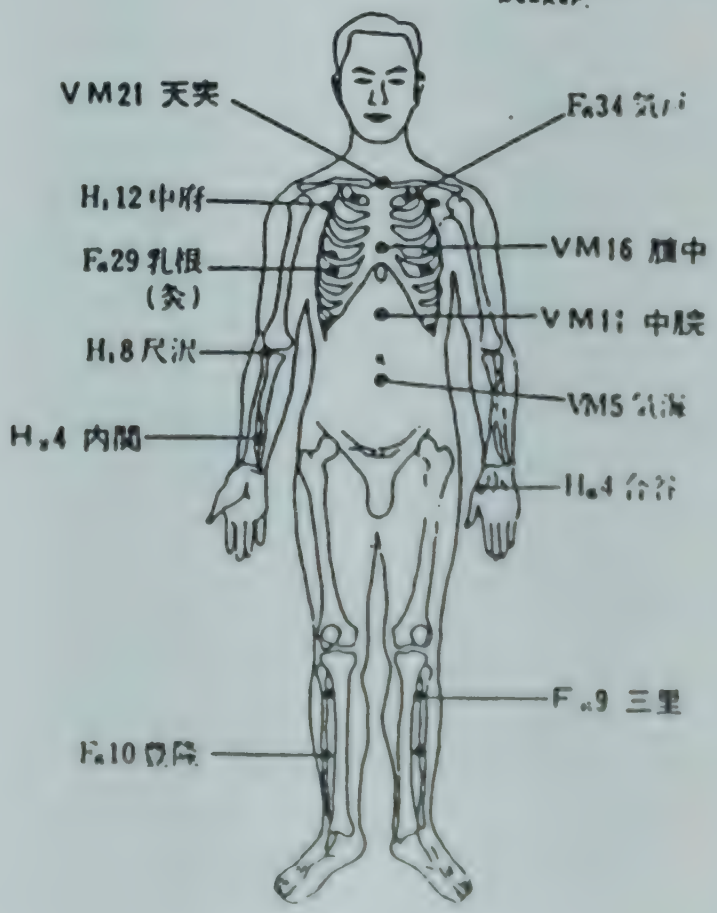
〔針治療〕
〔A-T〕



注意
膻中は下向に針を刺す、肩甲間穴の瀉血も有効である

実証タイプは針治療
虚証タイプは灸治療がよい。

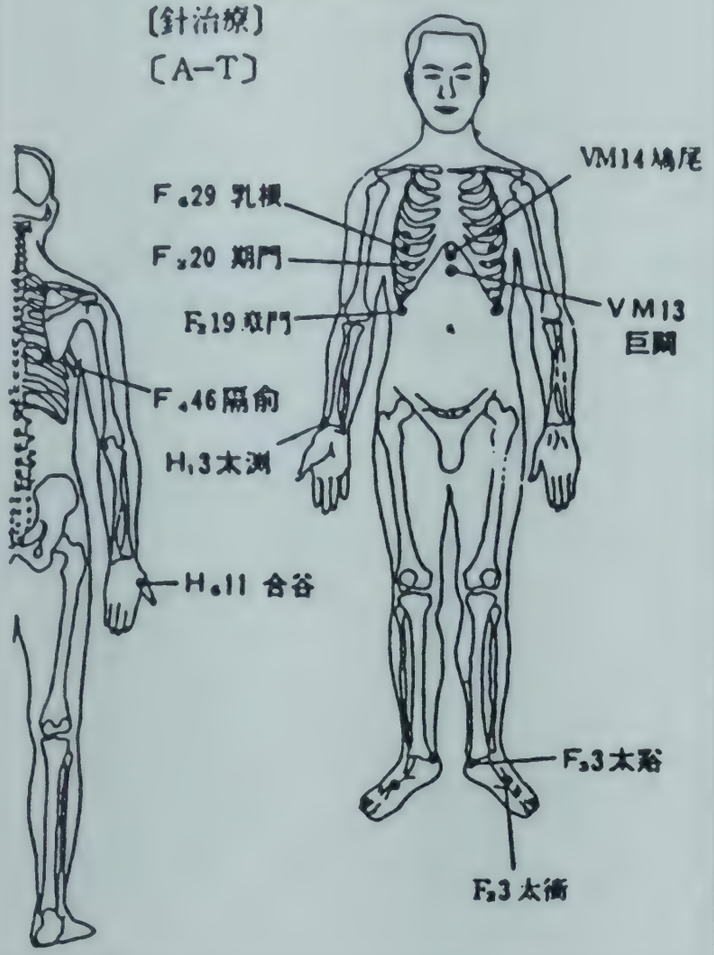
It is preferable for stronger type to be taken acupuncture treatment, and more cautery for weaker.



⑳ 横膈膜痙攣(しゃっくり)

Cramp of the diaphragm

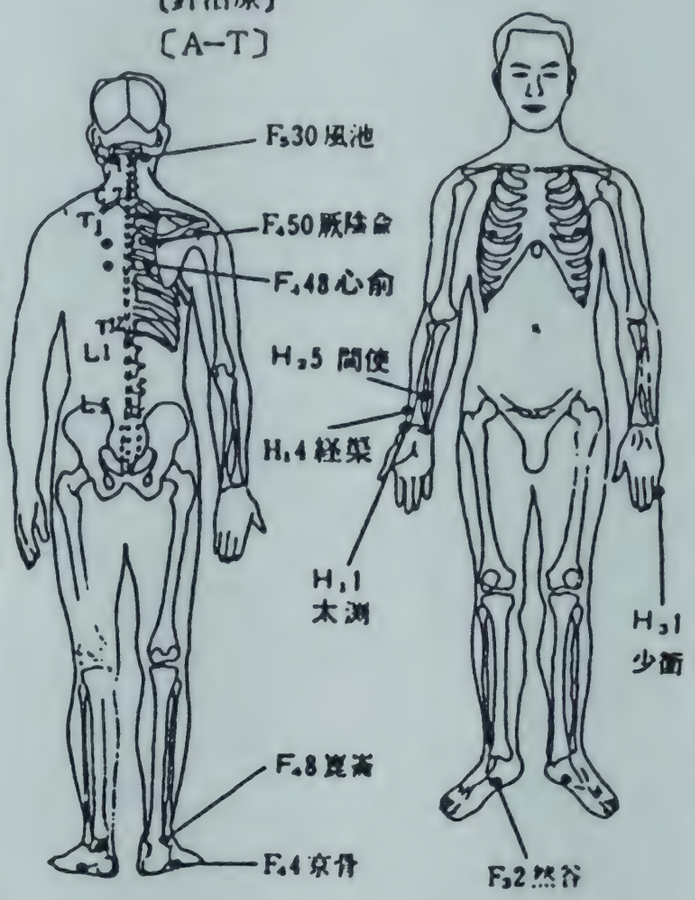
〔針治療〕
〔A-T〕



㉑ 心 域 痛

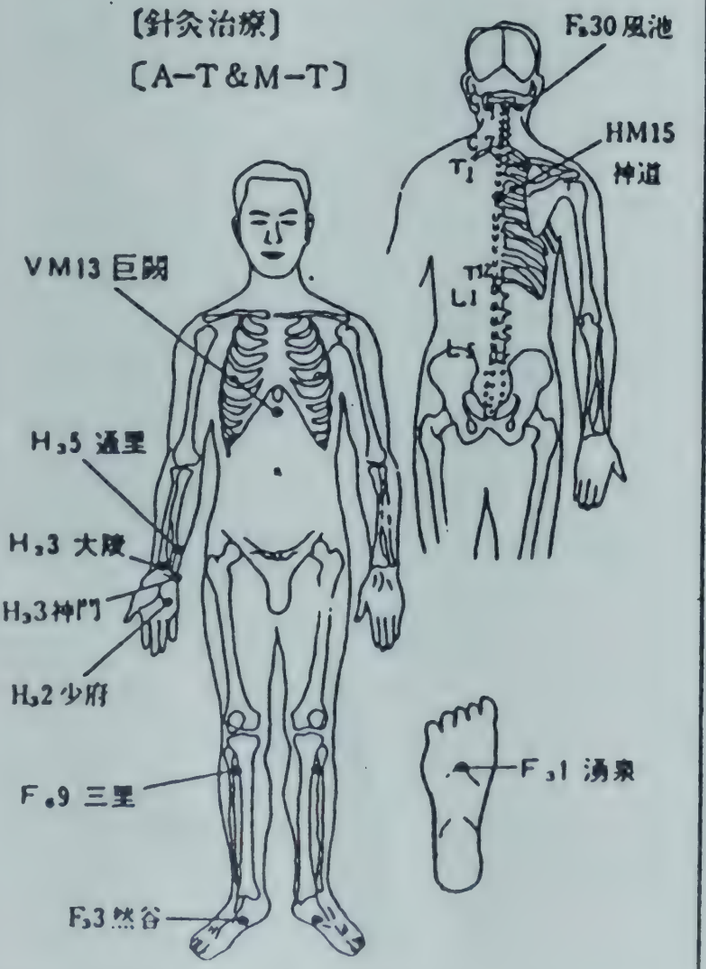
Distress of the precordial region

〔針治療〕
〔A-T〕



㉒ 心悸亢進 *Palpitation*

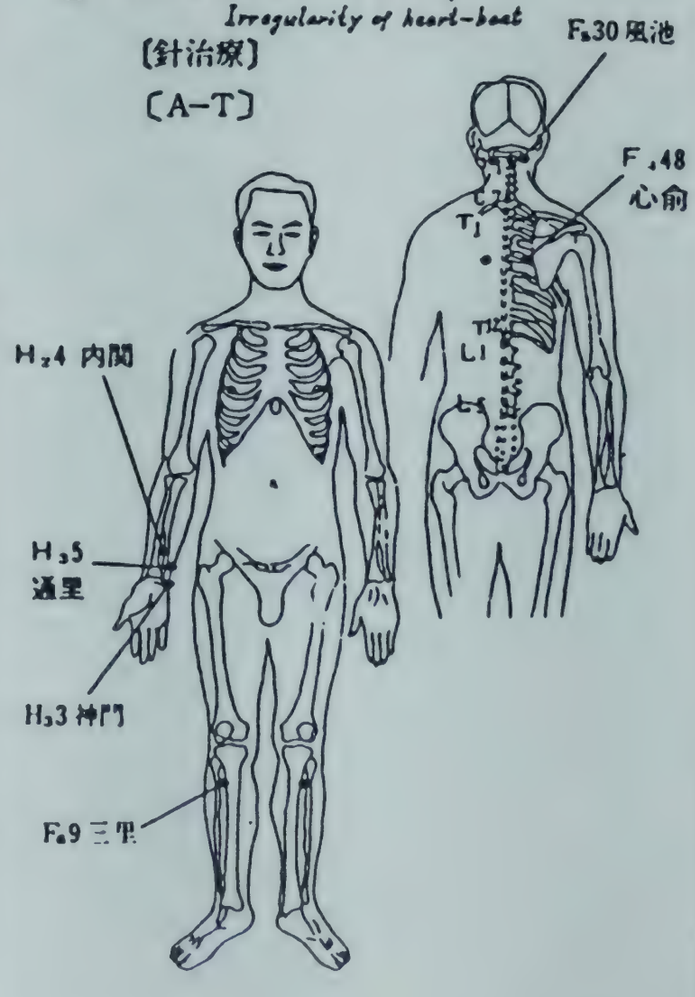
〔針灸治療〕
〔A-T&M-T〕



㉓ 心臓拍動の異常

Irregularity of heart-beat

〔針治療〕
〔A-T〕

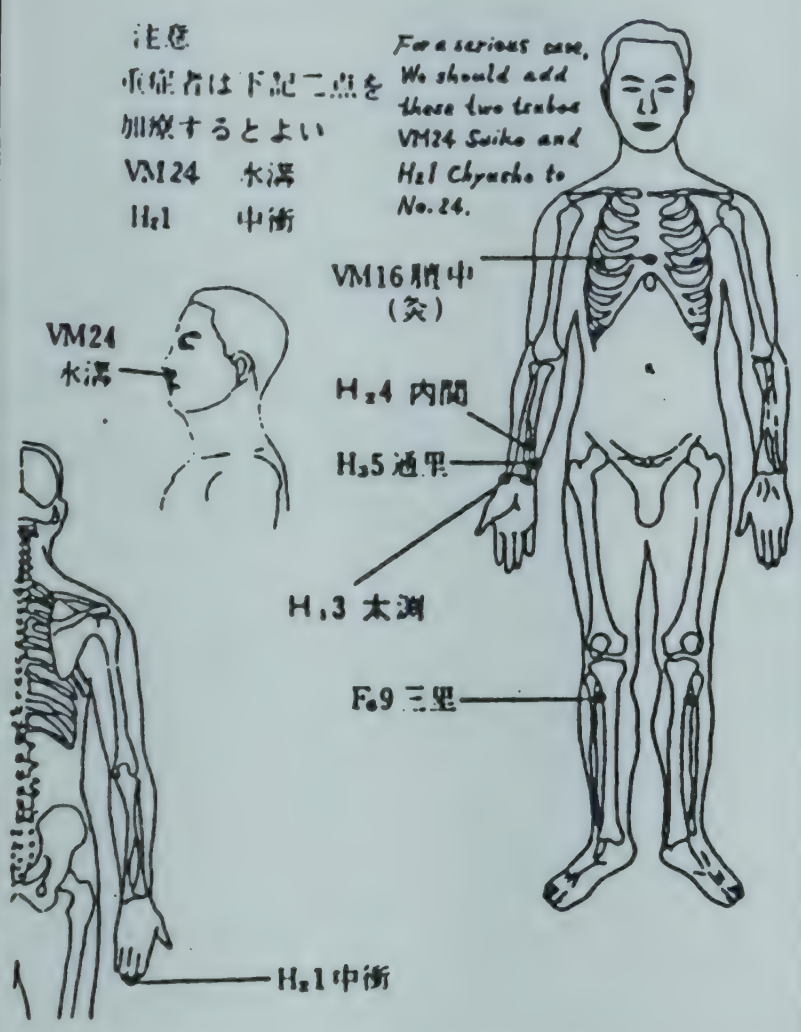


㉔ 心臓衰弱症 *Cardiac weakness*

〔針治療〕〔A−T〕

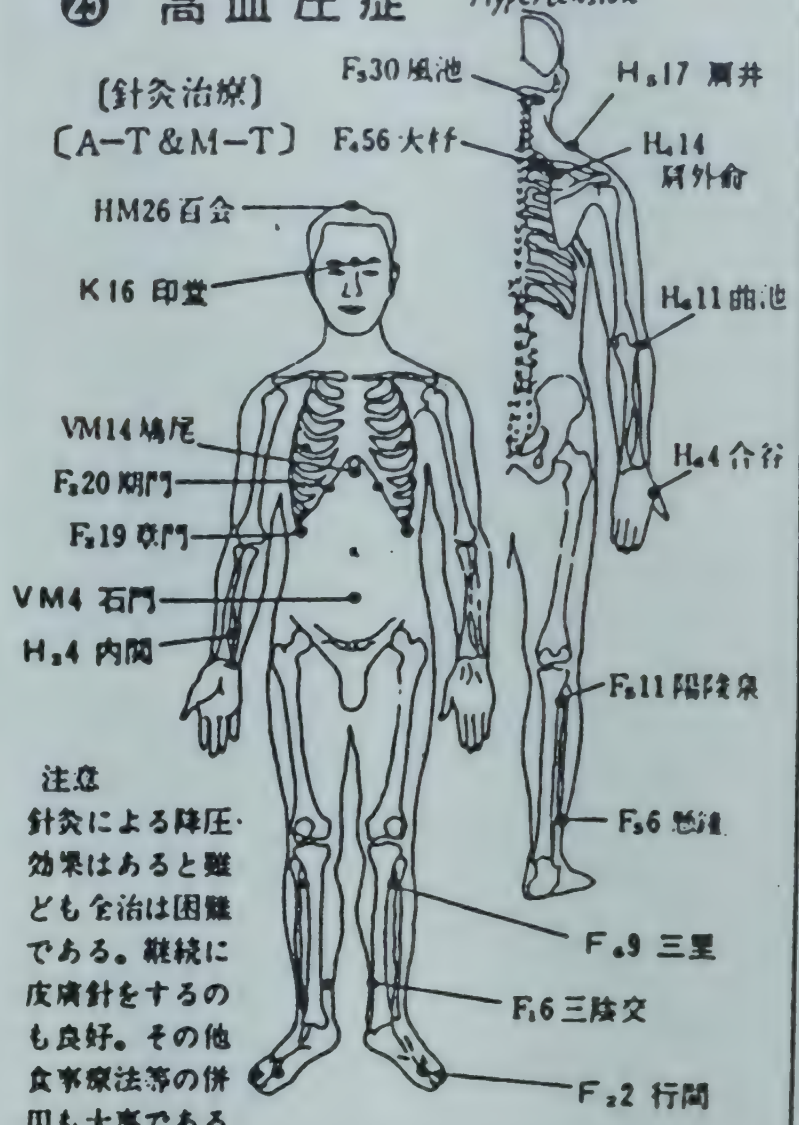
注意
重症者は下記二点を
加療するとよい
VM24　水溝
H₂1　中衝

For a serious case, We should add these two tsubos VM24 Suiko and H₂1 Chyucho to No.24.



㉕ 高血圧症 *Hyperlension*

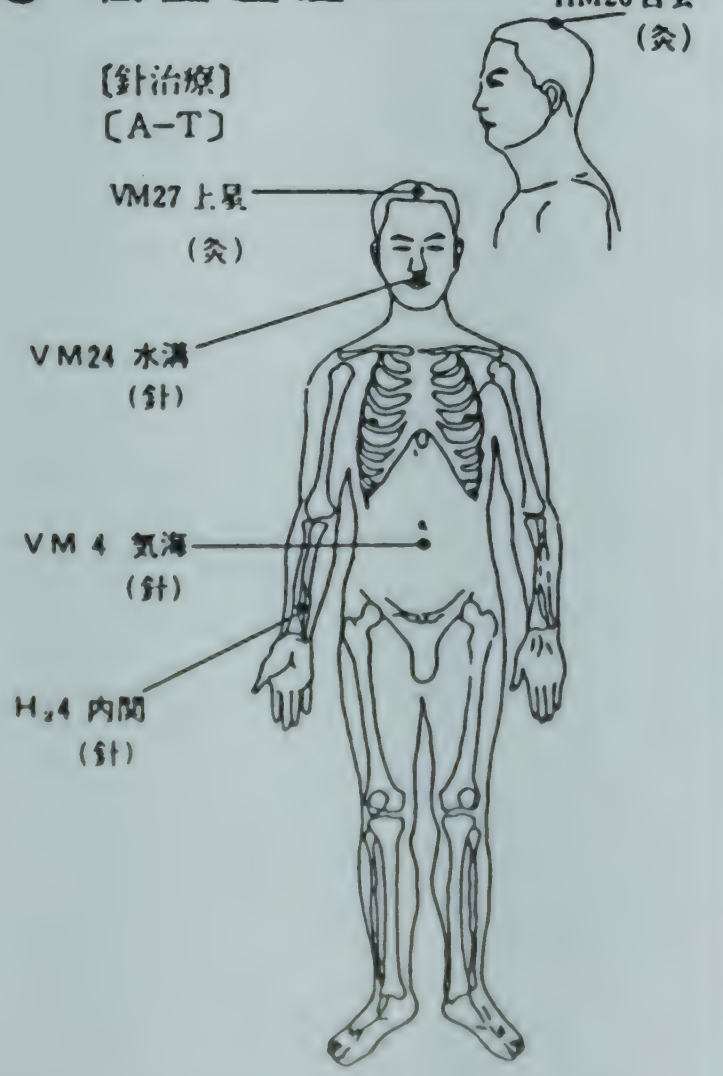
〔針灸治療〕
〔A−T&M−T〕



注意
針灸による降圧効果はあると雖ども全治は困難である。継続に皮膚針をするのも良好。その他食事療法等の併用も大事である

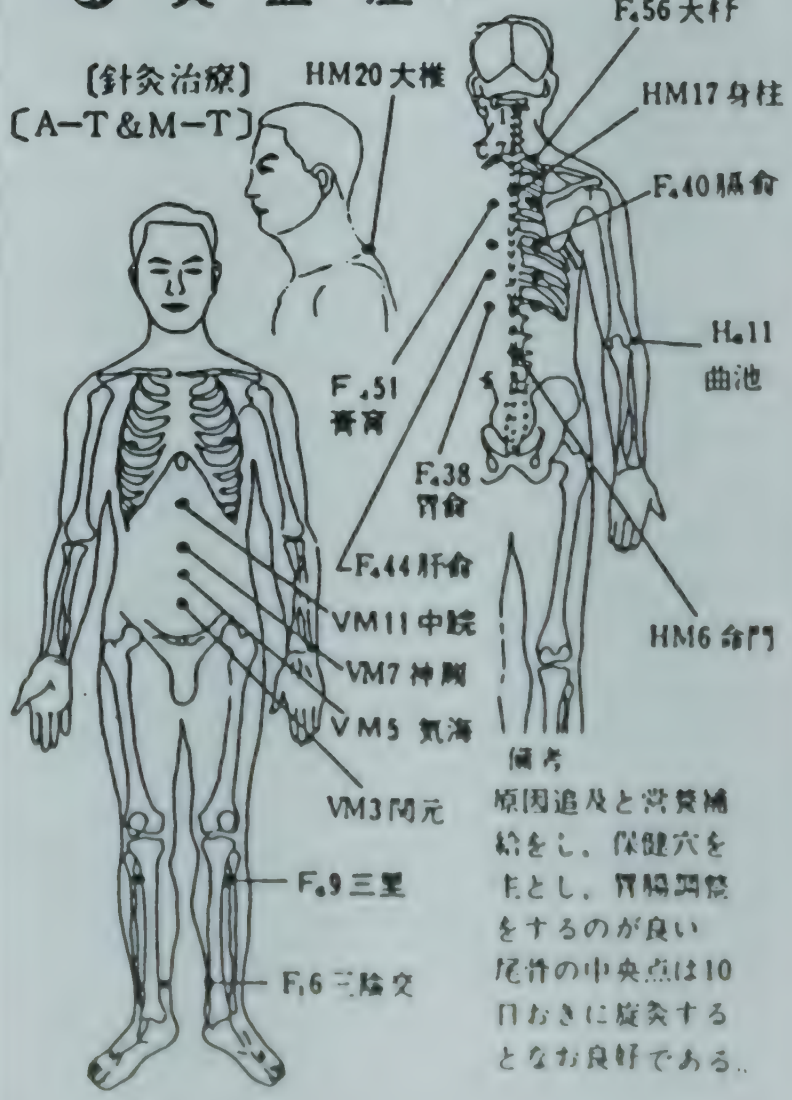
㉖ 低血圧症 *Hypolansion*

〔針治療〕
〔A−T〕



㉗ 貧血症 *Anemia*

〔針灸治療〕
〔A−T&M−T〕



備考
原因追及と栄養補給をし、保健穴を主とし、胃腸調整をするのが良い
尾骨の中央点は10日おきに施灸するとなお良好である。

㉘ 局部充血 *Congestion*

1）充血している周辺の経穴を浅刺する。
2）所属経絡の非穴を瀉血する。

1) Take tsubos around congestion. (slight needle).
2) Take Soiketsu

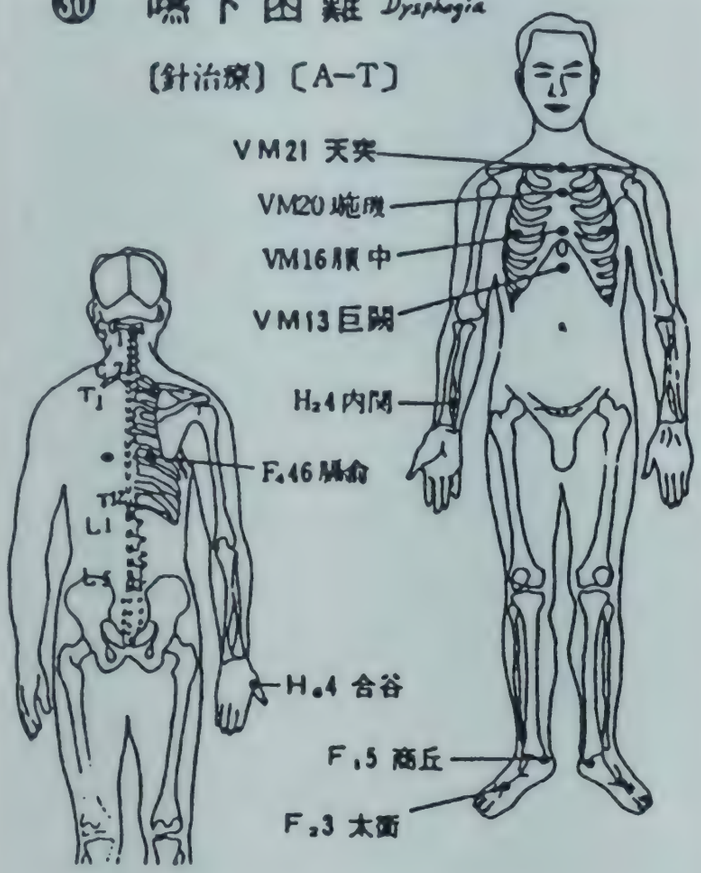
㉙ 局部瘀血 *Stagnation*

1）瘀血周辺の経穴針刺激を与える。
2）局部は温熱灸をする。

1) Take tsubos around stagnation.
2) Take moxa with the affected part region

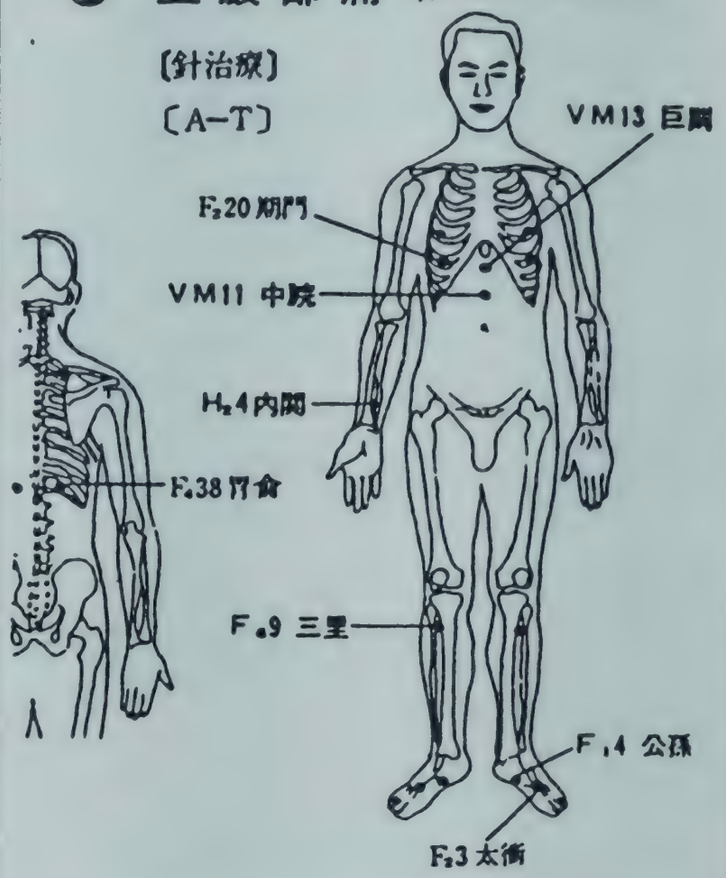
㉚ 嚥下困難 *Dysphagia*

〔針治療〕〔A-T〕



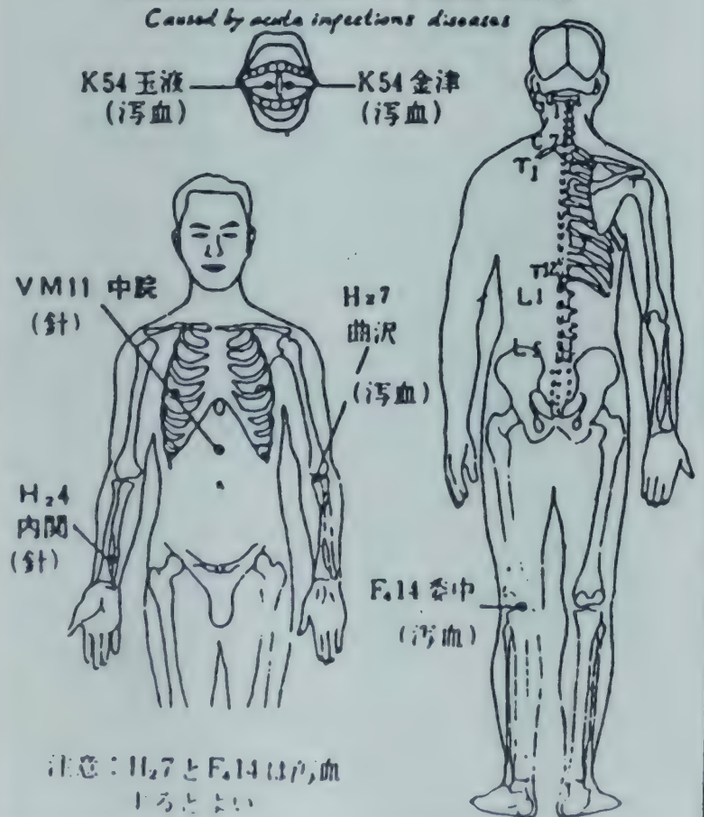
㉛ 上腹部痛 *Upper abdominal ache*

〔針治療〕
〔A-T〕



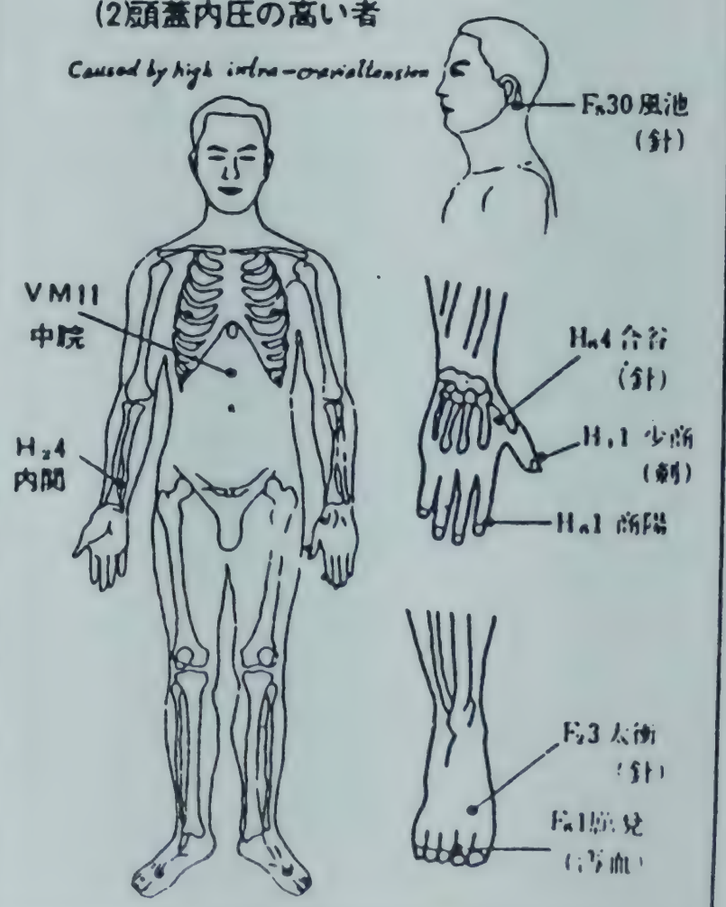
㉜ 悪心呕吐 *Nausea & Vomiting*

(1)急性伝染病によって起因した者
Caused by acute infectious diseases



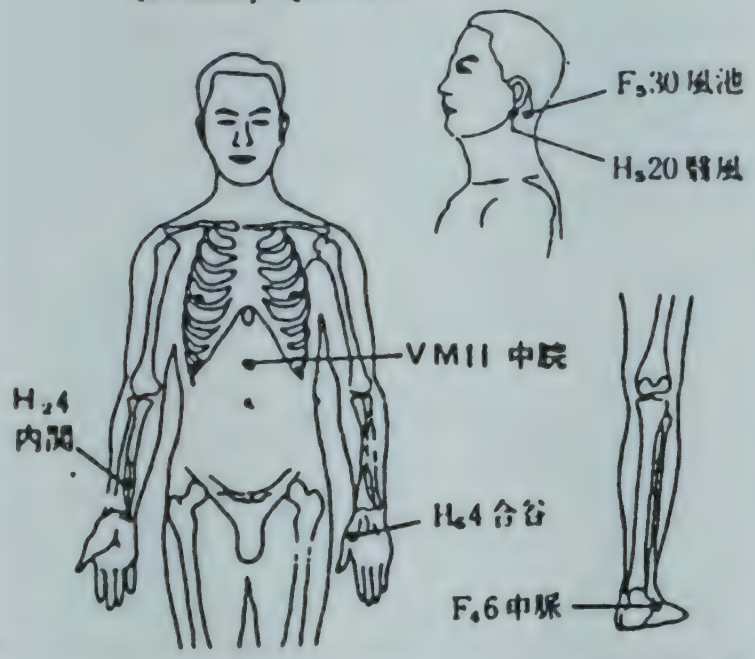
注意：H.7とF.14は瀉血するとよい

(2)頭蓋内圧の高い者
Caused by high intra-cranial tension



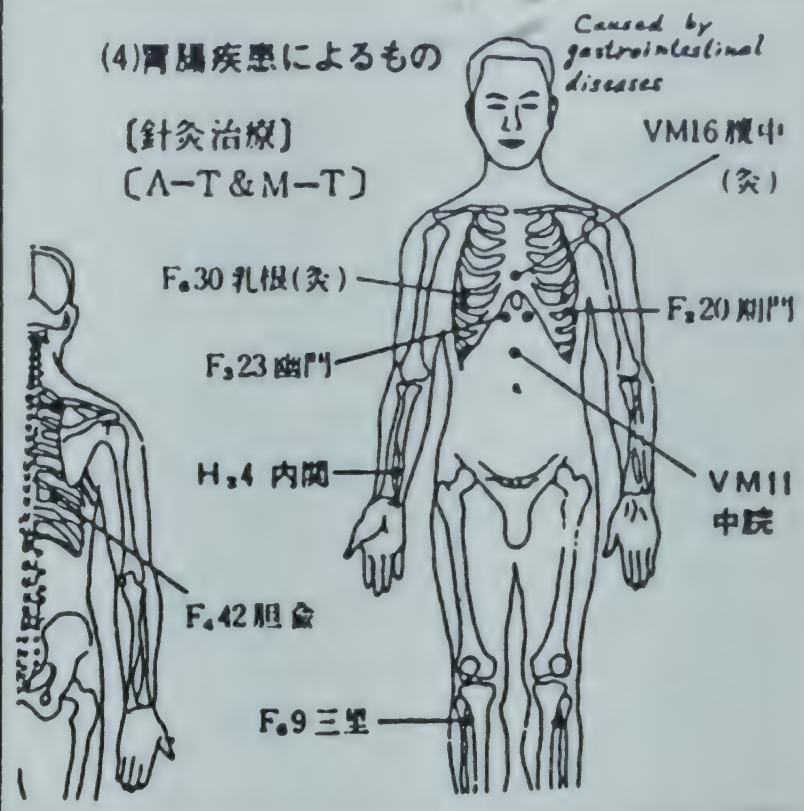
(3)内耳疾患による者　Caused by internal

〔針治療〕〔A−T〕



(4)胃腸疾患によるもの　Caused by gastrointestinal diseases

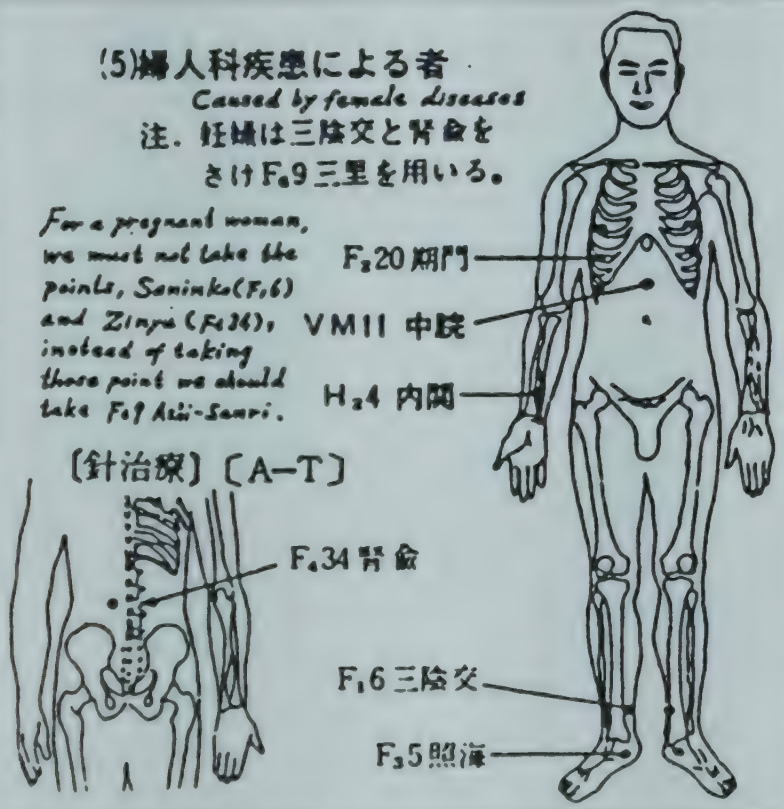
〔針灸治療〕
〔A−T & M−T〕



(5)婦人科疾患による者　Caused by female diseases

注. 妊婦は三陰交と腎会を
さけF$_{6}$.9三里を用いる。

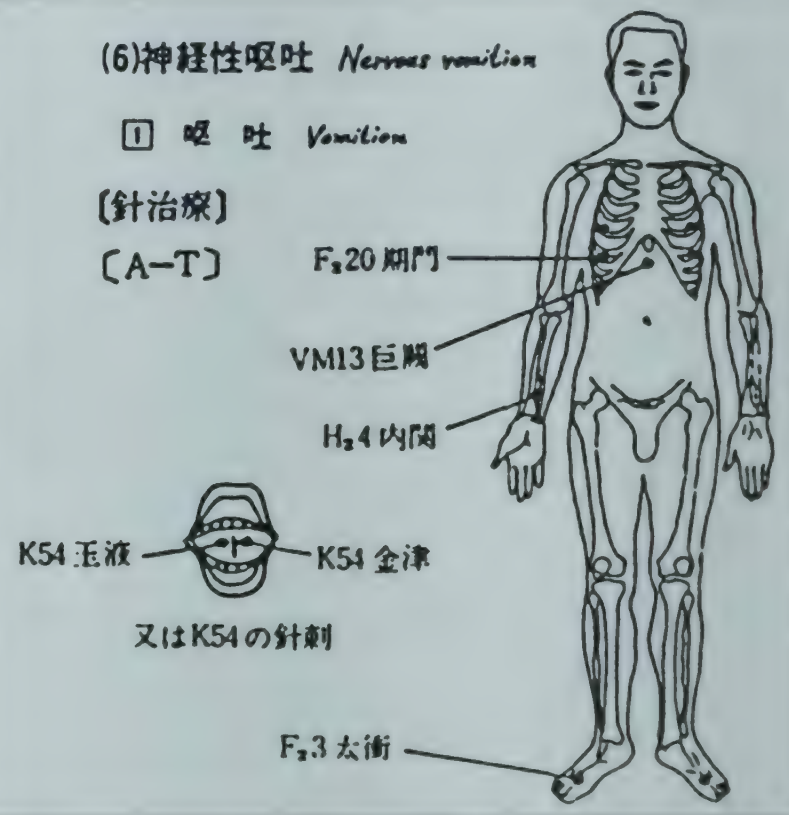
For a pregnant woman, we must not take the points, Sanin-ko(F.6) and Zinya (F.34), instead of taking those point we should take F.9 Azi-Sanri.



(6)神経性嘔吐　Nervous vomition

① 嘔 吐　Vomition

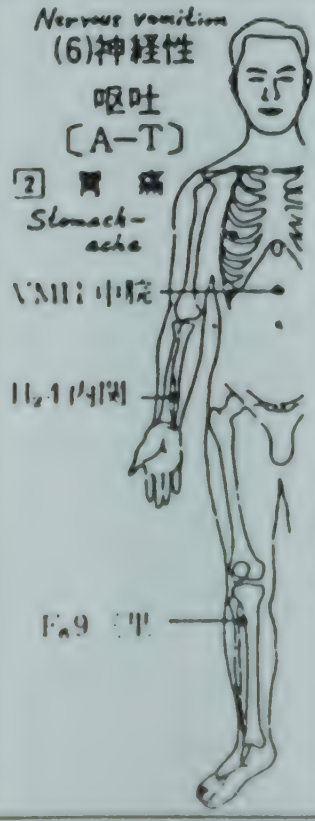
〔針治療〕
〔A−T〕



(6)神経性嘔吐

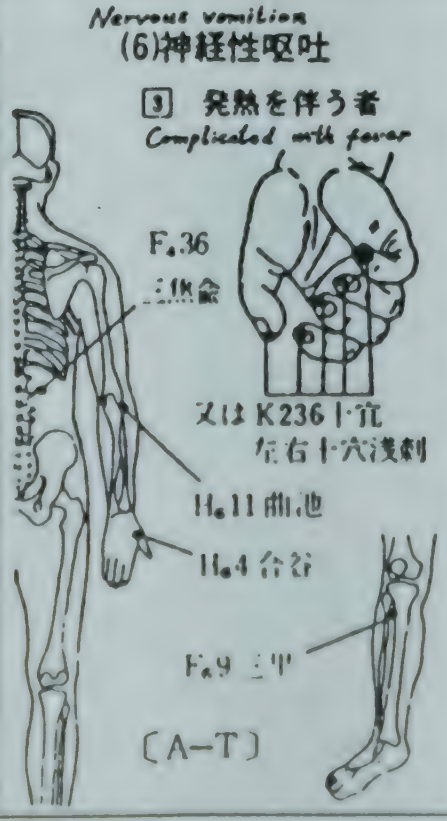
〔A−T〕

② 胃 痛　Stomach-ache



(6)神経性嘔吐

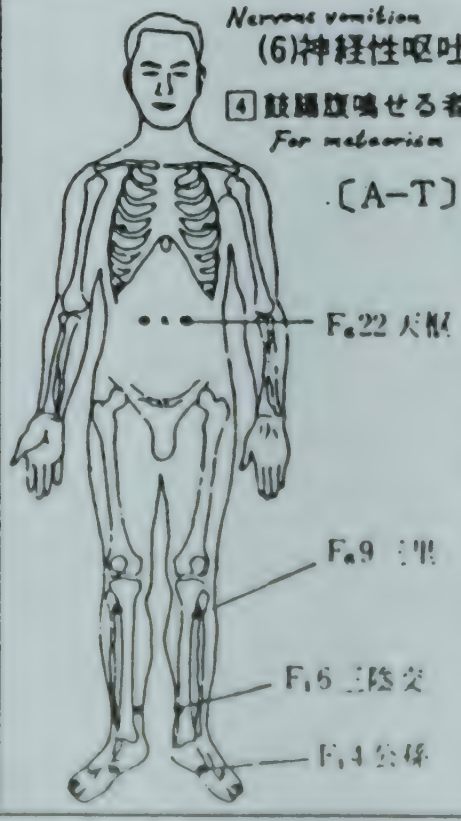
③ 発熱を伴う者　Complicated with fever



(6)神経性嘔吐

④ 鼓腸腹鳴せる者　For meteorism

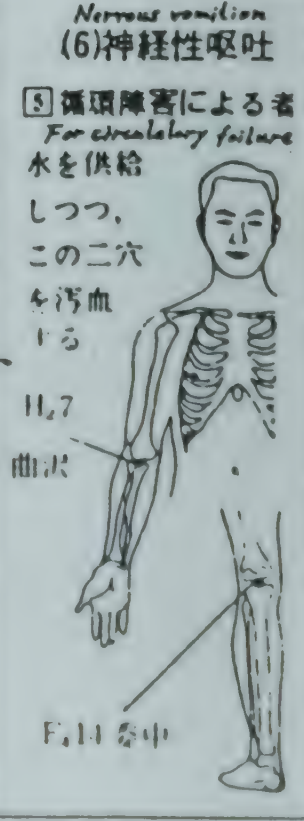
〔A−T〕



(6)神経性嘔吐

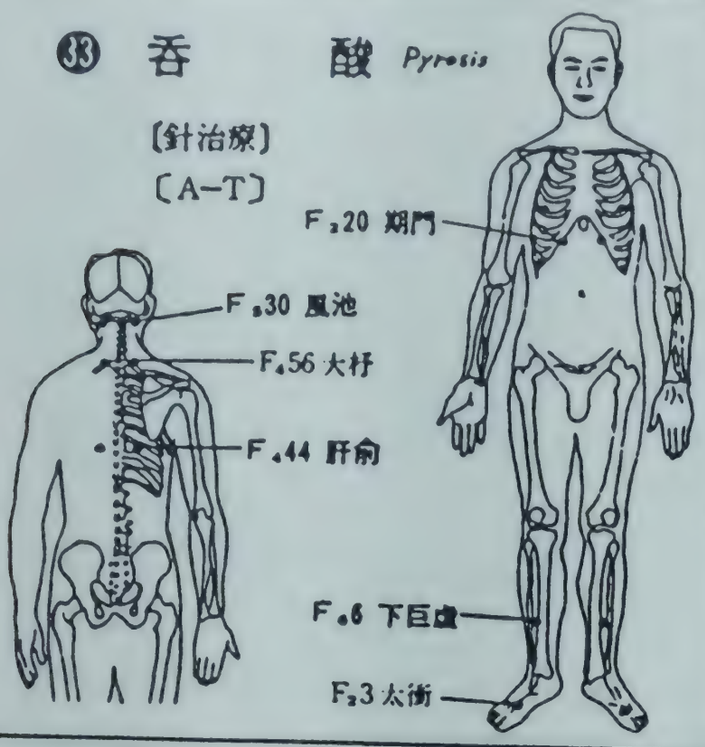
⑤ 循環障害による者　For circulatory failure

水を供給
しつつ，
この二穴
を汚血
する



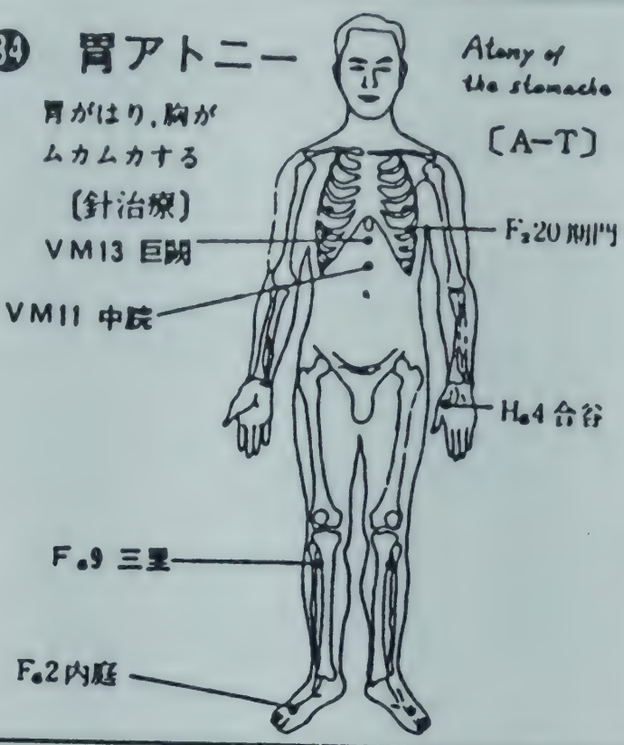
㉝ 呑　　酸 *Pyrosis*

〔針治療〕
〔A-T〕



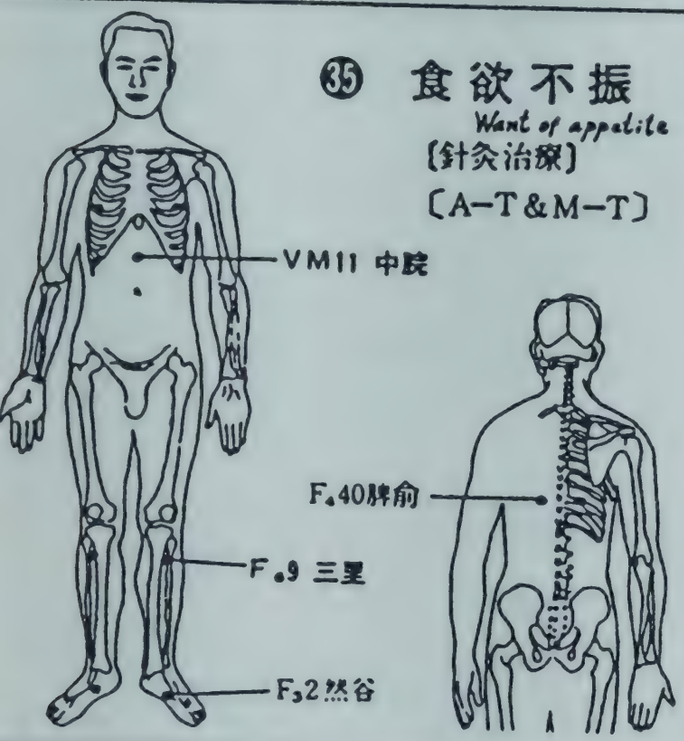
㉞ 胃アトニー *Atony of the stomach*

胃がはり，胸がムカムカする
〔針治療〕
〔A-T〕



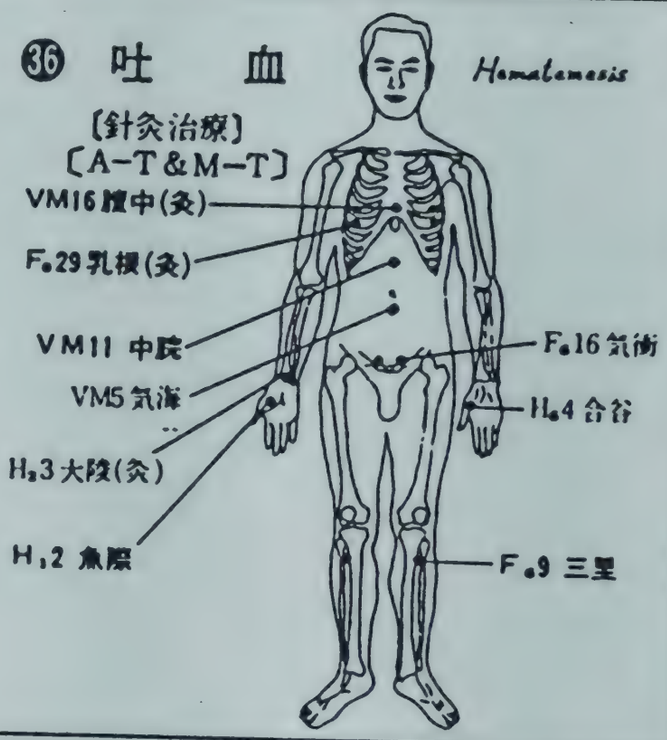
㉟ 食欲不振 *Want of appetite*

〔針灸治療〕
〔A-T&M-T〕



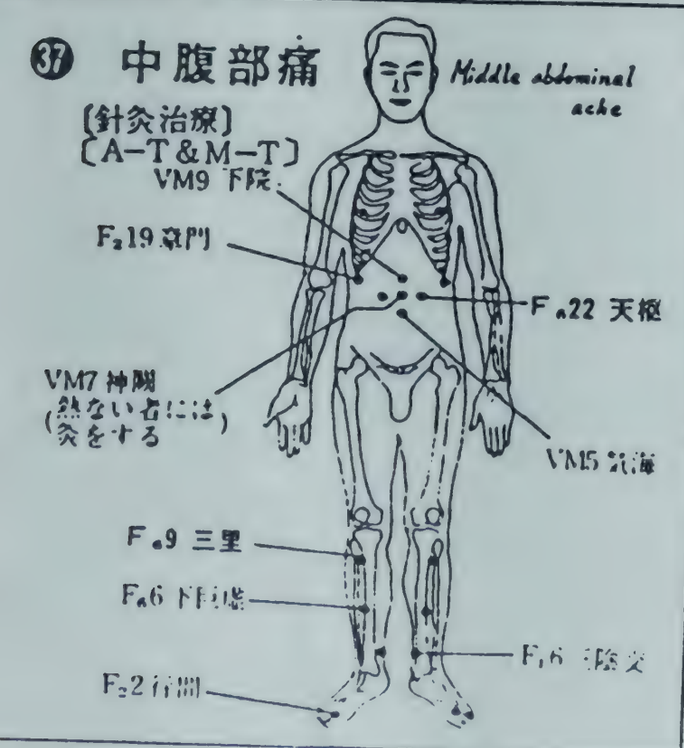
㊱ 吐　　血 *Hematemesis*

〔針灸治療〕
〔A-T&M-T〕



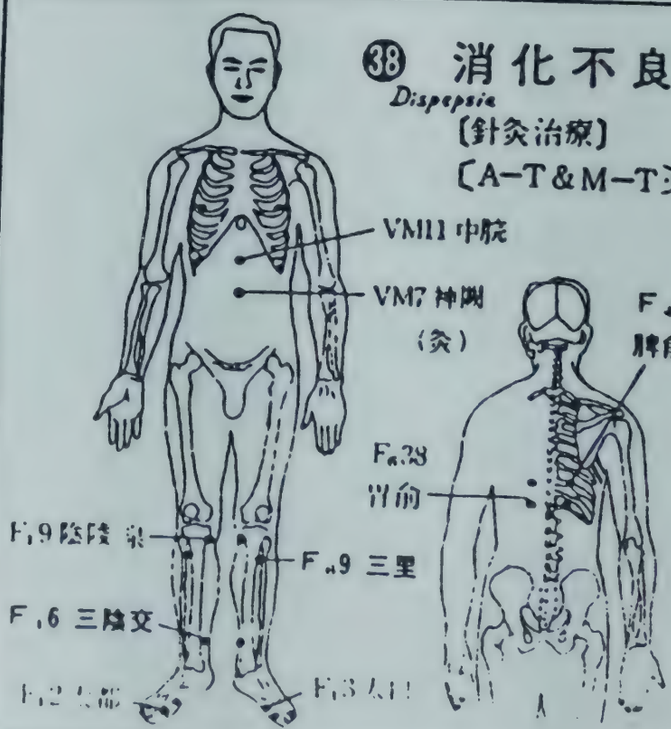
㊲ 中腹部痛 *Middle abdominal ache*

〔針灸治療〕
〔A-T&M-T〕



㊳ 消化不良 *Dispepsia*

〔針灸治療〕
〔A-T&M-T〕

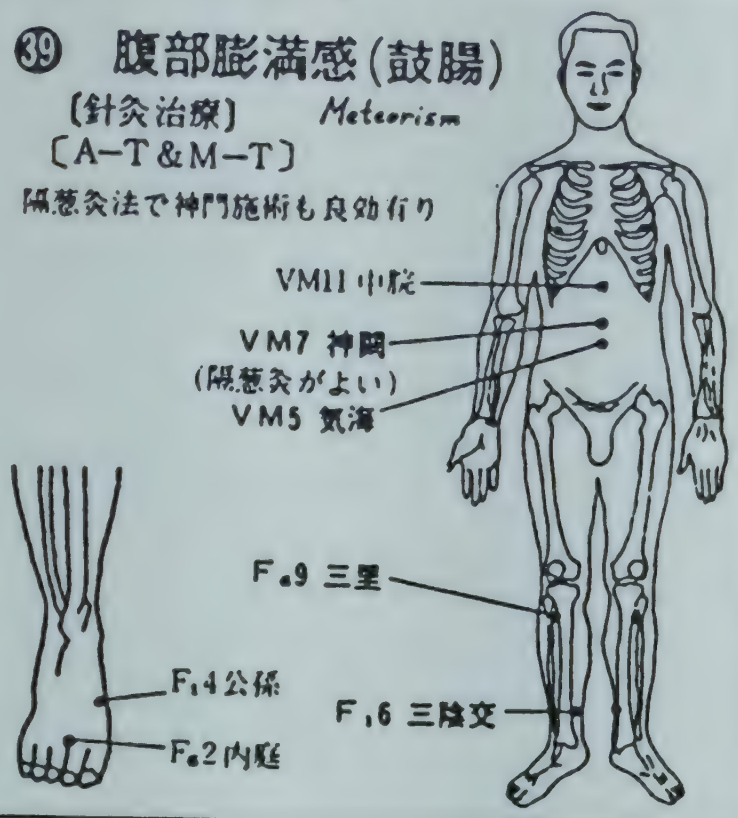


㊴ 腹部膨満感(鼓腸)

〔針灸治療〕 *Meteorism*

〔A-T&M-T〕

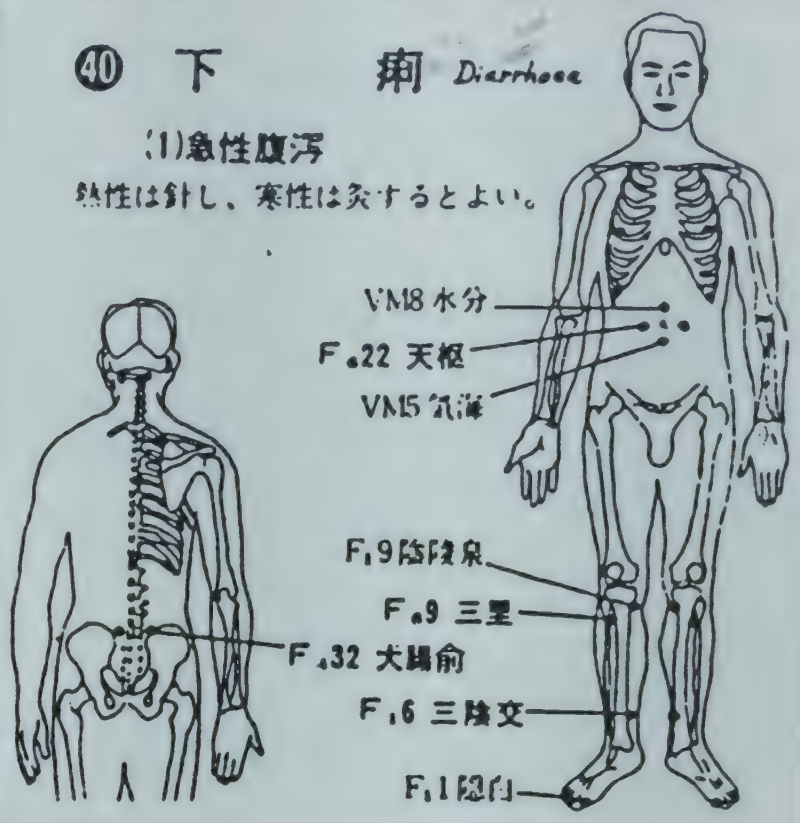
隔薬灸法で神門施術も良効有り



㊵ 下痢 *Diarrhoea*

(1)急性腹泻

熱性は針し、寒性は灸するとよい。

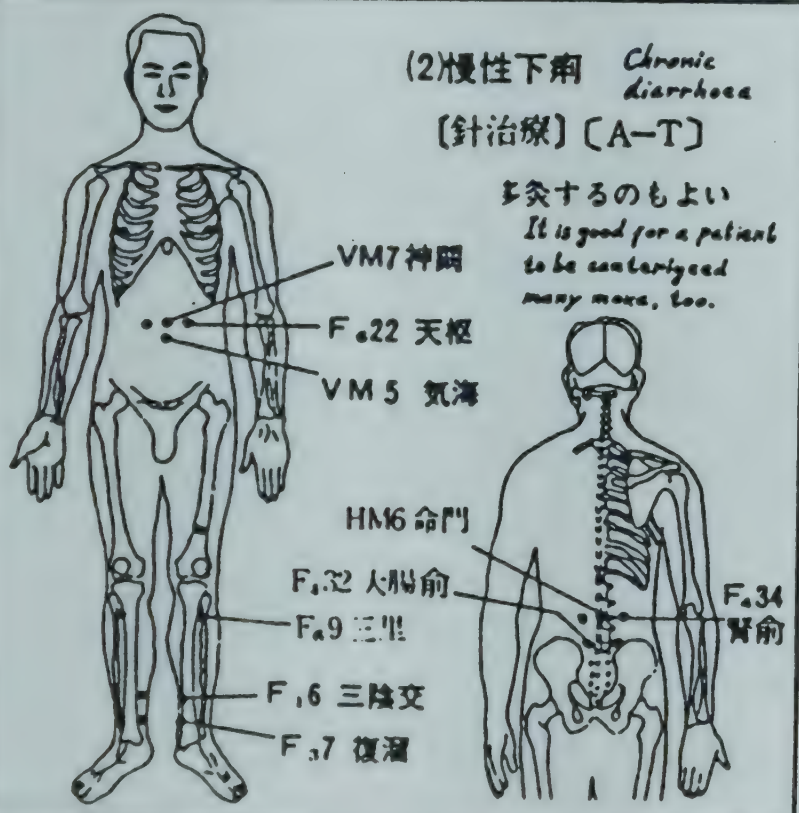


(2)慢性下痢 *Chronic diarrhoea*

〔針治療〕〔A-T〕

多灸するのもよい

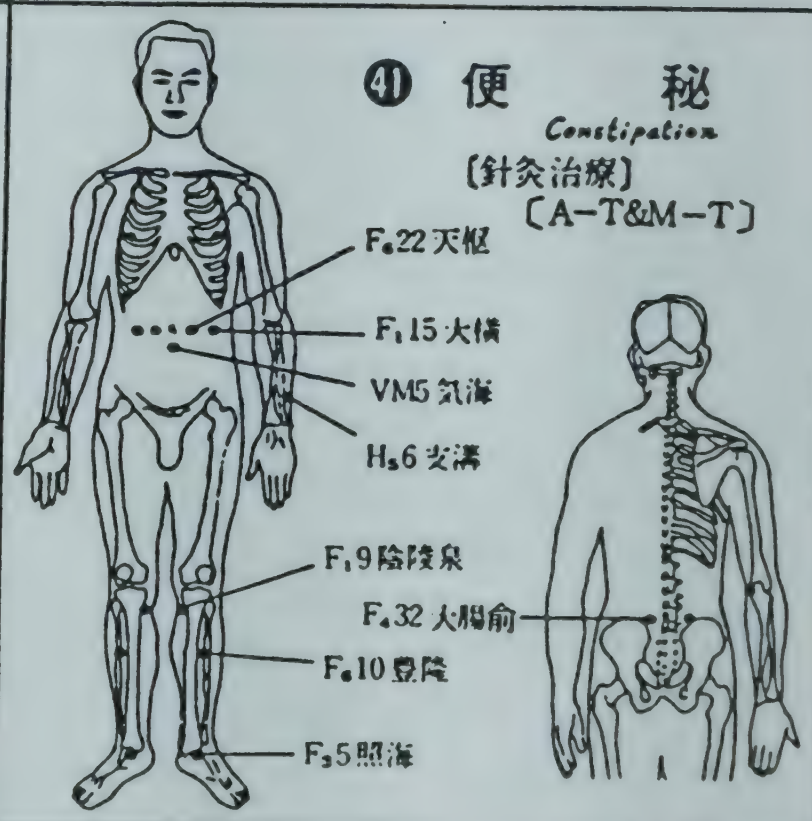
It is good for a patient to be cauterized many more, too.



㊶ 便秘 *Constipation*

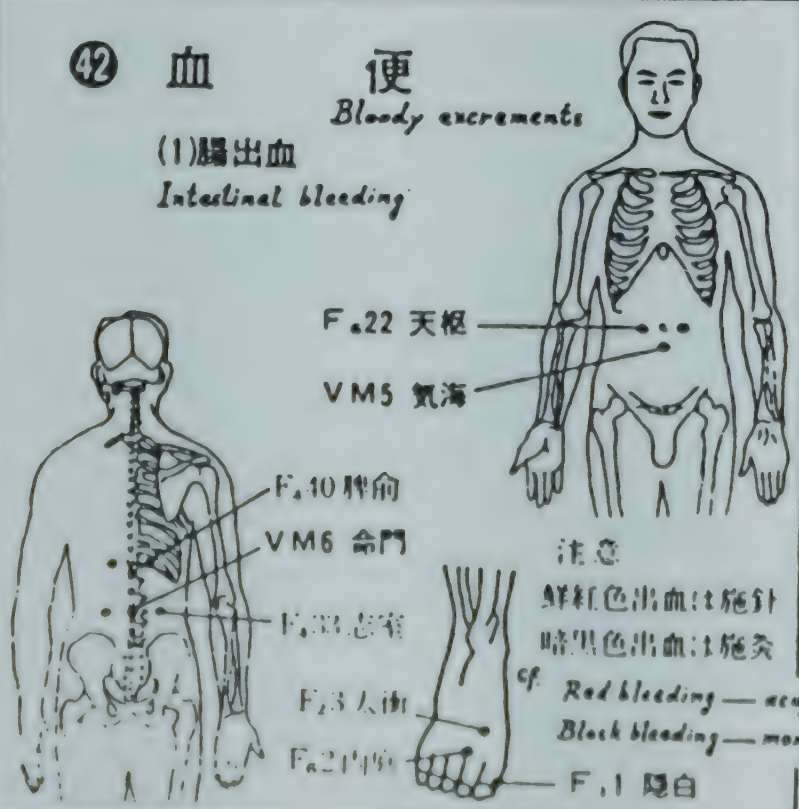
〔針灸治療〕

〔A-T&M-T〕



㊷ 血便 *Bloody excrements*

(1)腸出血 *Intestinal bleeding*



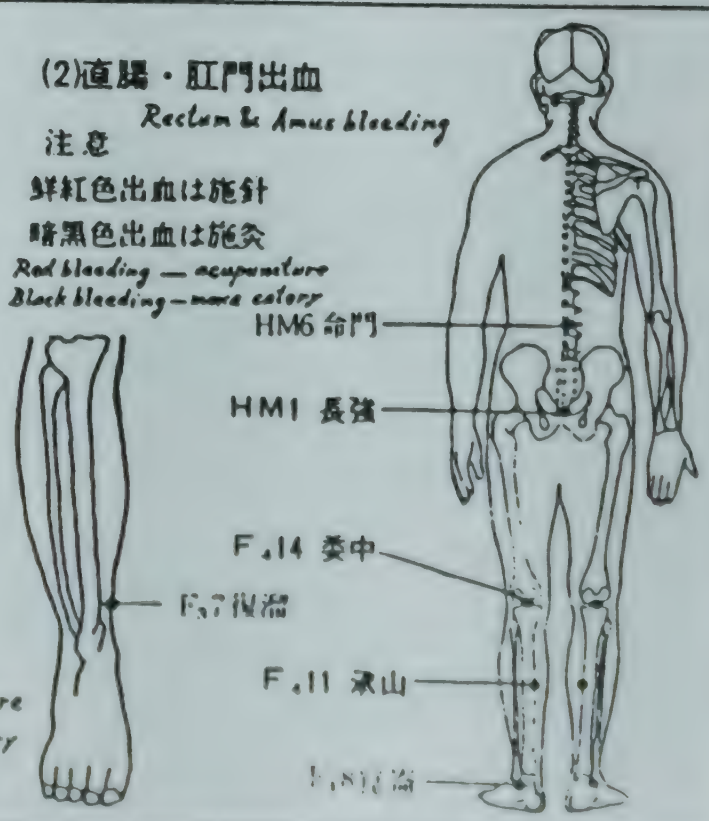
(2)直腸・肛門出血 *Rectum & Amus bleeding*

注意

鮮紅色出血は施針

暗黒色出血は施灸

cf. *Red bleeding — acupuncture*
Black bleeding — moxa cotery

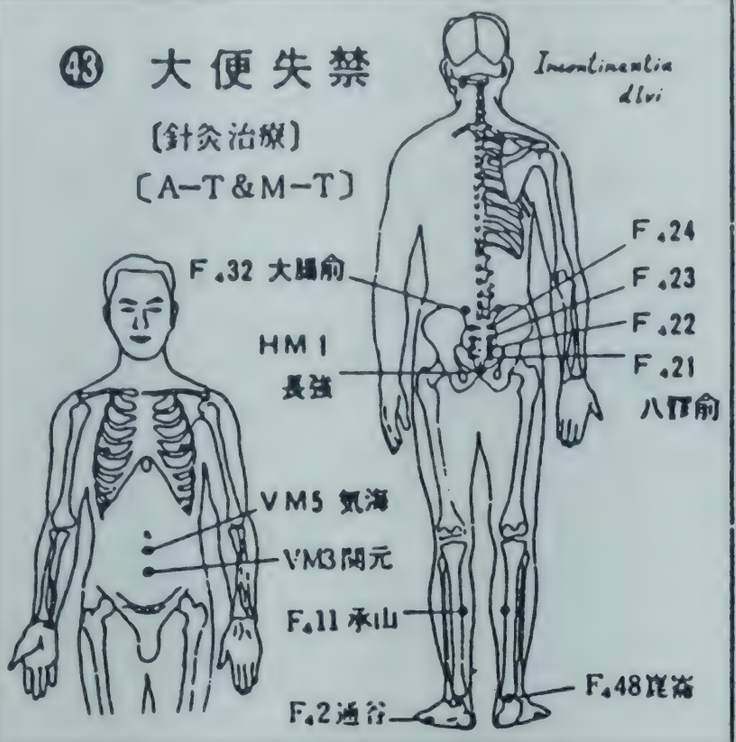


㊸ 大便失禁

Incontinentia alvi

〔針灸治療〕

〔A-T&M-T〕

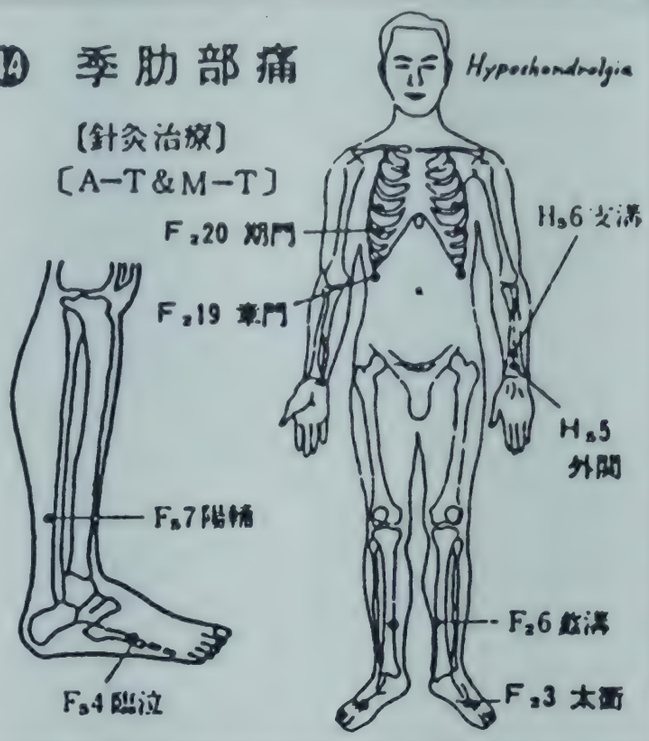


㊹ 季肋部痛

Hypochondrolgia

〔針灸治療〕

〔A-T&M-T〕

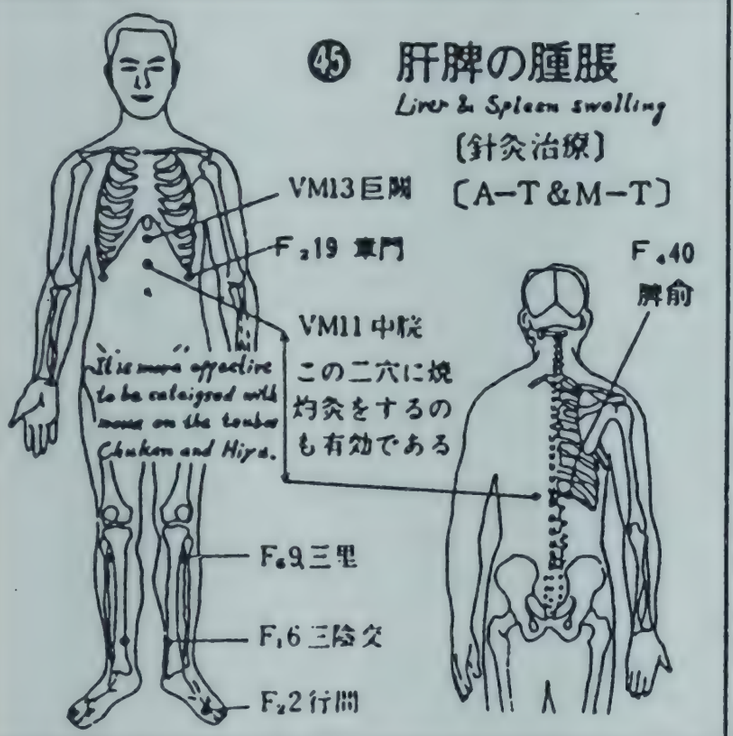


㊺ 肝脾の腫脹

Liver & Spleen swelling

〔針灸治療〕

〔A-T&M-T〕

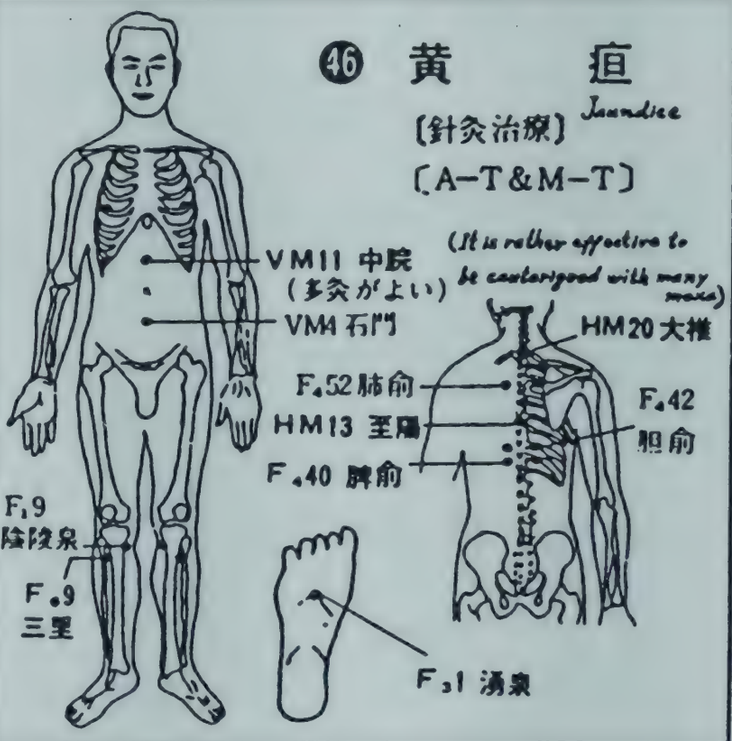


㊻ 黄疸

Jaundice

〔針灸治療〕

〔A-T&M-T〕



㊼ 腹水

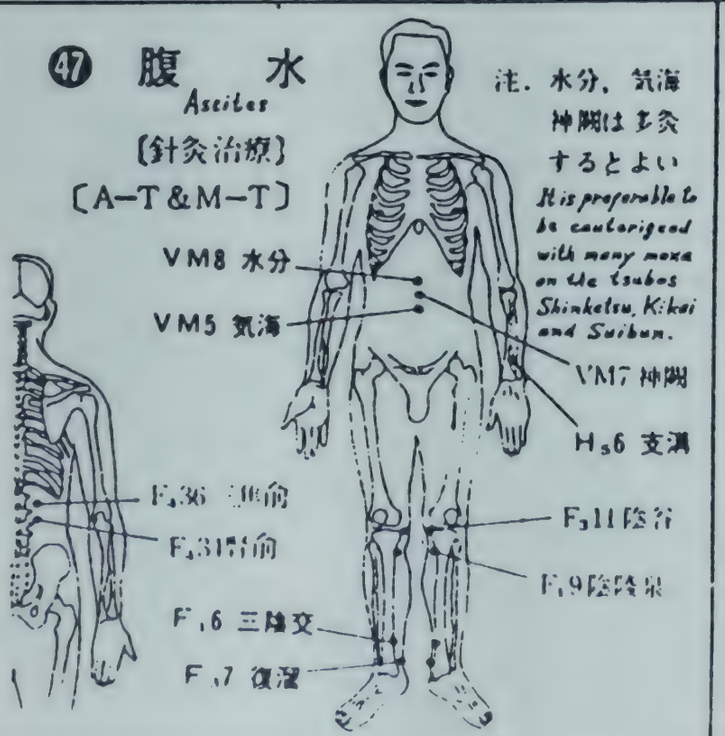
Ascites

〔針灸治療〕

〔A-T&M-T〕

注. 水分, 氣海, 神闕は多灸するとよい

It is preferable to be cauterized with many moxa on the tsubos Shinketsu, Kikai and Suibun.



㊽ 下腹部痛

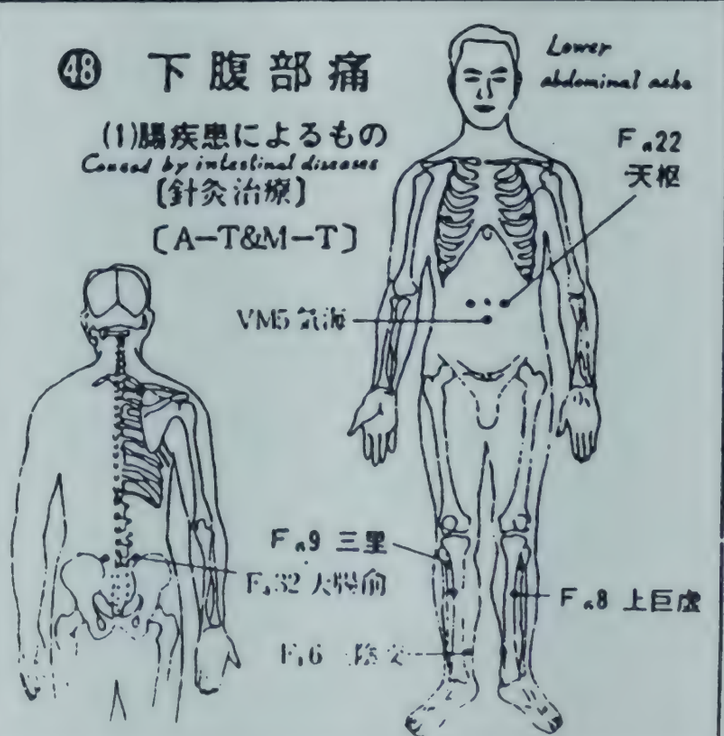
Lower abdominal ache

(1)腸疾患によるもの

Caused by intestinal diseases

〔針灸治療〕

〔A-T&M-T〕

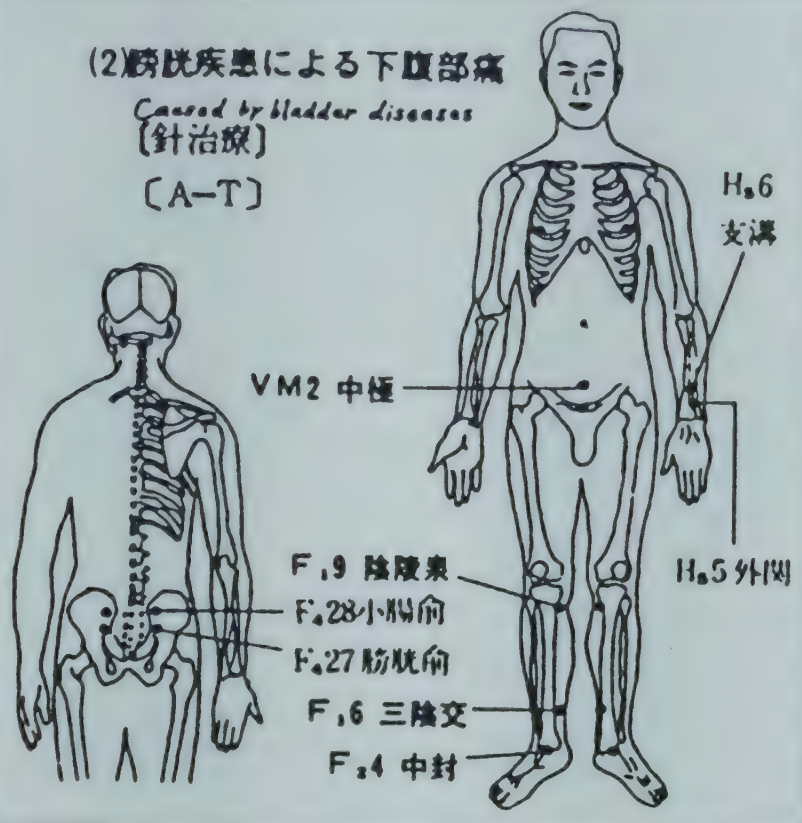


(2)膀胱疾患による下腹部痛

Caused by bladder diseases

〔針治療〕

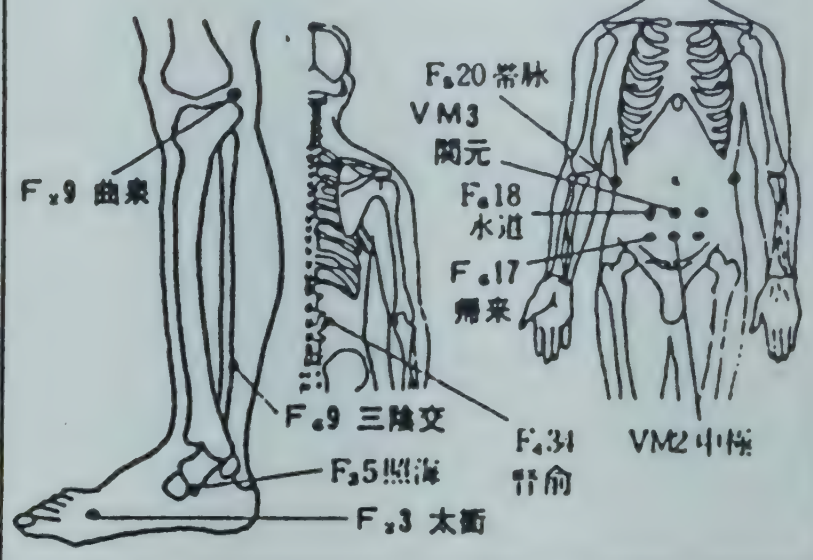
〔A-T〕



(3)子宮その他生殖器疾患による下腹部痛

Caused by sexual organs' diseases

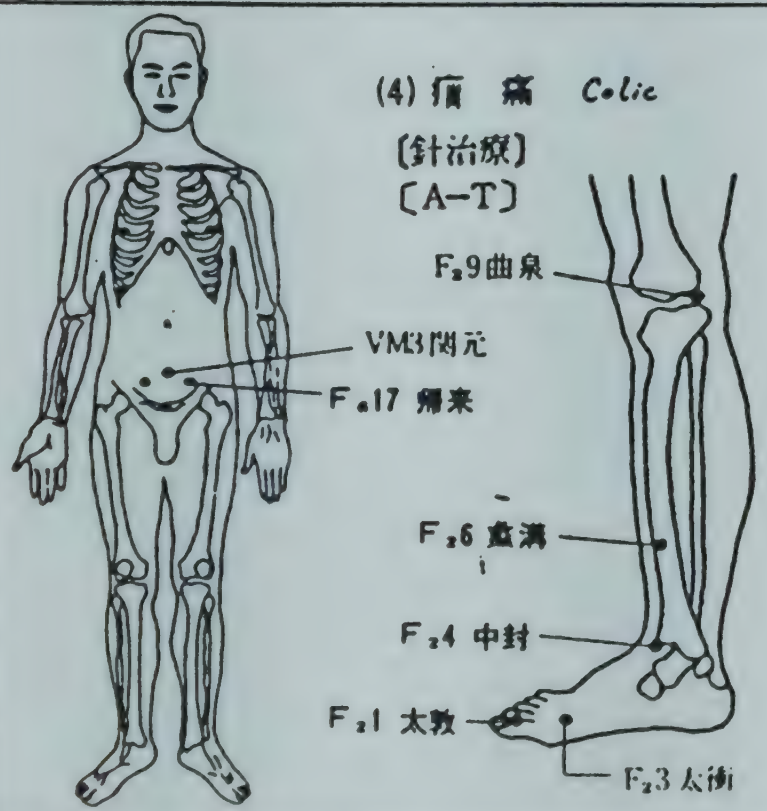
〔針治療〕〔A-T〕



(4) 痛　痛　*Colic*

〔針治療〕

〔A-T〕

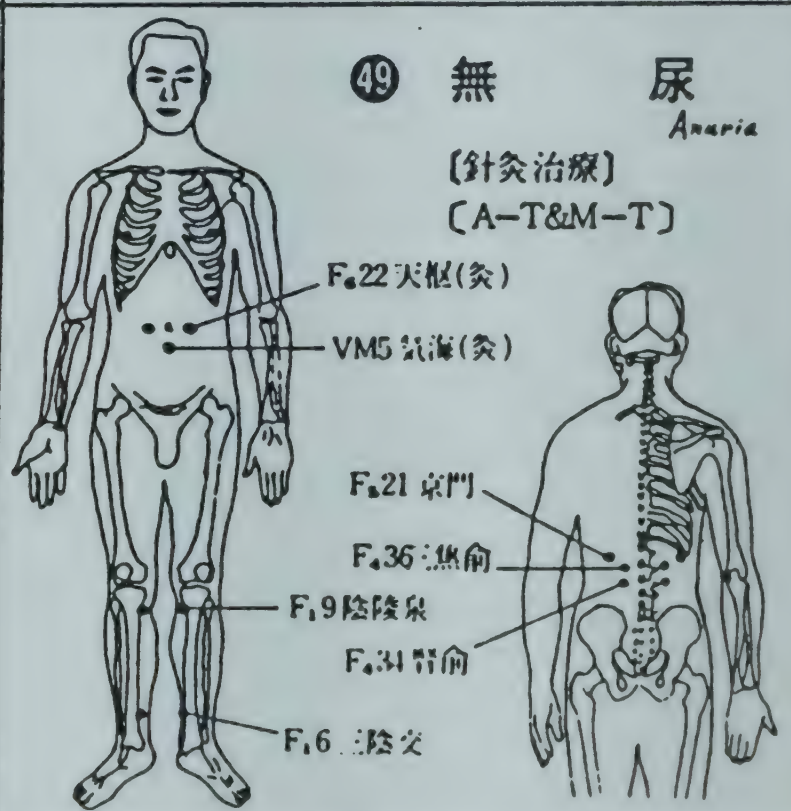


㊾ 無　尿

Anuria

〔針灸治療〕

〔A-T&M-T〕

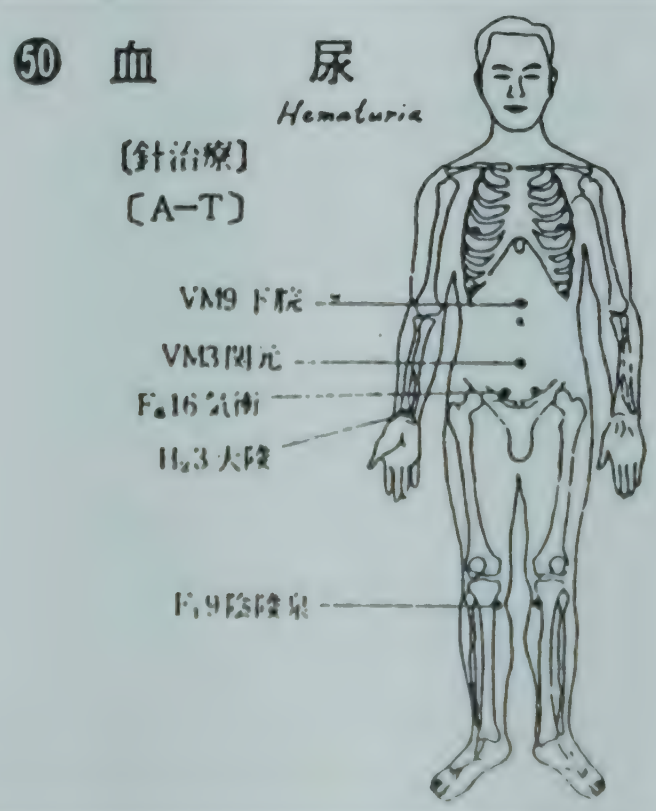


㊿ 血　尿

Hematuria

〔針治療〕

〔A-T〕

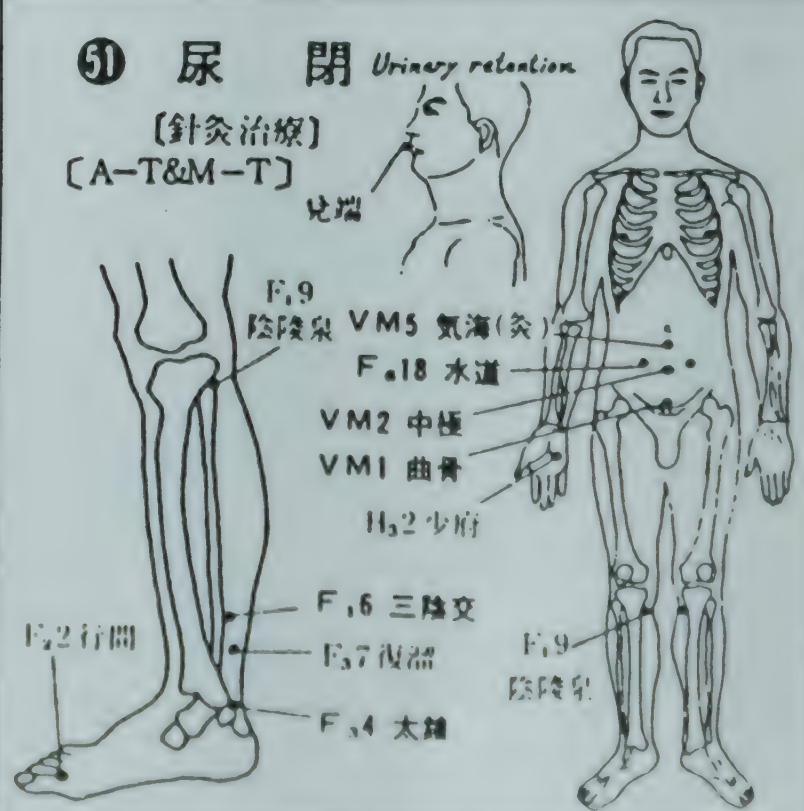


51 尿　閉

Urinary retention

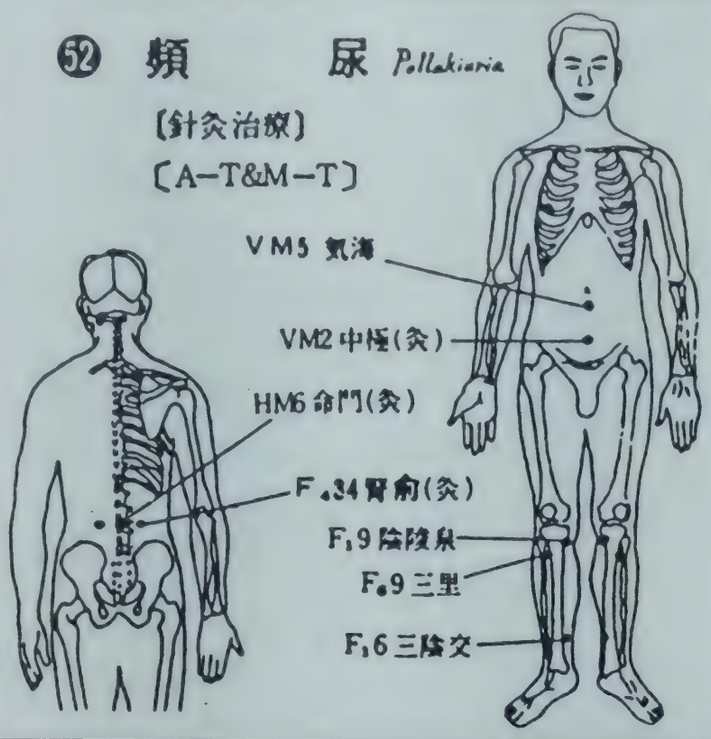
〔針灸治療〕

〔A-T&M-T〕



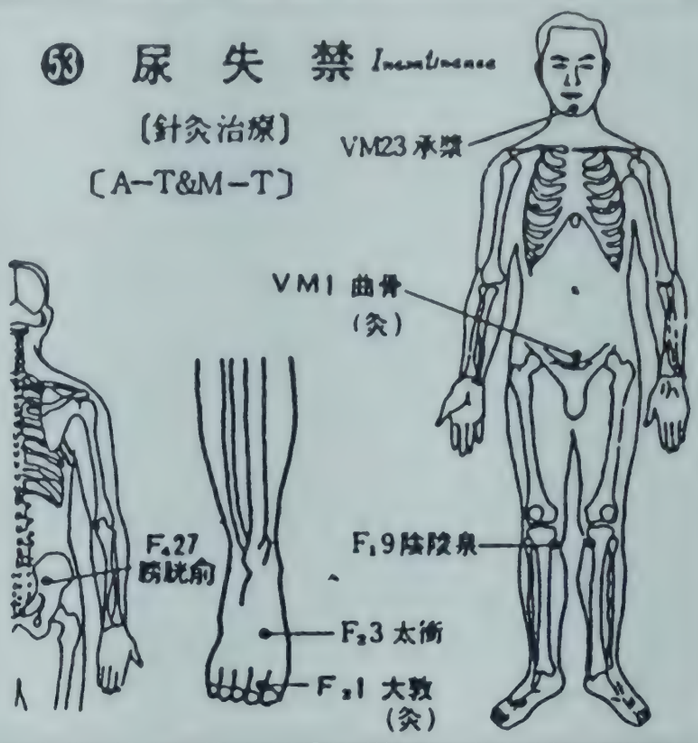
㊷ 頻　尿 *Pollakiuria*

〔針灸治療〕
〔A-T&M-T〕



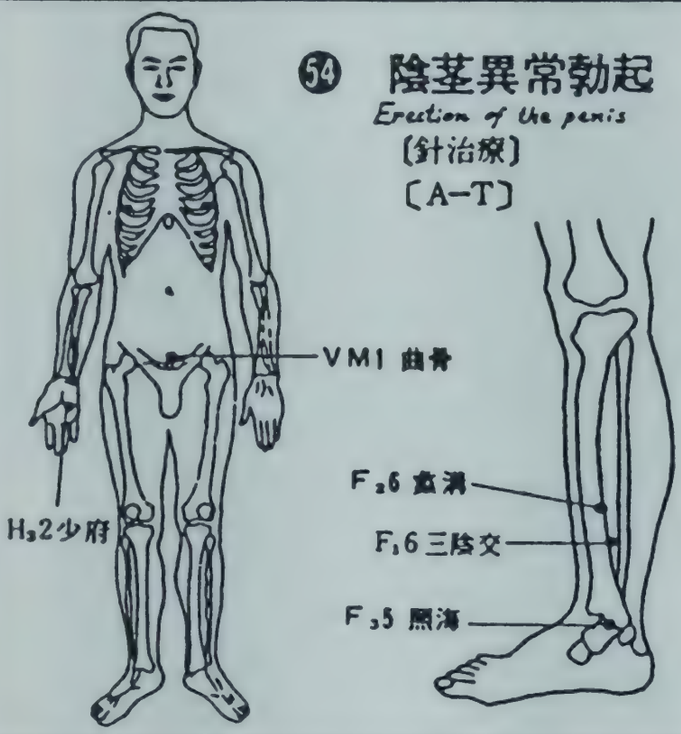
㊸ 尿 失 禁 *Incontinence*

〔針灸治療〕
〔A-T&M-T〕



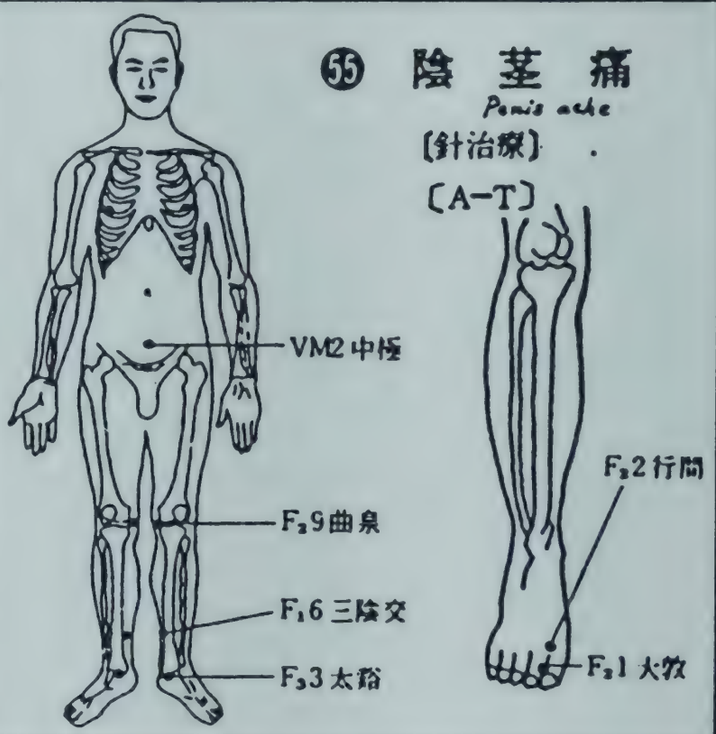
㊹ 陰茎異常勃起 *Erection of the penis*

〔針治療〕
〔A-T〕



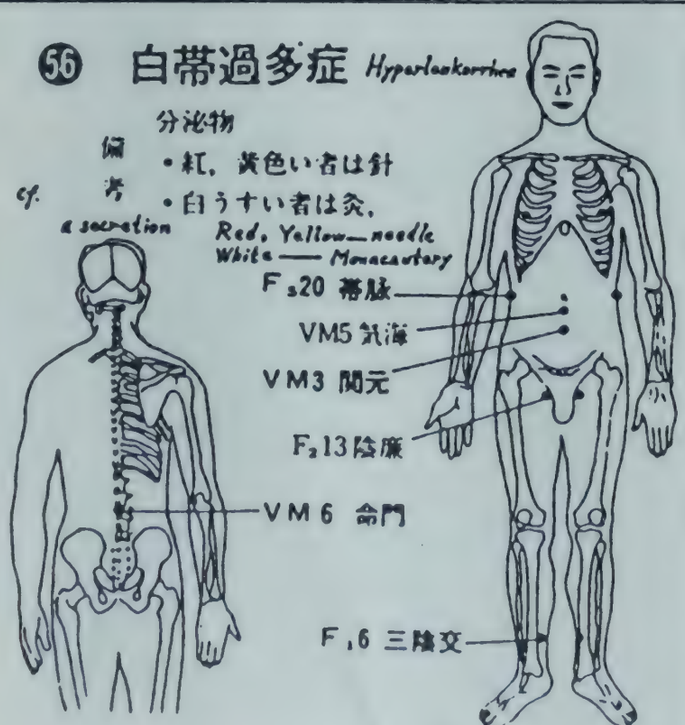
㊺ 陰 茎 痛 *Penis ache*

〔針治療〕
〔A-T〕



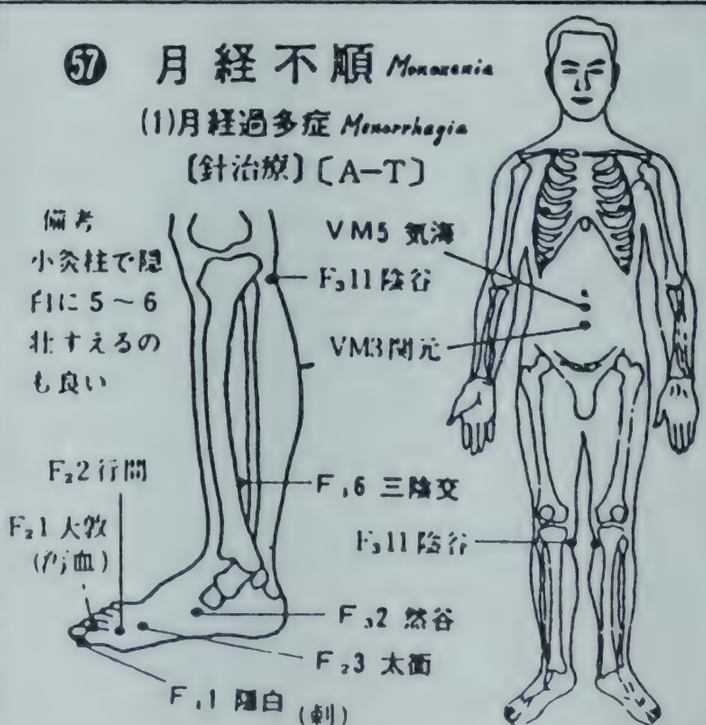
㊻ 白帯過多症 *Hyperleukorrhea*

備考 *cf.* 分泌物
・紅、黄色い者は針
・白うすい者は灸、
Red, Yellow—needle
White — Moxacautery
a secretion



㊼ 月 経 不 順 *Menoxenia*

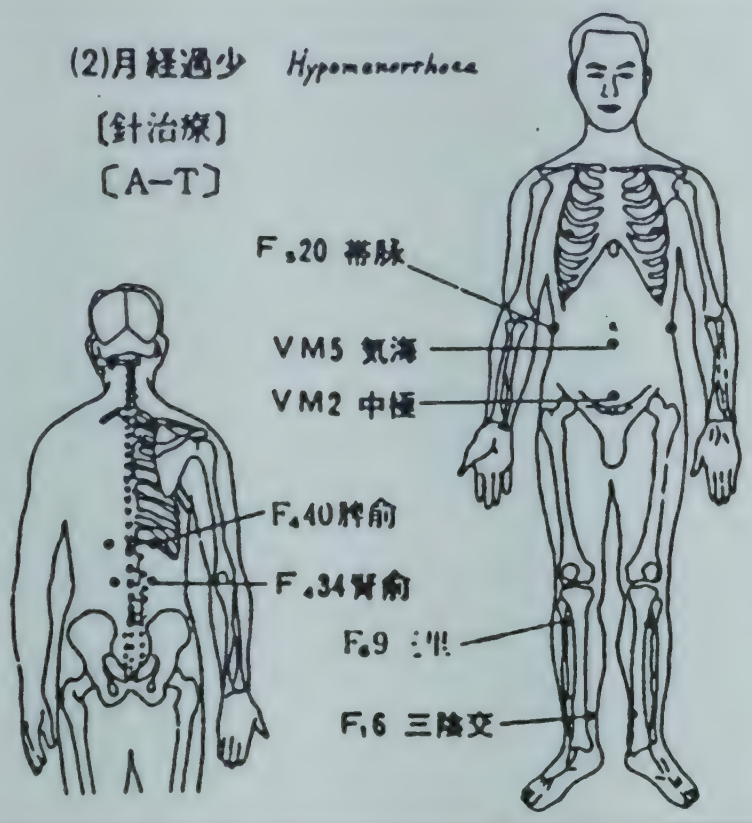
(1)月経過多症 *Menorrhagia*
〔針治療〕〔A-T〕



(2)月経過少 *Hypomenorrhoea*

〔針治療〕

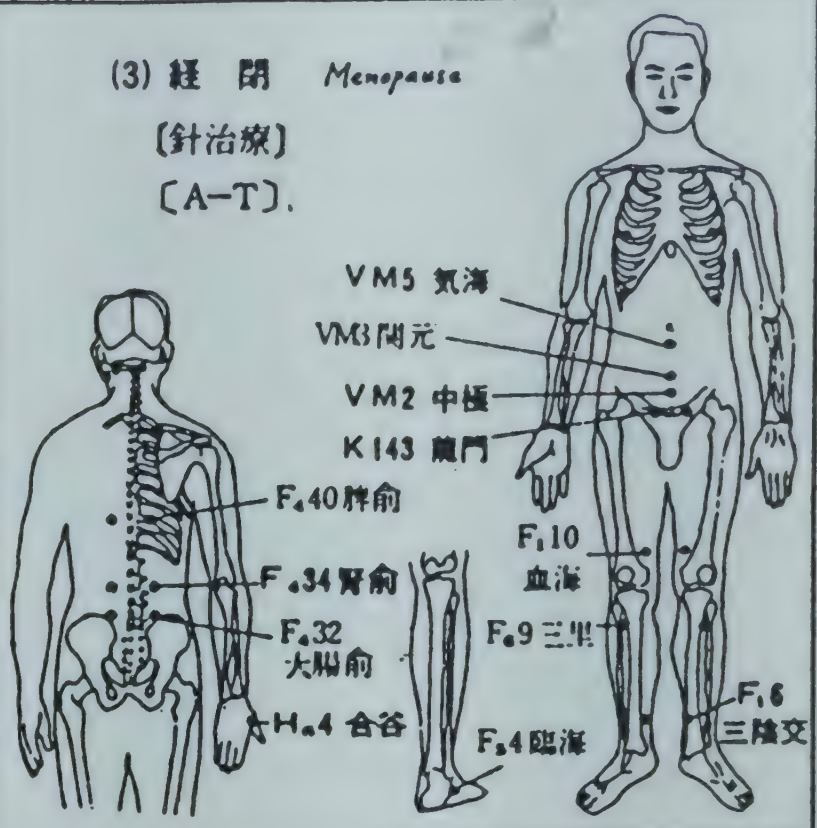
〔A-T〕



(3) 経 閉 *Menopause*

〔針治療〕

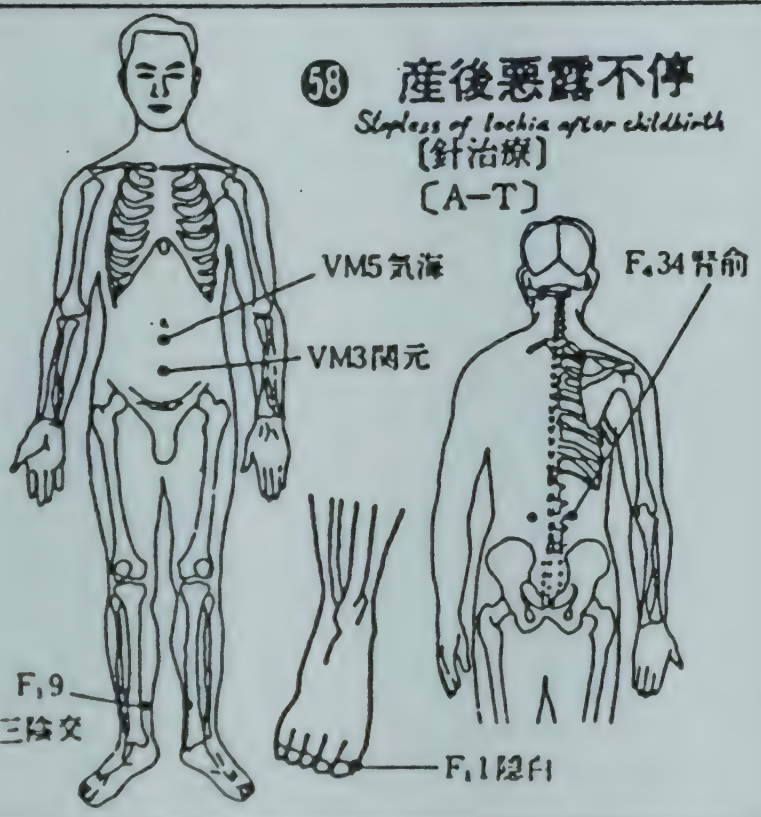
〔A-T〕



⑱ 産後悪露不停 *Stopless of lochia after childbirth*

〔針治療〕

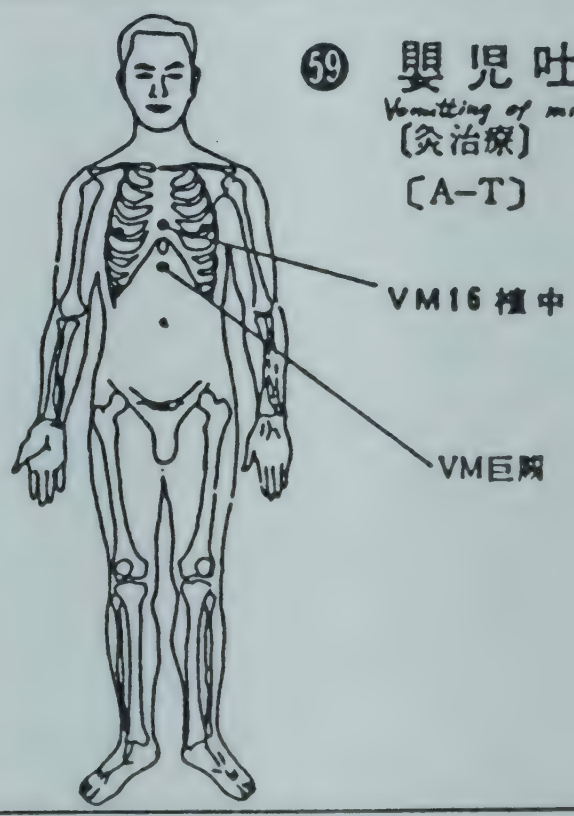
〔A-T〕



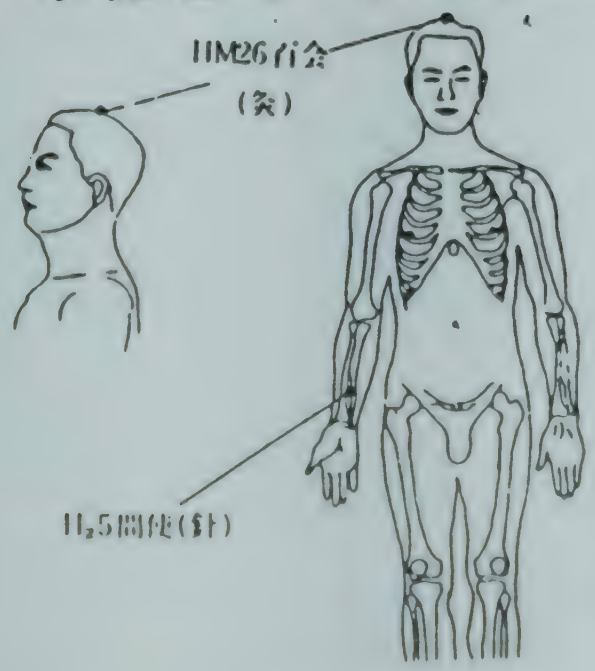
⑲ 嬰児吐乳 *Vomitting of milk*

〔灸治療〕

〔A-T〕



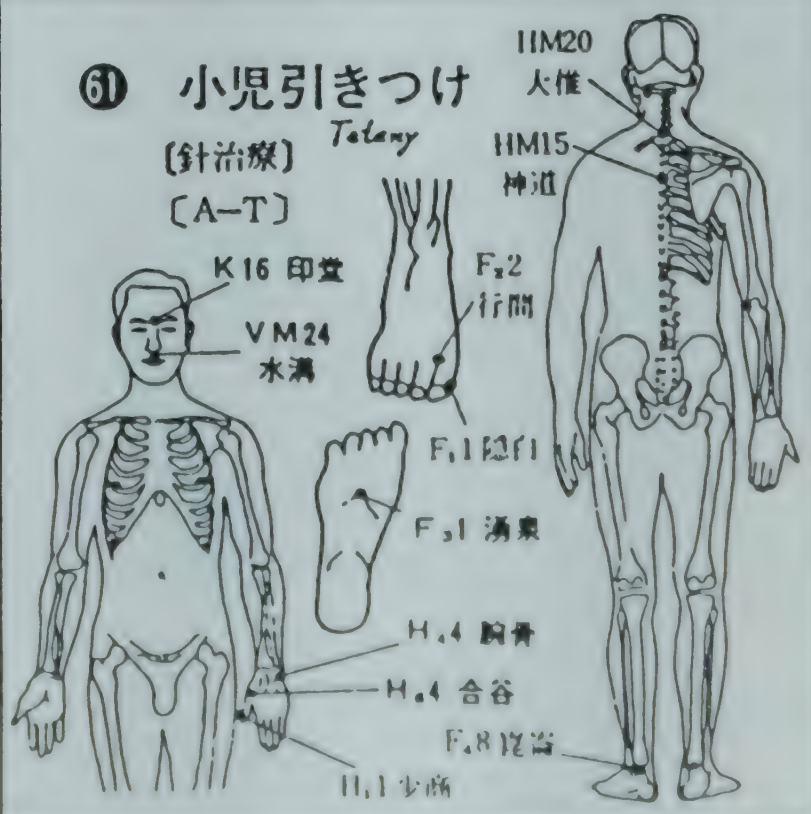
⑳ 小児夜啼 *Crying at night of children*



㉑ 小児引きつけ *Tetany*

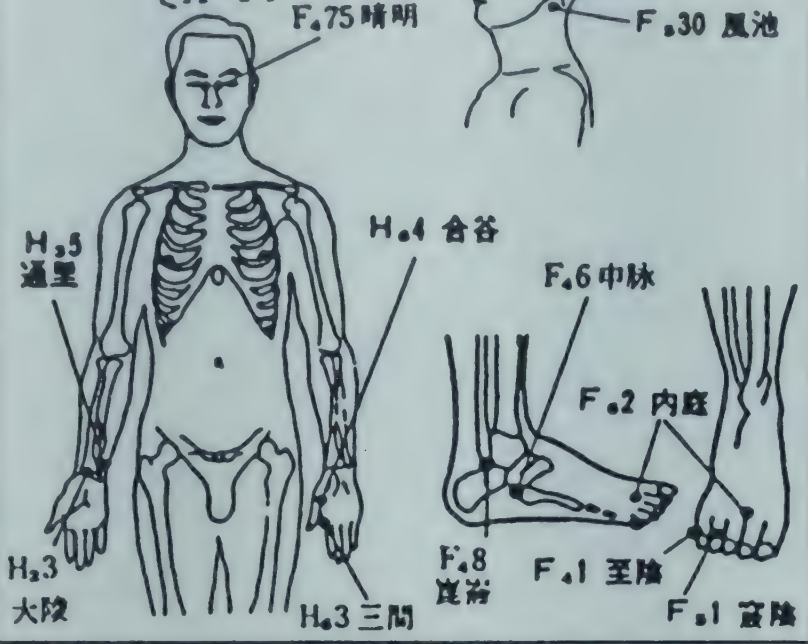
〔針治療〕

〔A-T〕



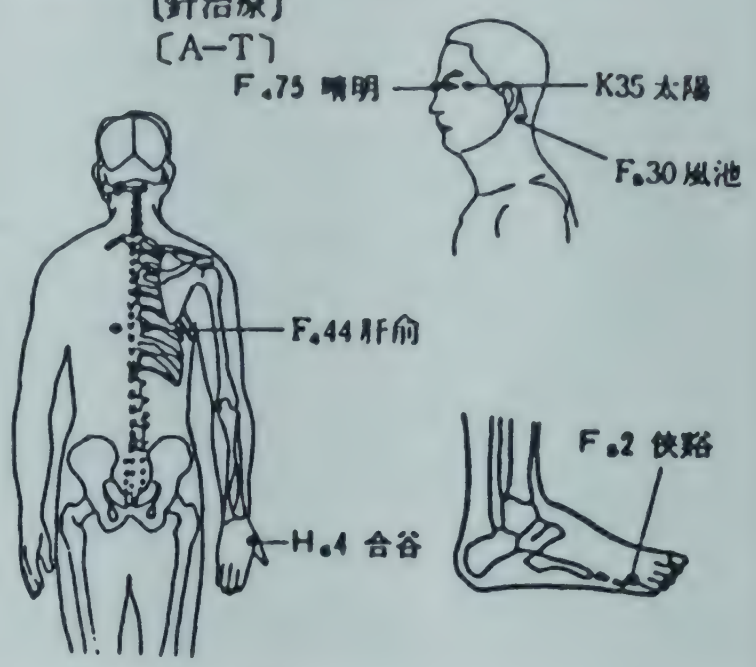
⑫ 眼　痛

〔針治療〕〔A-T〕　Sore eye



⑬ 眼　痒　Eye itch

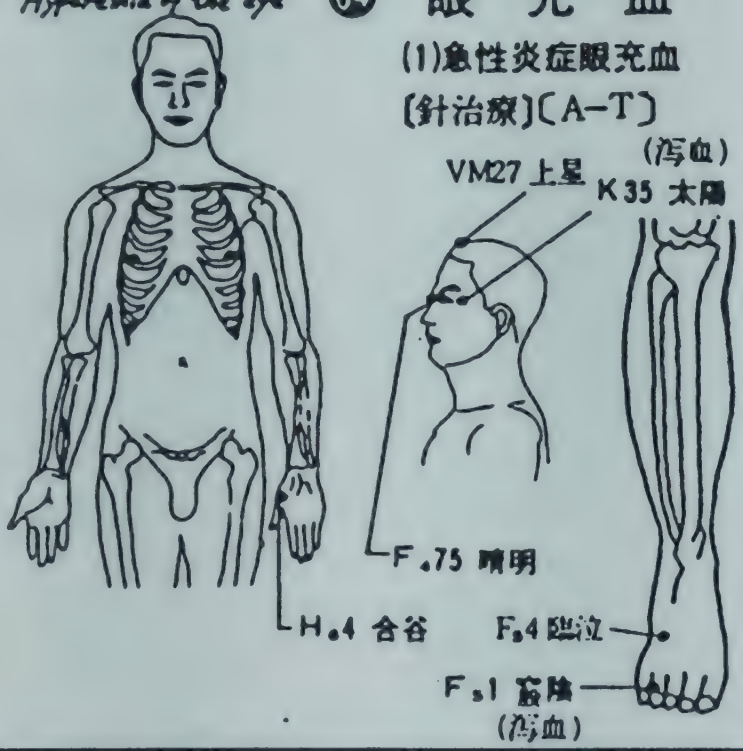
〔針治療〕〔A-T〕



⑭ 眼充血　Hyperemia of the eye

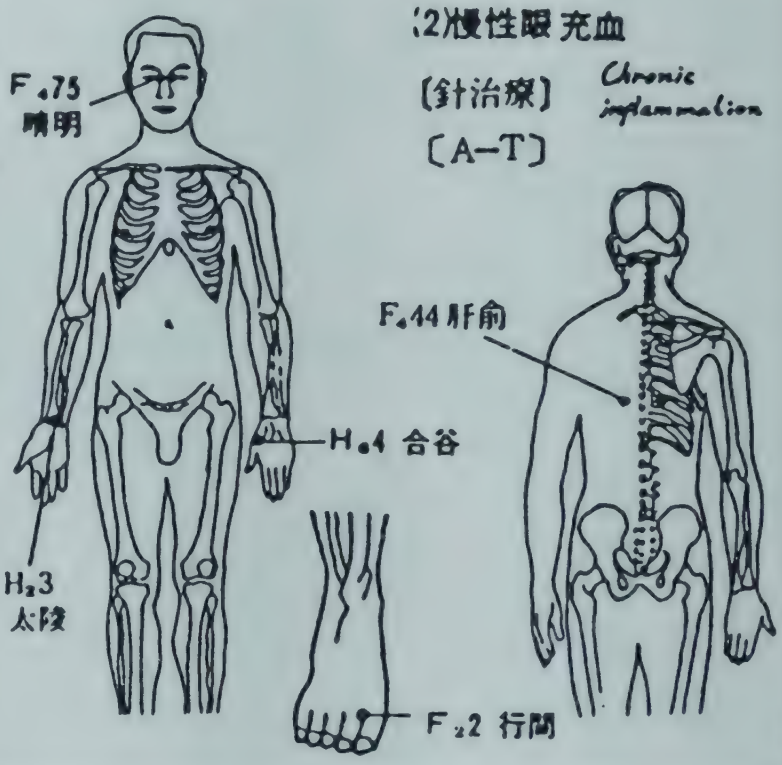
(1)急性炎症眼充血

〔針治療〕〔A-T〕



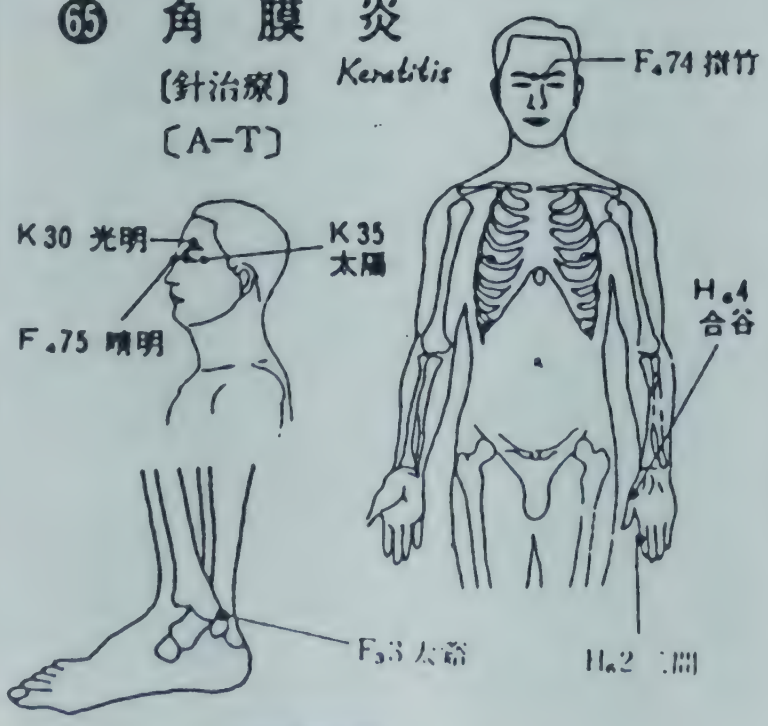
(2)慢性眼充血　Chronic inflammation

〔針治療〕〔A-T〕



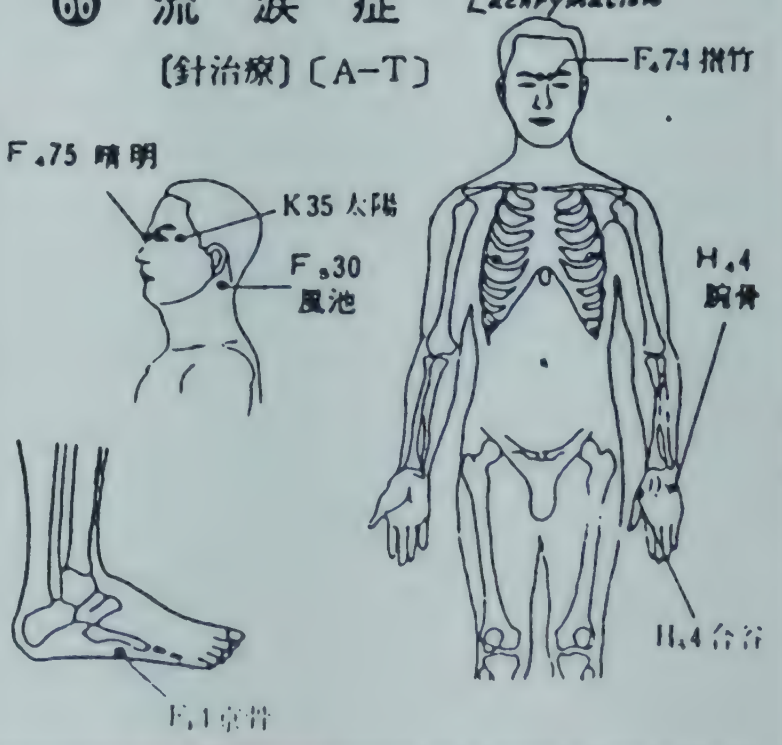
⑮ 角膜炎　Keratitis

〔針治療〕〔A-T〕



⑯ 流涙症　Lachrymation

〔針治療〕〔A-T〕



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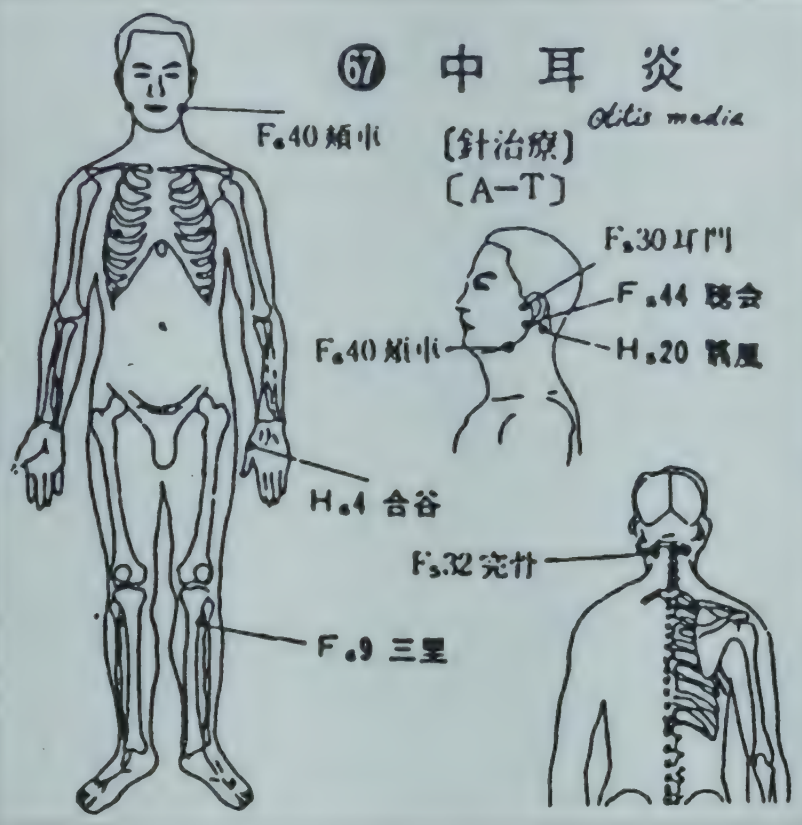
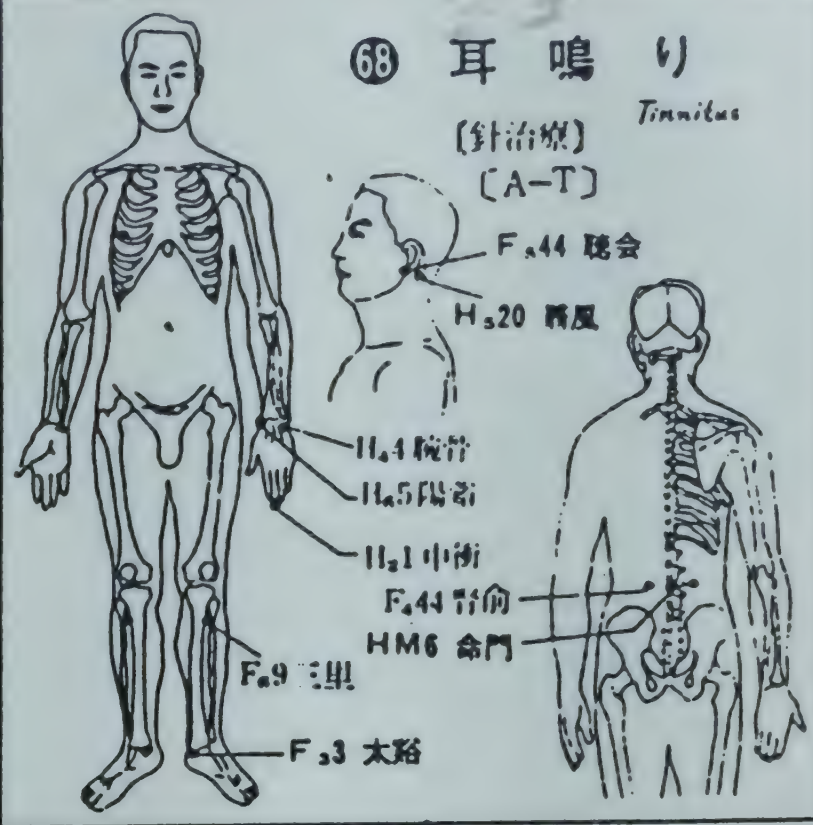
⑰ 中耳炎 *Otitis media*

〔針治療〕
〔A-T〕



⑱ 耳鳴り *Tinnitus*

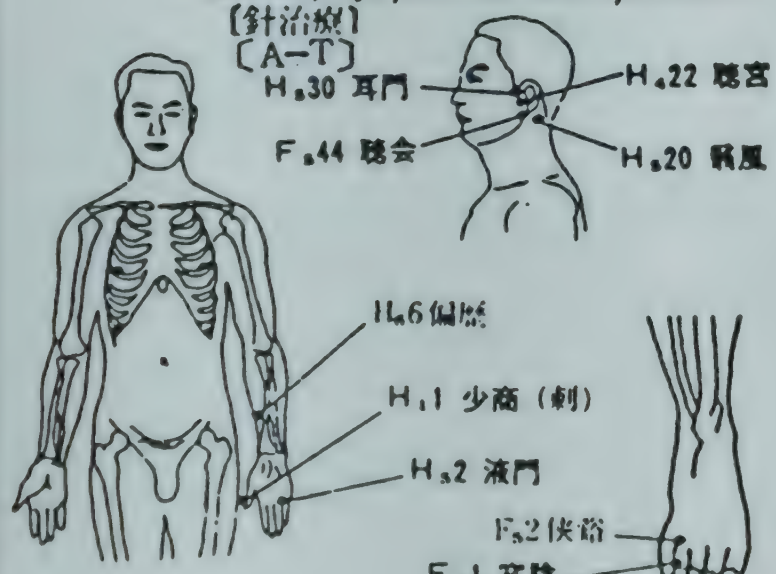
〔針治療〕
〔A-T〕



⑲ 難聴 *Hard of hearing*

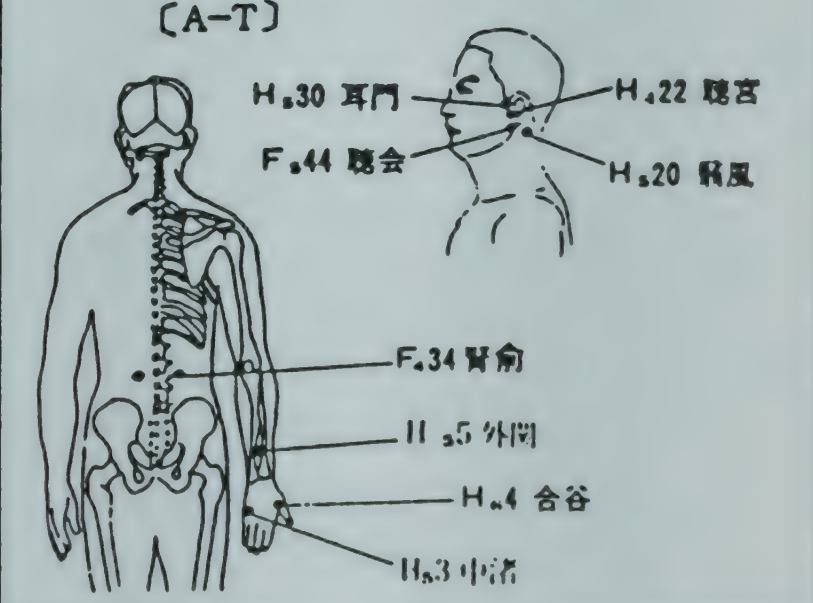
(1)高熱及び急性炎症に起因した者
Caused by high fever and acute inflammation

〔針治療〕
〔A-T〕



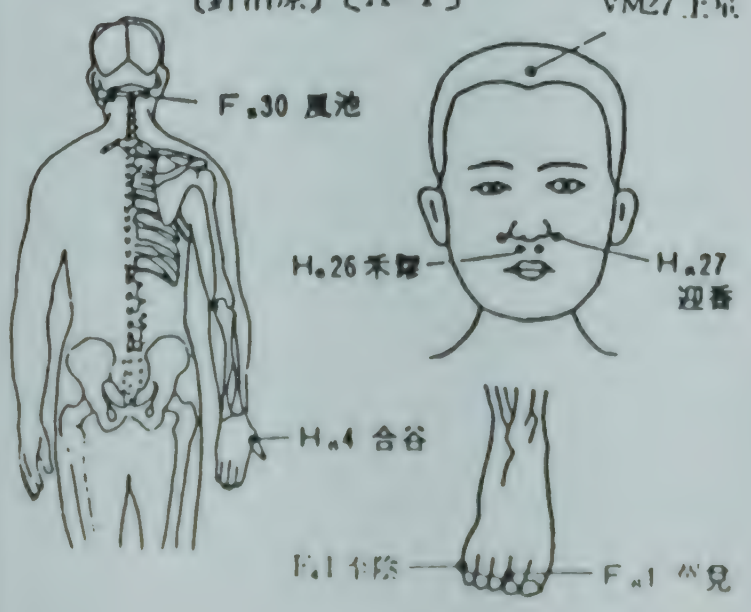
(2)慢性耳疾患によって起った者
Caused by chronic ear diseases

〔針治療〕
〔A-T〕



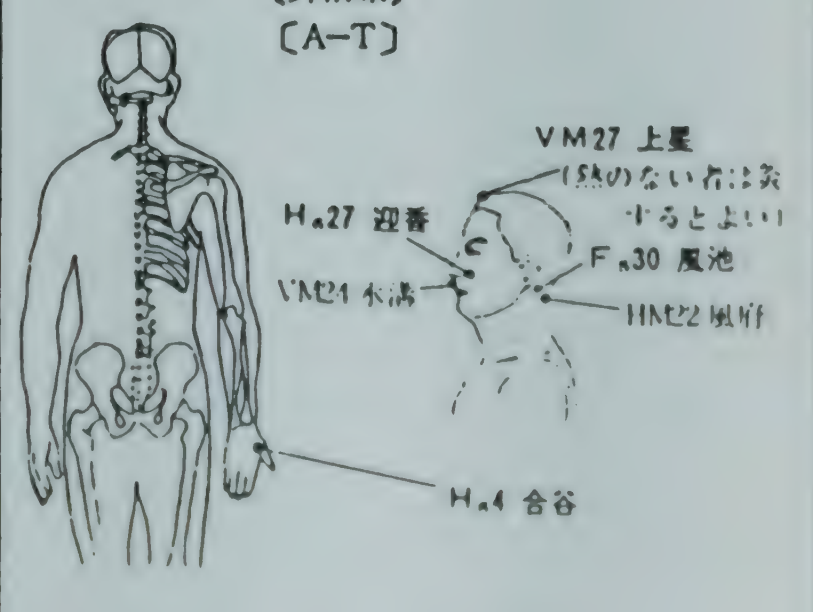
⑳ 鼻塞 *Nasal blockage*

〔針治療〕〔A-T〕



㉑ 鼻涕 *Rhinorrhea*

〔針治療〕
〔A-T〕

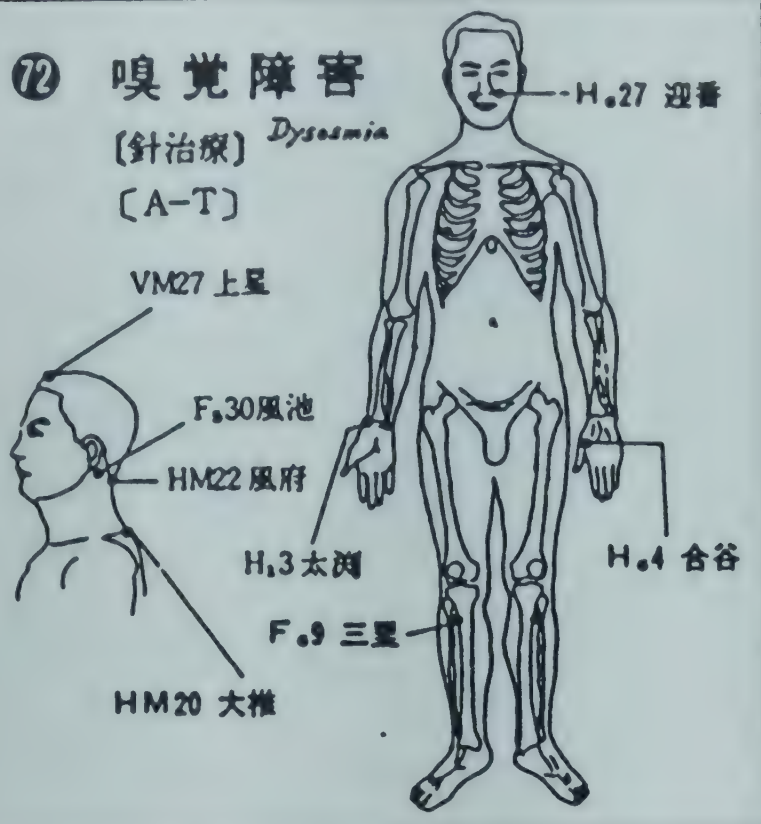


⑫ 嗅覚障害

Dysosmia

〔針治療〕

〔A-T〕

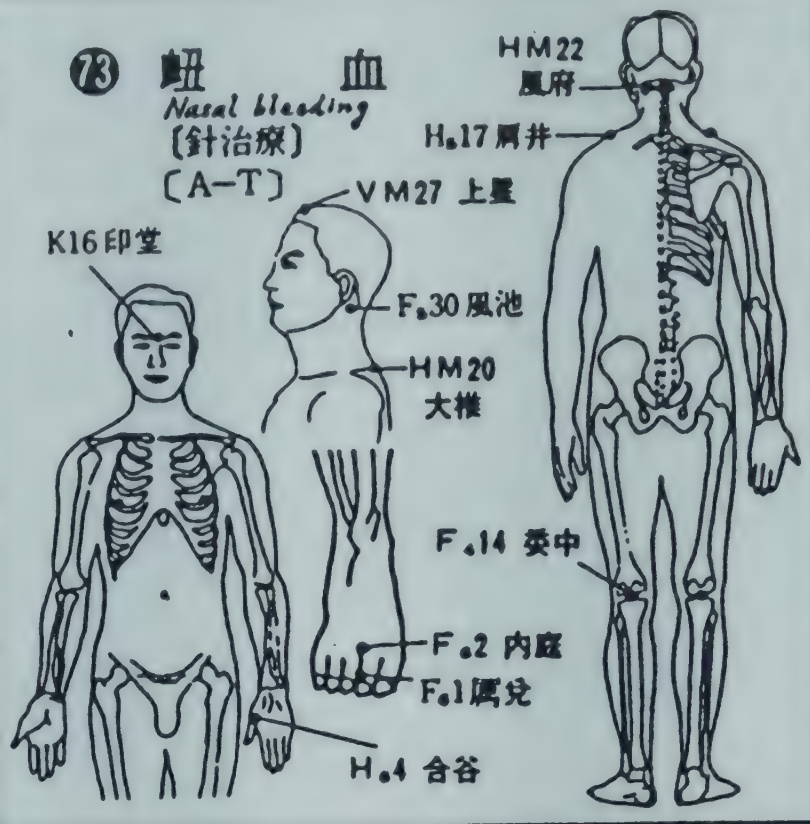


⑬ 鼻血

Nasal bleeding

〔針治療〕

〔A-T〕

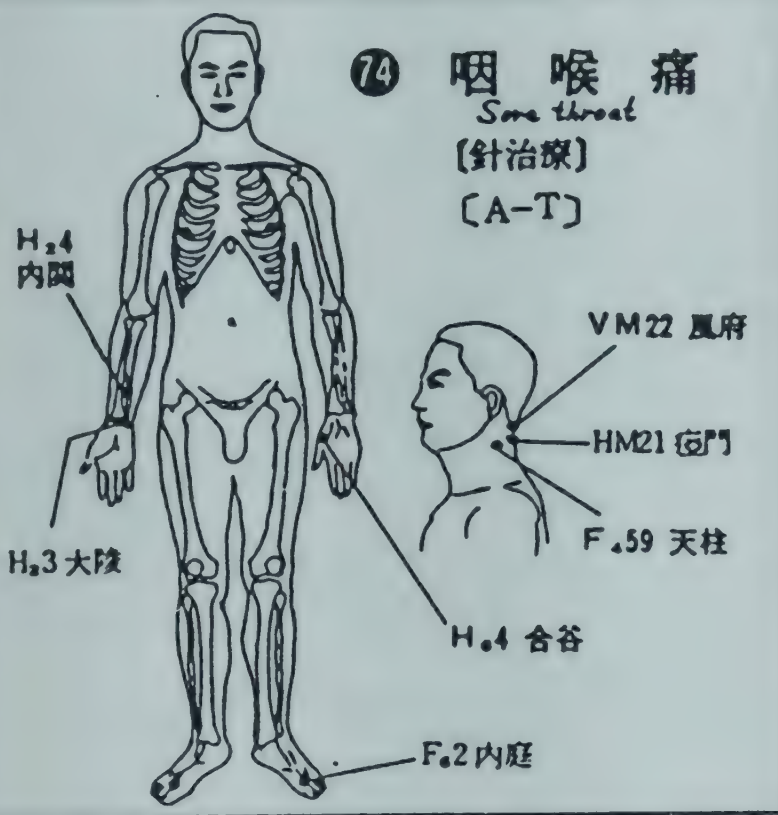


⑭ 咽喉痛

Sore throat

〔針治療〕

〔A-T〕

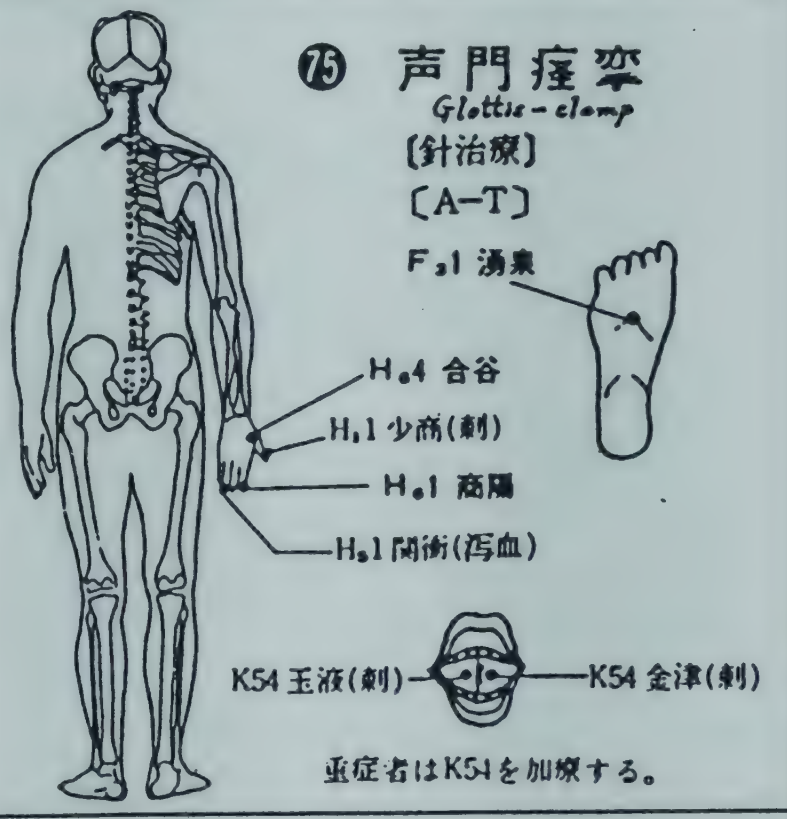


⑮ 声門痙攣

Glottis-clamp

〔針治療〕

〔A-T〕

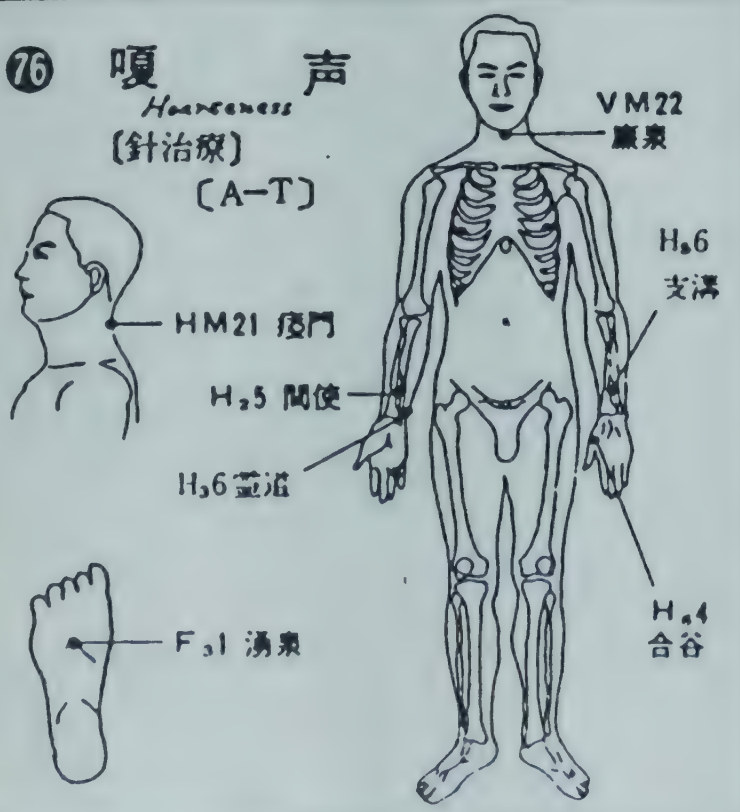


⑯ 嗄声

Hoarseness

〔針治療〕

〔A-T〕

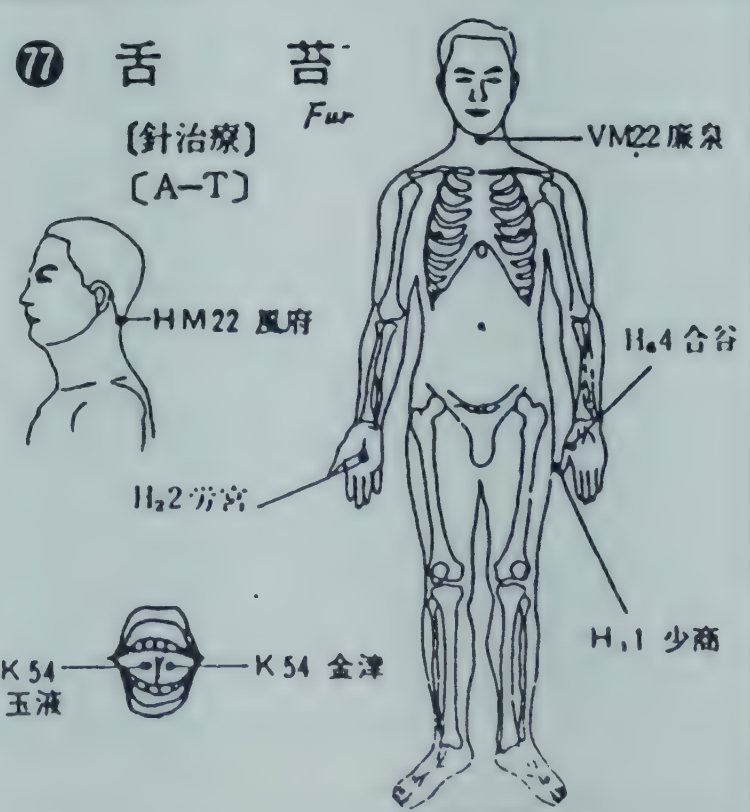


⑰ 舌苔

Fur

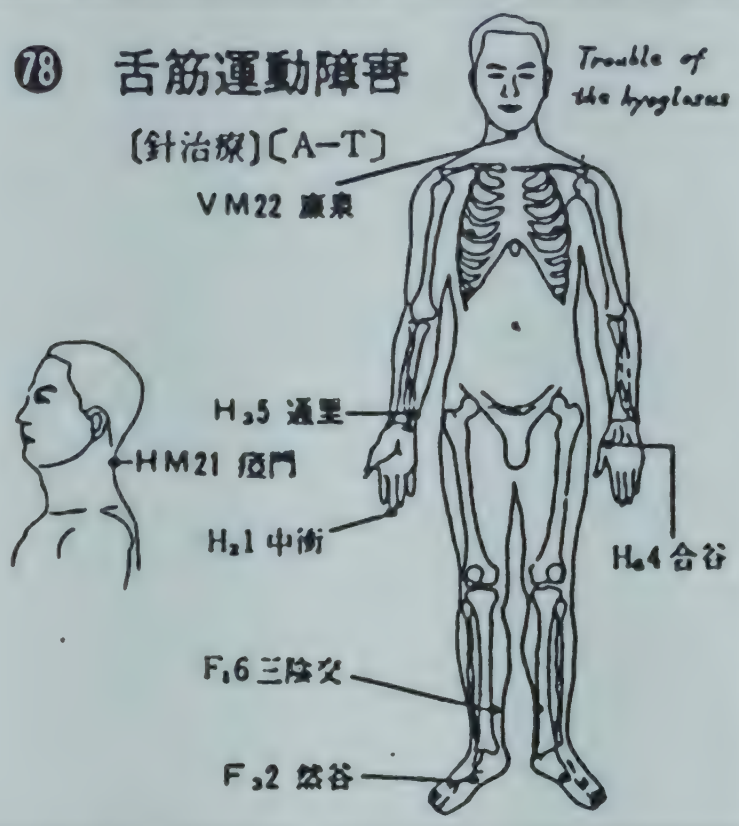
〔針治療〕

〔A-T〕



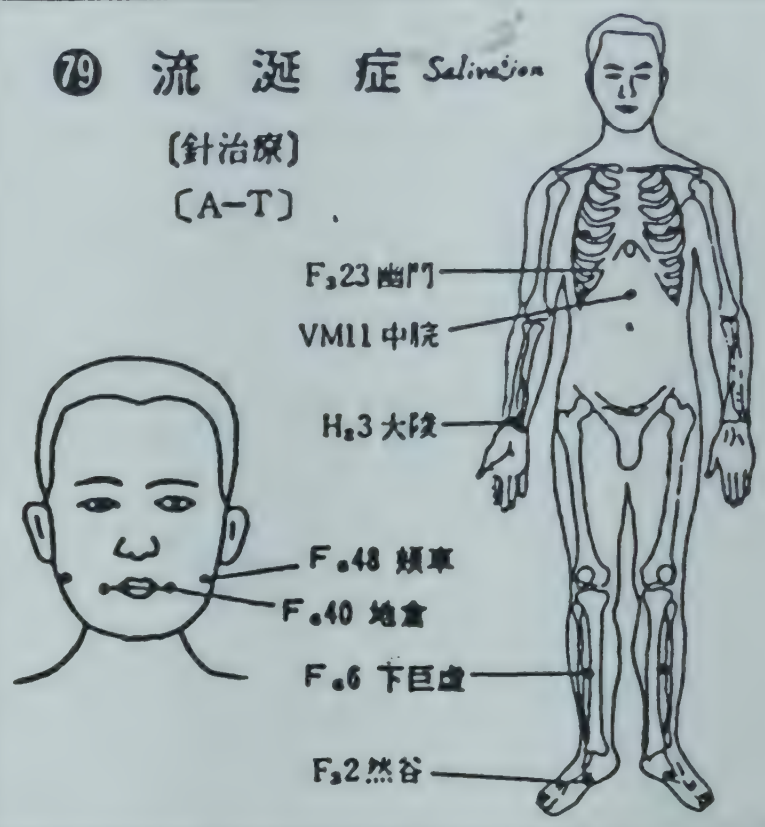
⑱ 舌筋運動障害 Trouble of the hypoglossus

〔針治療〕〔A-T〕



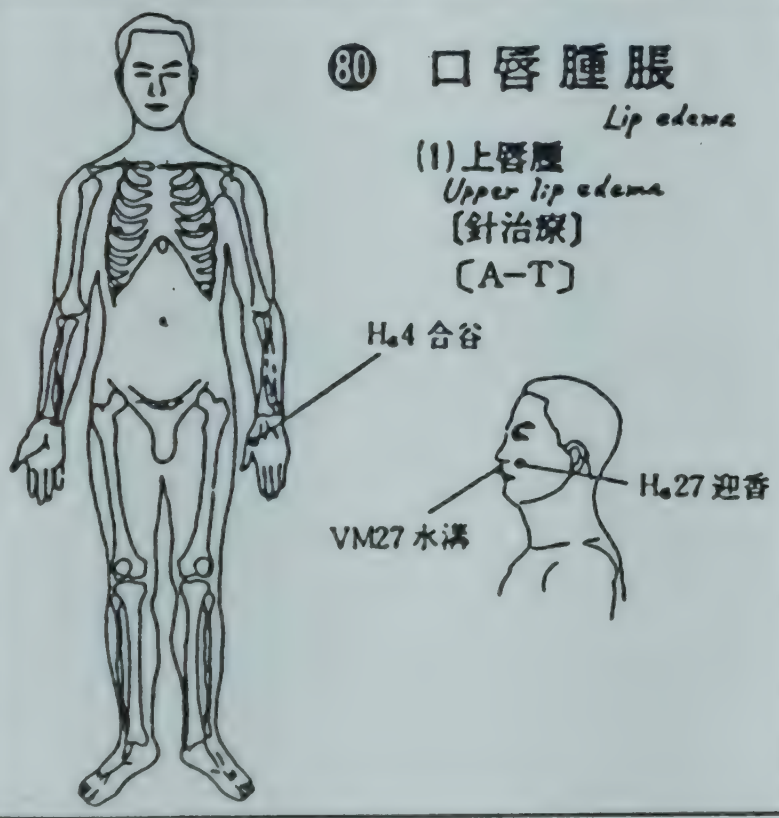
⑲ 流涎症 Salivation

〔針治療〕
〔A-T〕

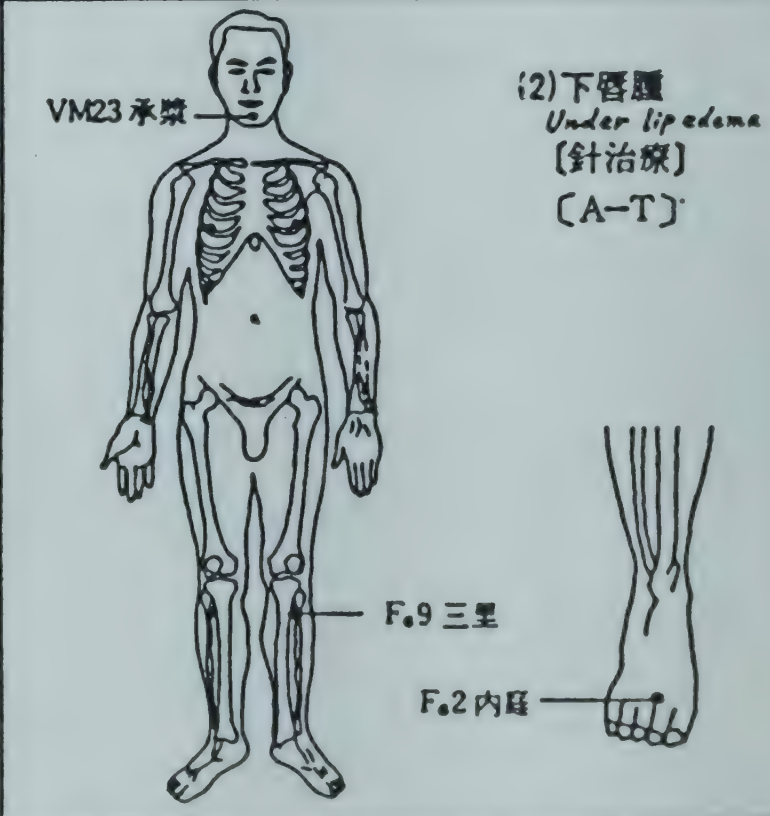


⑳ 口唇腫脹 Lip edema

(1)上唇腫 Upper lip edema
〔針治療〕
〔A-T〕

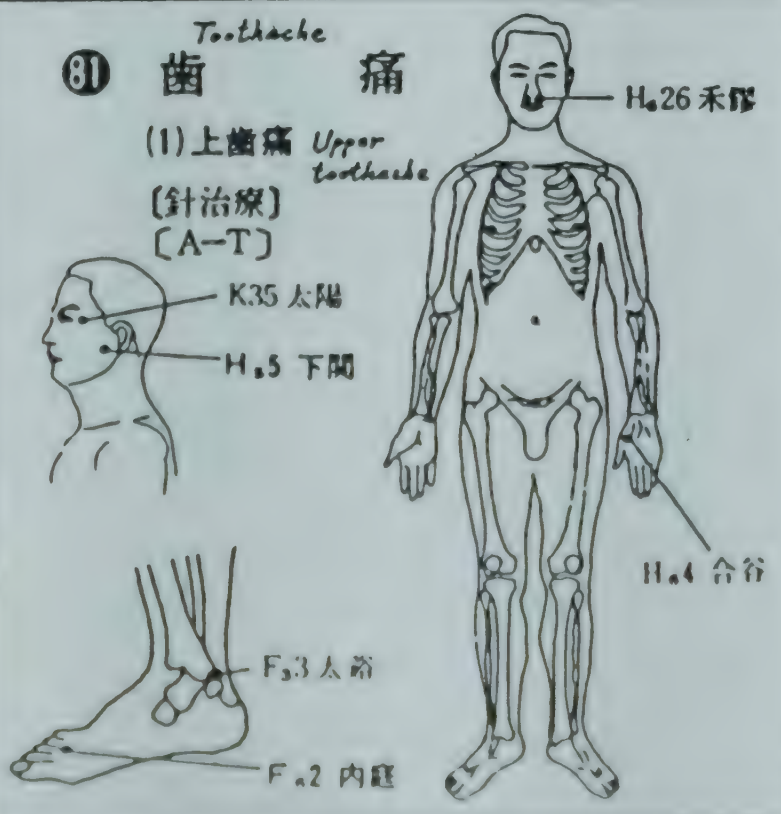


(2)下唇腫 Under lip edema
〔針治療〕
〔A-T〕



㉑ 歯痛 Toothache

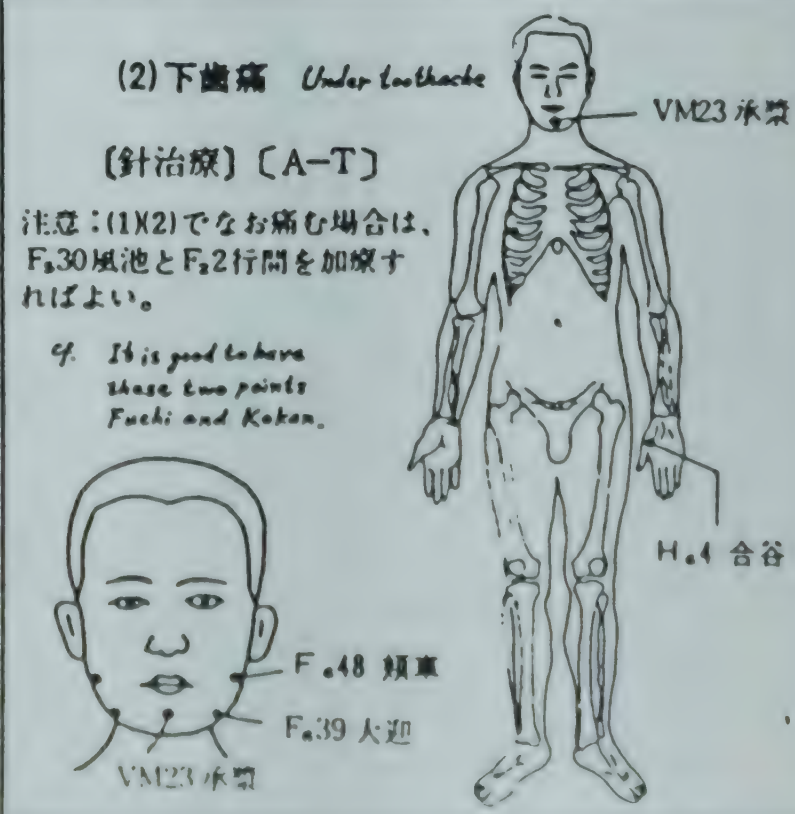
(1)上歯痛 Upper toothache
〔針治療〕
〔A-T〕



(2)下歯痛 Under toothache
〔針治療〕〔A-T〕

注意：(1)(2)でなお痛む場合は、F₀30風池とF₀2行間を加療すればよい。

cf. It is good to have these two points Fuchi and Kokan.

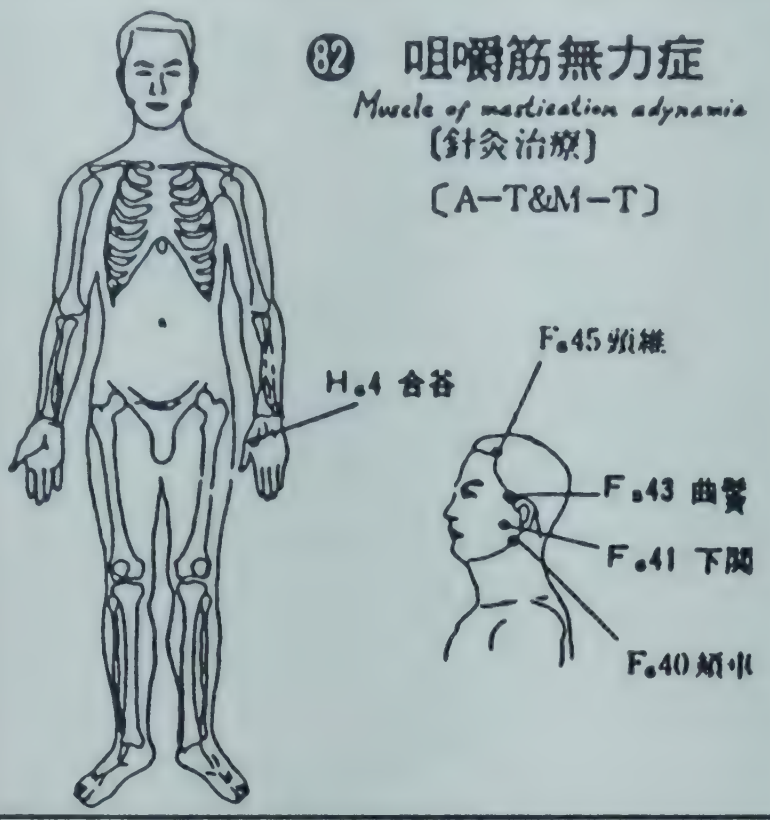


㉒ 咀嚼筋無力症

Muscle of mastication adynamia

〔針灸治療〕

〔A-T&M-T〕

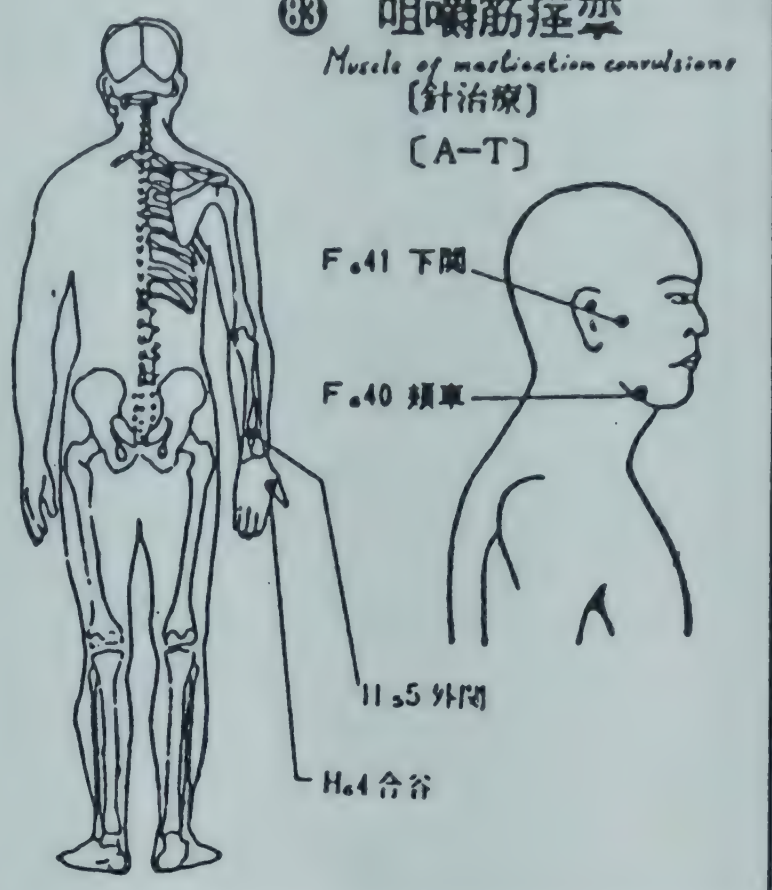


㉓ 咀嚼筋痙攣

Muscle of mastication convulsions

〔針治療〕

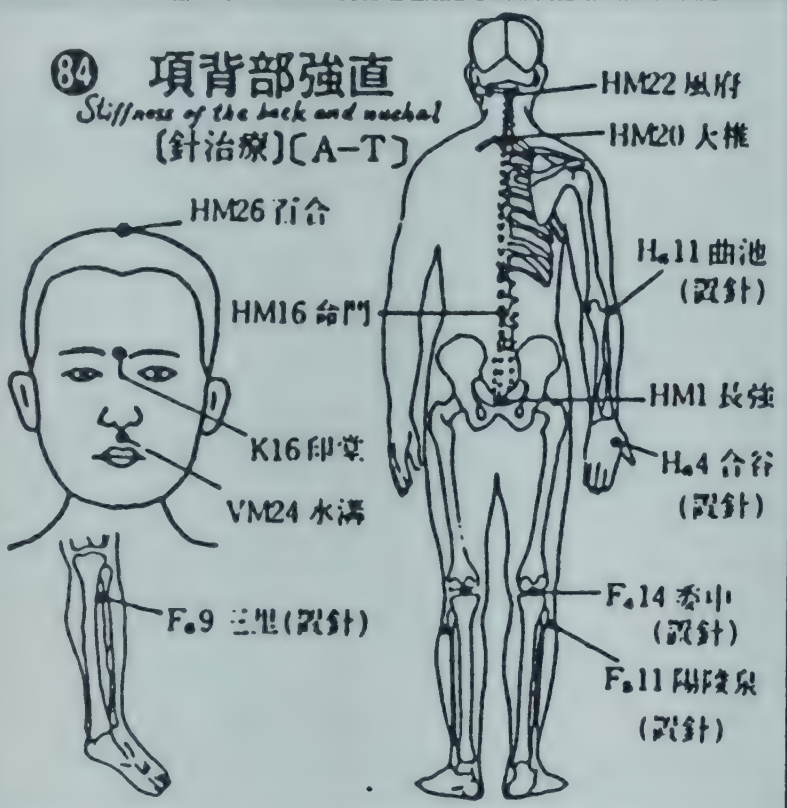
〔A-T〕



㉔ 項背部強直

Stiffness of the back and nuchal

〔針治療〕〔A-T〕

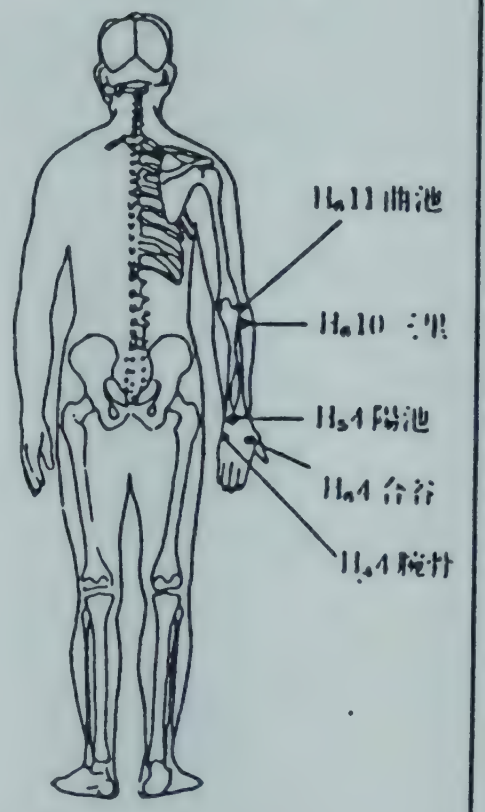


㉕ 手指拘攣

Nuchal of finger

〔針治療〕

〔A-T〕



㉖ 腓腹筋痙攣

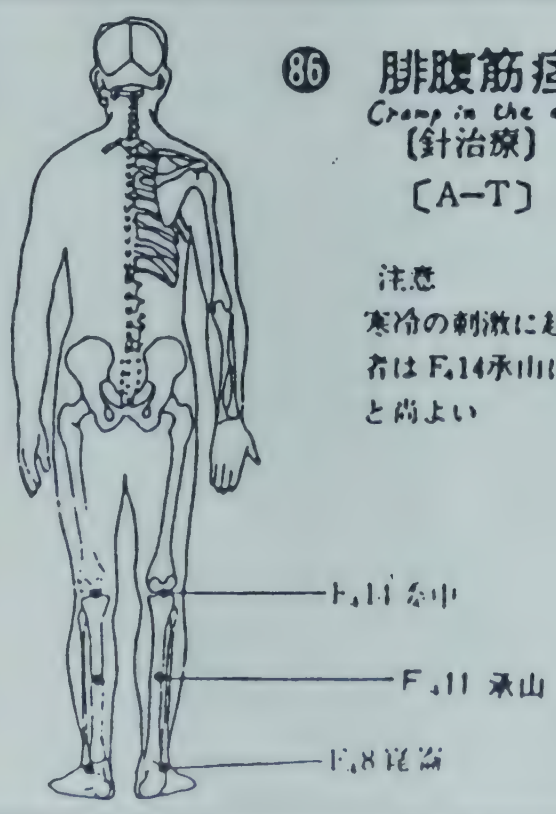
Cramp in the calf

〔針治療〕

〔A-T〕

注意

寒冷の刺激に起因する者は F.14 承山に灸すると尚よい



㉗ 皮膚感覚過敏症

Oversensibleness of the skin sense

1) 循経上の上下遠道穴をまず治療する.

2) 逐次近隣穴を治療する.

3) 局部各穴の治療をする

或は

先に健側, 後に患側を治療する

針灸治療何れも可

⑧⑧ 皮膚感覚鈍麻

Insensitiveness of the skin sense

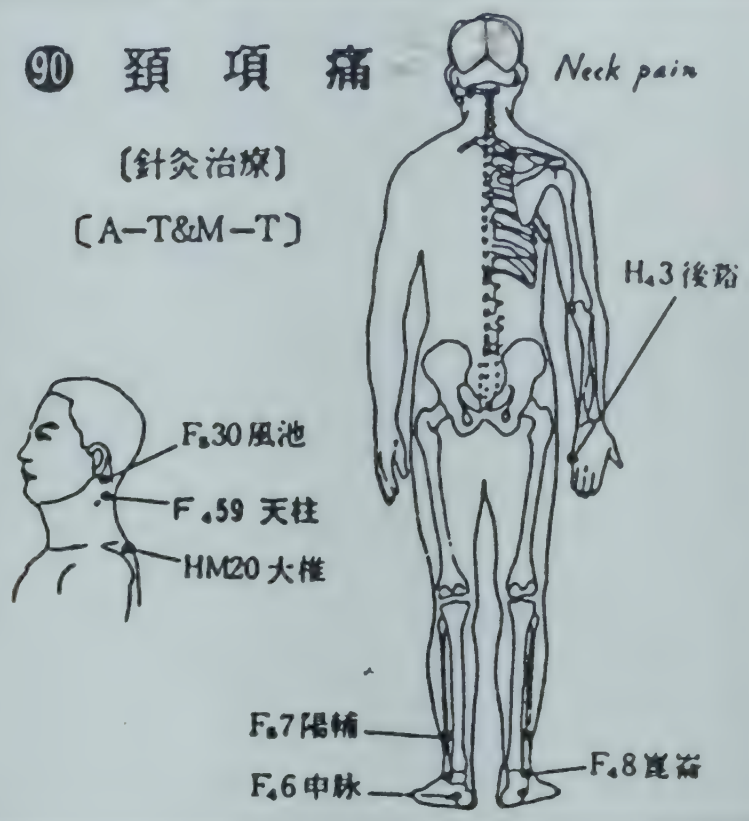
1）局部穴及び所属経脈上部の遠位穴。
2）患部は温熱灸を施すと良い。

⑧⑨ 全身麻痺 *Total paralysis*

1）患部に健全感ある場合は局部穴とその所属経脈の上下穴を治療する。
2）患部に脱落感があれば，その罹患経絡の遠位穴を治療するか，健側を先に施術した後患部を治療する。

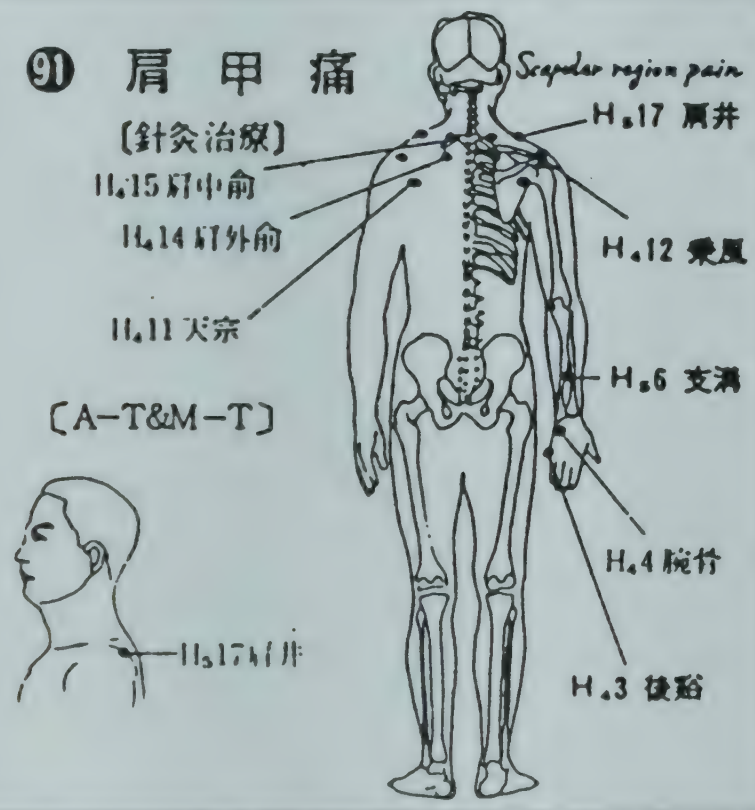
⑨⑩ 頚項痛 *Neck pain*

〔針灸治療〕
〔A-T&M-T〕



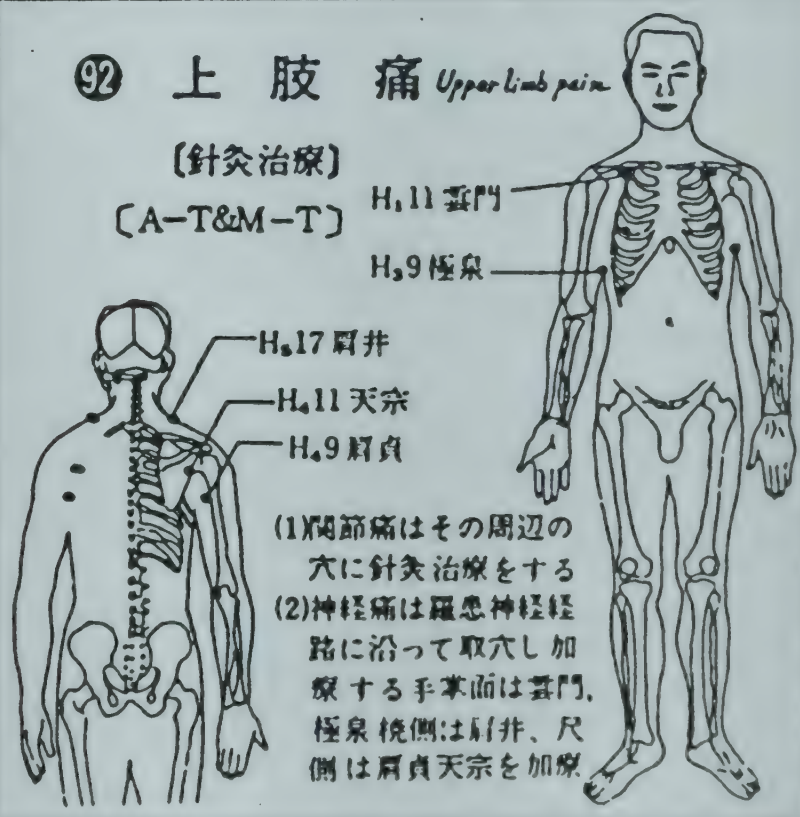
⑨① 肩甲痛 *Scapular region pain*

〔針灸治療〕
〔A-T&M-T〕



⑨② 上肢痛 *Upper limb pain*

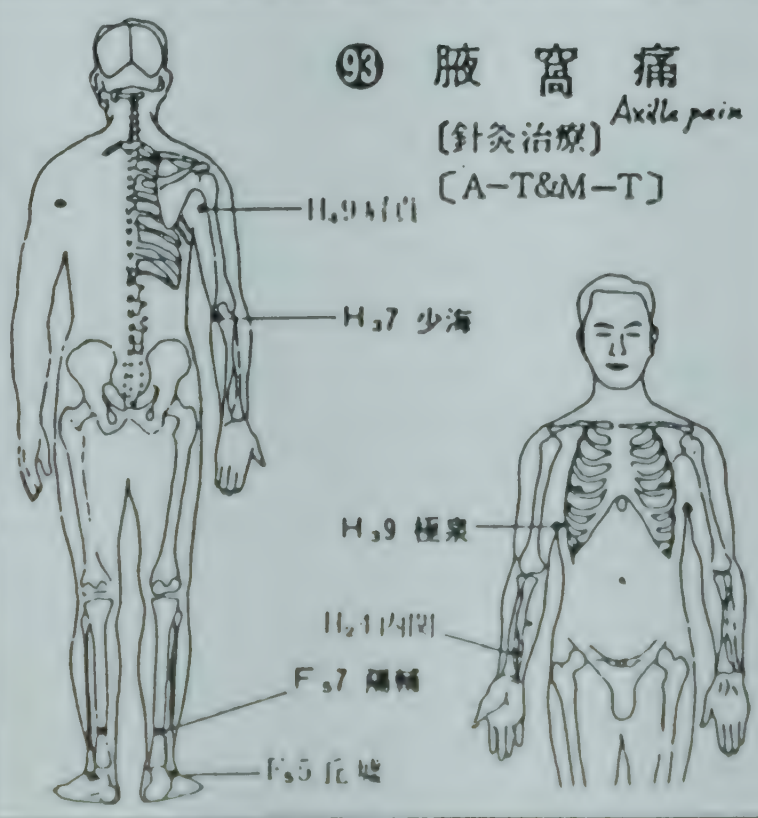
〔針灸治療〕
〔A-T&M-T〕



(1)関節痛はその周辺の穴に針灸治療をする
(2)神経痛は罹患神経経路に沿って取穴し加療する手掌面は曲門，極泉橈側は肩井、尺側は肩貞天宗を加療

⑨③ 腋窩痛 *Axilla pain*

〔針灸治療〕
〔A-T&M-T〕

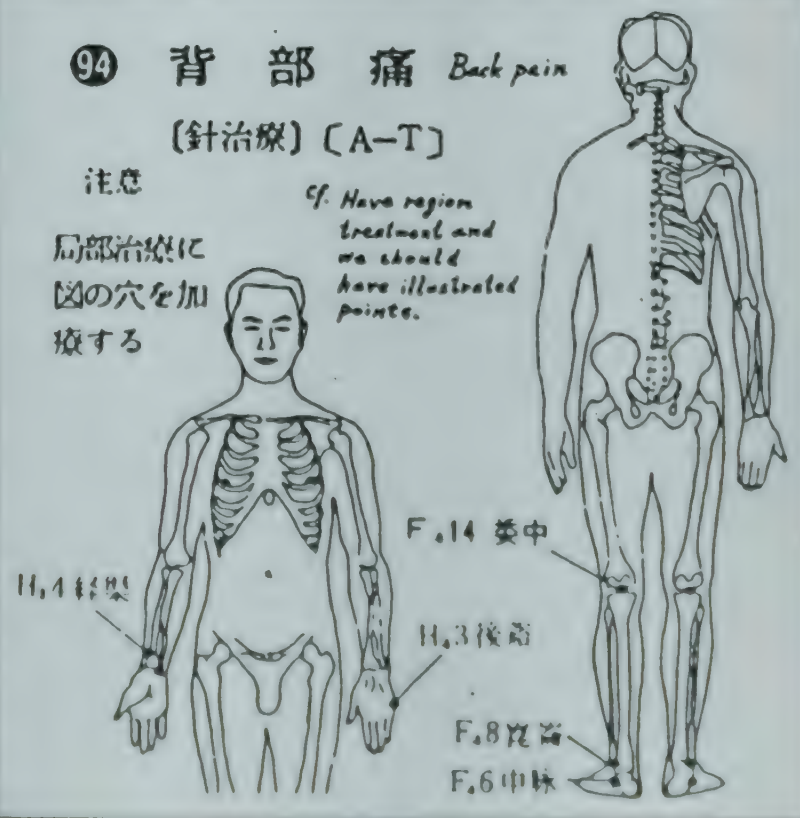


⑨④ 背部痛 *Back pain*

〔針治療〕〔A-T〕

注意
局部治療に図の穴を加療する

Cf. Have region treatment and we should have illustrated points.

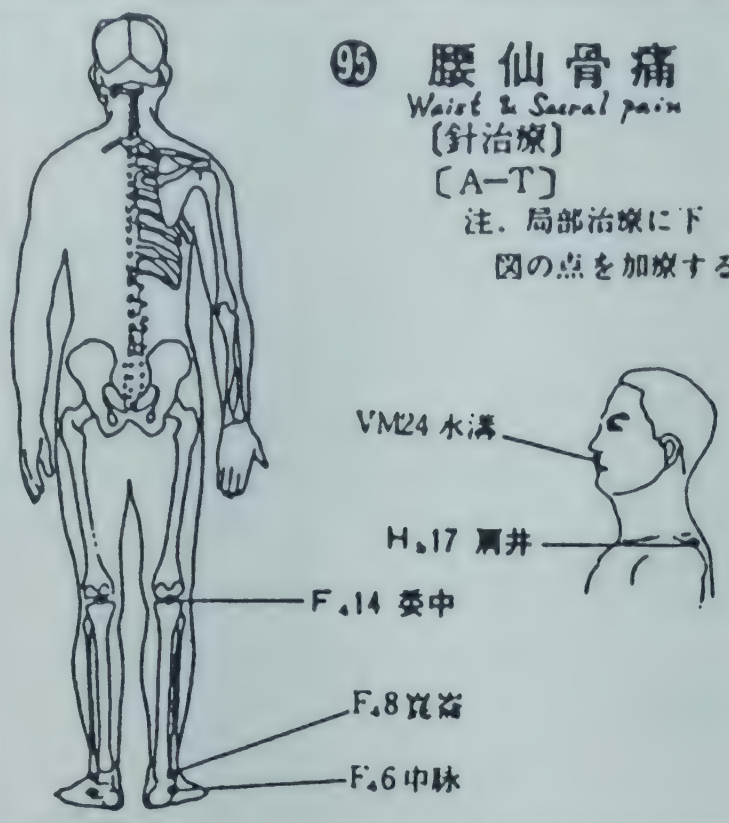


⑨⑤ 腰仙骨痛
Waist & Sacral pain

〔針治療〕

〔A-T〕

注．局部治療に下図の点を加療する



⑨⑥ 下肢痛 *Lower limb pain*

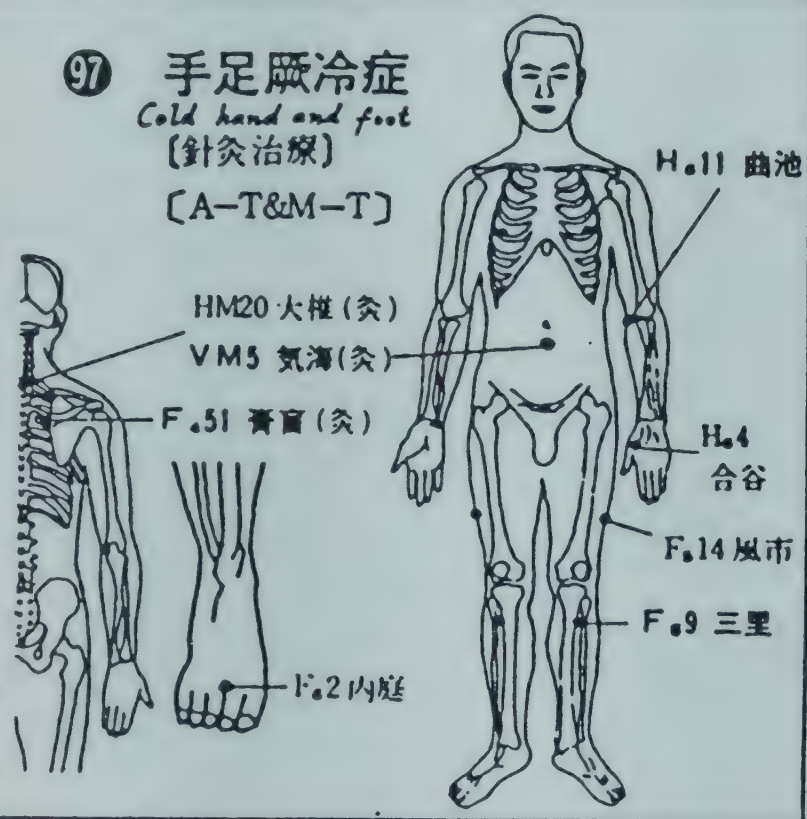
1）関節痛は近隣穴を治療する。

2）神経痛は罹患神経経路に沿って取穴，治療する外，腰仙部の穴を治療する。

⑨⑦ 手足厥冷症
Cold hand and foot

〔針灸治療〕

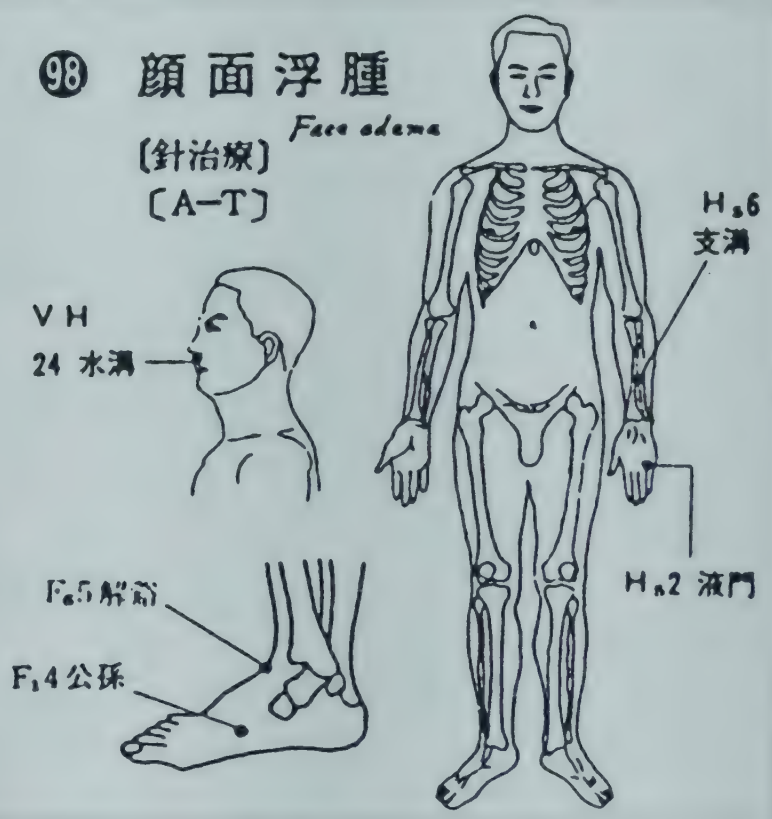
〔A-T&M-T〕



⑨⑧ 顔面浮腫
Face edema

〔針治療〕

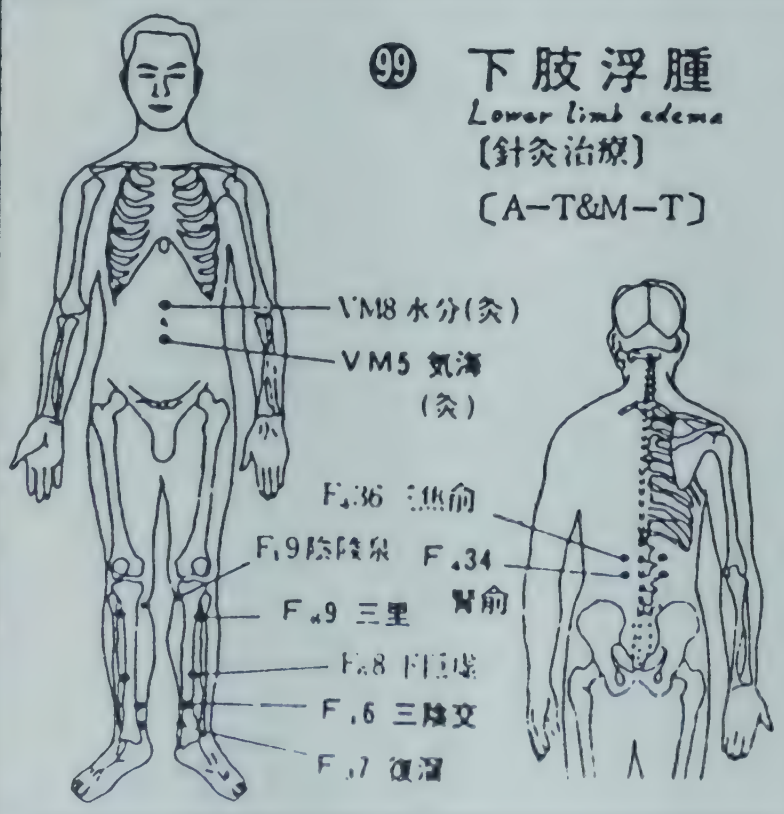
〔A-T〕



⑨⑨ 下肢浮腫
Lower limb edema

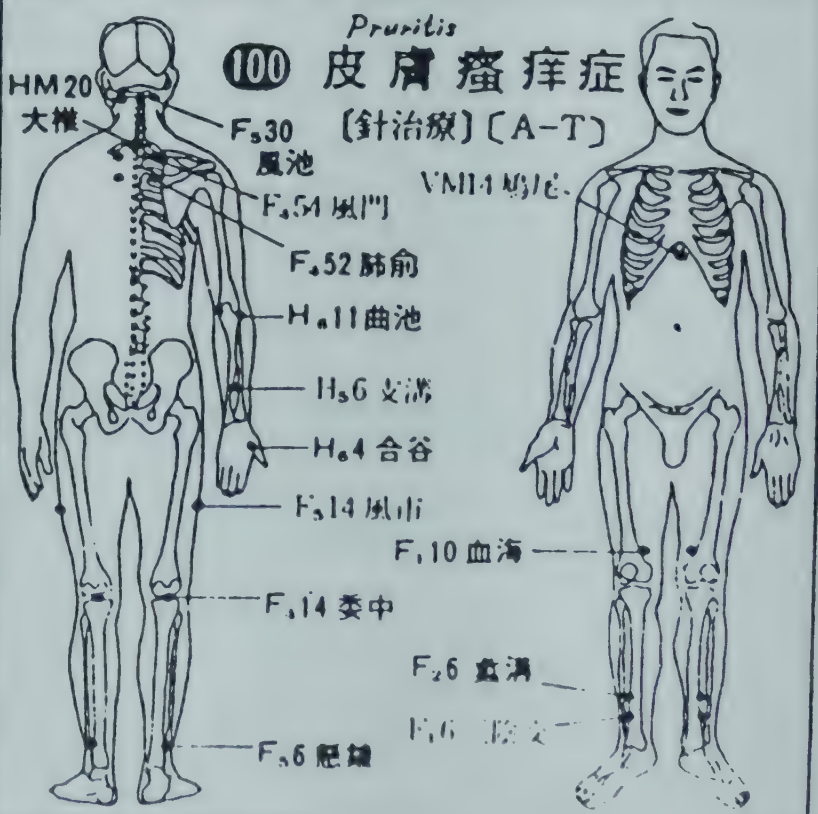
〔針灸治療〕

〔A-T&M-T〕



⑩⓪ 皮膚瘙痒症
Pruritis

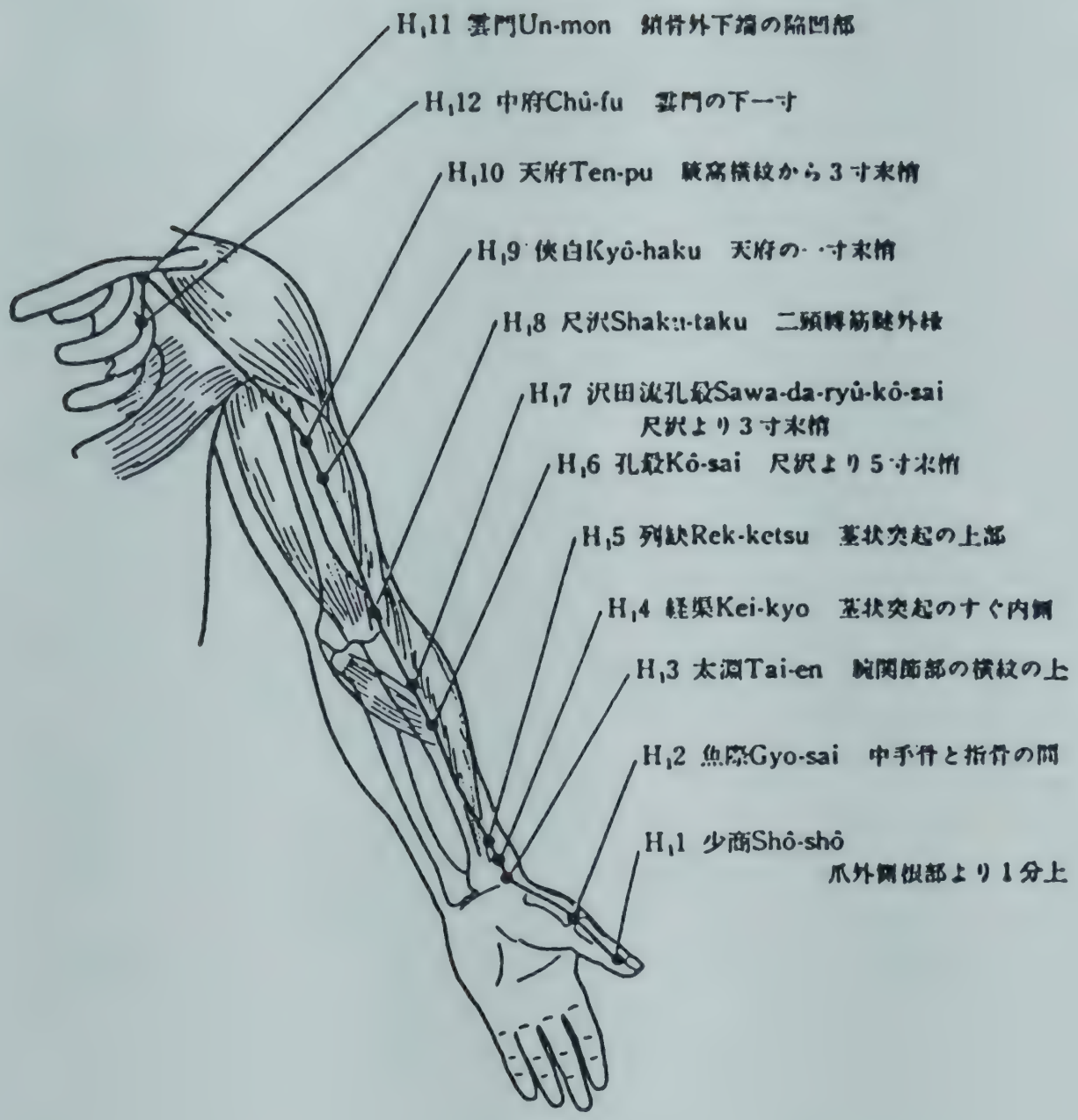
〔針治療〕〔A-T〕



6. Side effect

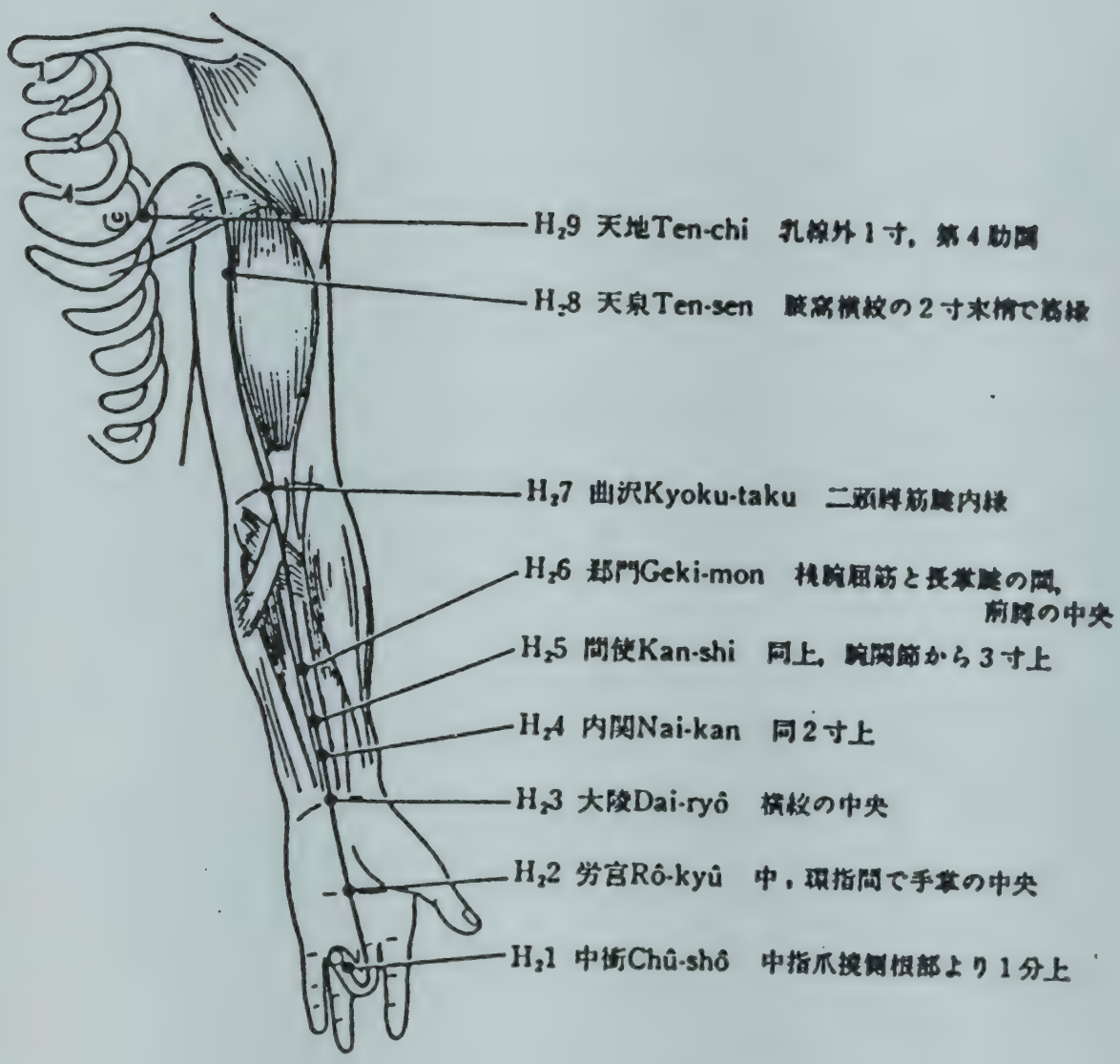
H_1　肺　経

Lung meridian



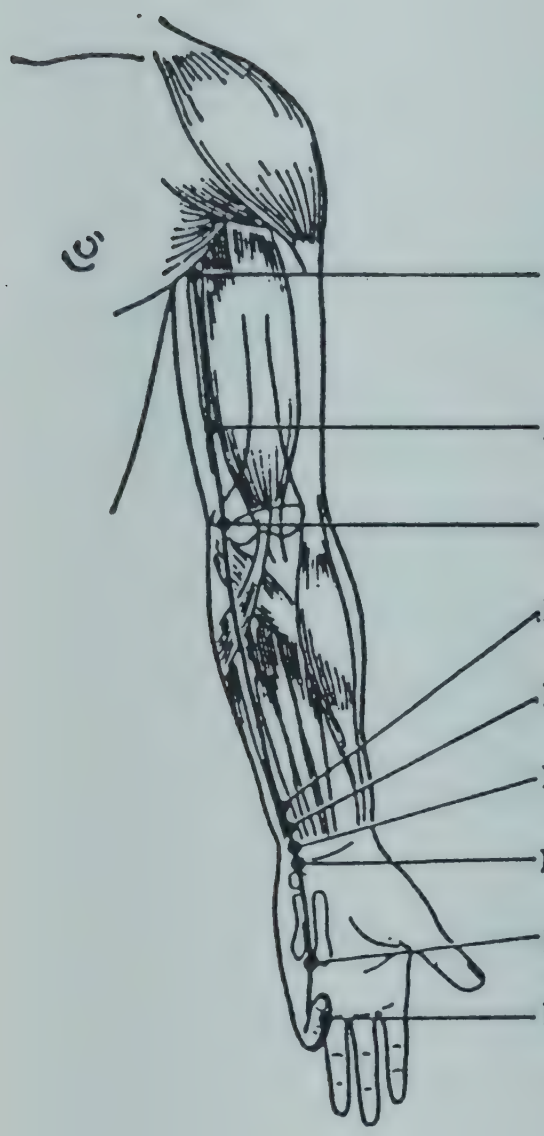
H_2 心 包 経

Circulation-sex meridian



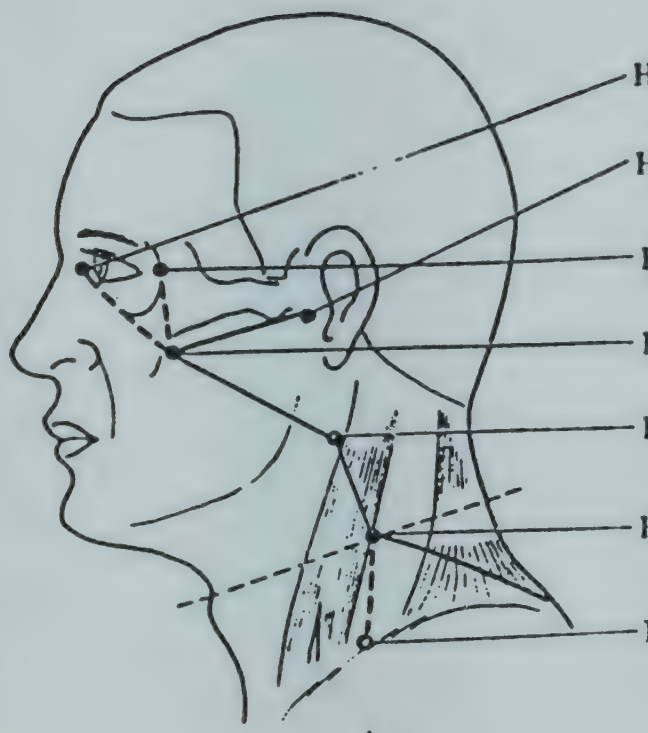
H_3 心　経

Heart meridian



H_4 小 腸 経

Small intestine meridian



$H_4$23 晴明 Sei-mei 内眥内方の陥中

$H_4$21 聴宮 Chô-kyû 耳珠の前中央

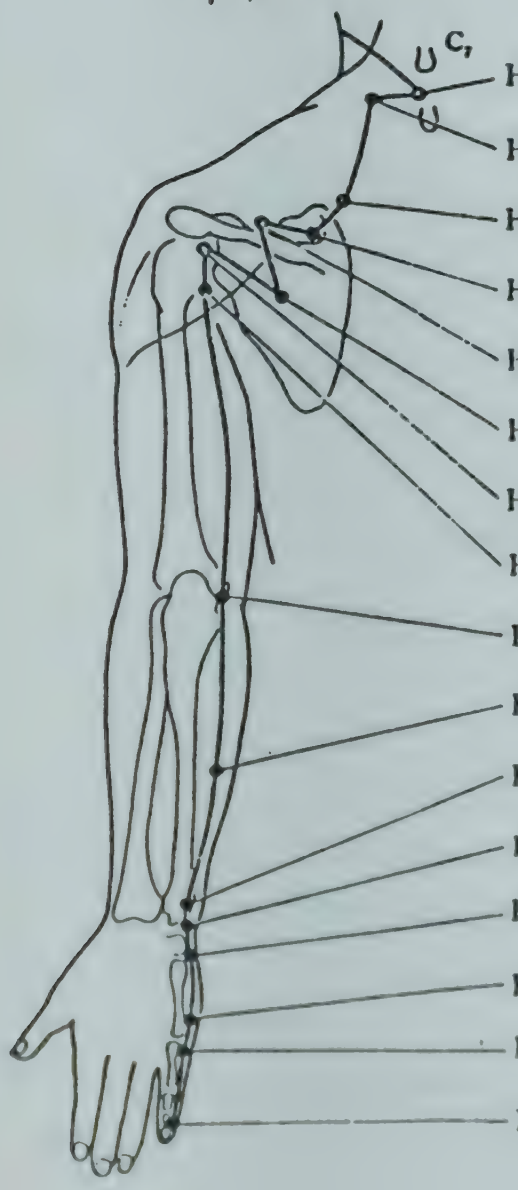
$H_4$22 瞳子髎 Dô-shi-ryô 外眥外方骨陥部

$H_4$20 顴髎 Kan-ryô 頬骨突起直下，外眼角線上

$H_4$19 天容 Ten-yô 天窓の上，胸鎖乳突筋前縁

$H_4$18 天窓 Ten-sô 胸鎖乳突筋後縁

$H_4$17 缺盆 Ketsu-bon 乳線上，鎖骨上窩中央



$H_4$16 大椎 Dai-tsui C7 T1間

$H_4$15 肩中俞 Ken-chû-yu 大椎の横2寸

$H_4$14 肩外俞 Ken-gai-yu 肩甲骨上角縁

$H_4$13 曲垣 Kyoku-en 肩甲棘起始部上ぎわ

$H_4$12 秉風 Hei-fû 肩甲棘中央の上ぎわ，肩甲切痕部

$H_4$11 天宗 Ten-sô 肩甲骨棘下窩中央

$H_4$10 臑俞 Ju-yu 肩甲棘外端の直下

$H_4$9 肩貞 Ken-tei 臑俞の1寸下，腋窩横紋端

$H_4$8 小海 Shô-kai 尺骨神経溝

$H_4$7 支正 Shi-sei 前腕の中央部

$H_4$6 養老 Yô-rô 尺骨茎状突起隆起中の凹部

$H_4$5 陽谷 Yô-koku 腕関節部，尺骨茎状突起の下ぎわ

$H_4$4 腕骨 Wan-kotsu 手根中手関節尺側

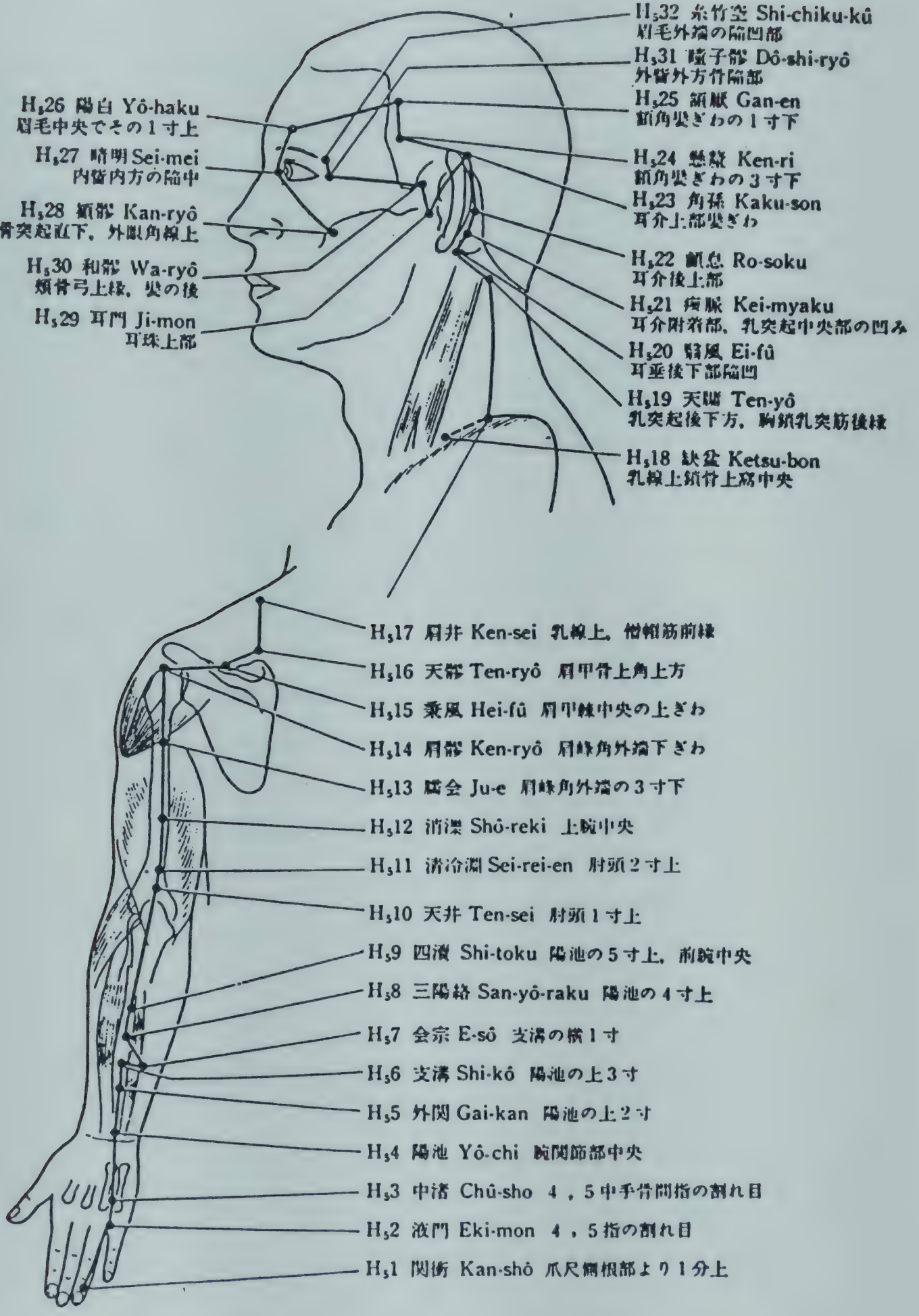
$H_4$3 後溪 Kô-kei 中手骨前端尺側

$H_4$2 前谷 Zen-koku 基節骨後端尺側

$H_4$1 少沢 Shô-taku 爪尺側根部より1分上

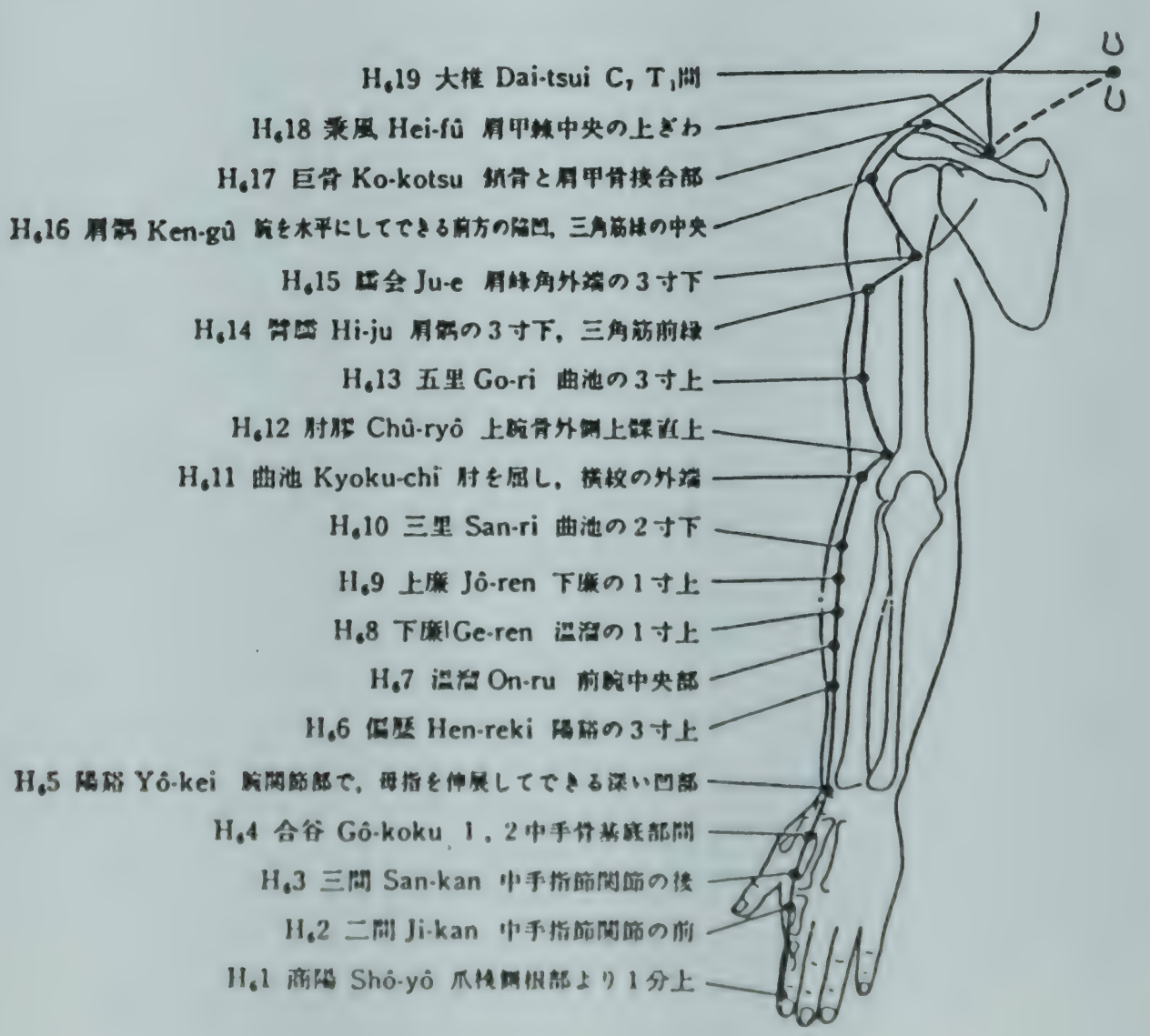
H_s 三 焦 経

Three heater meridian



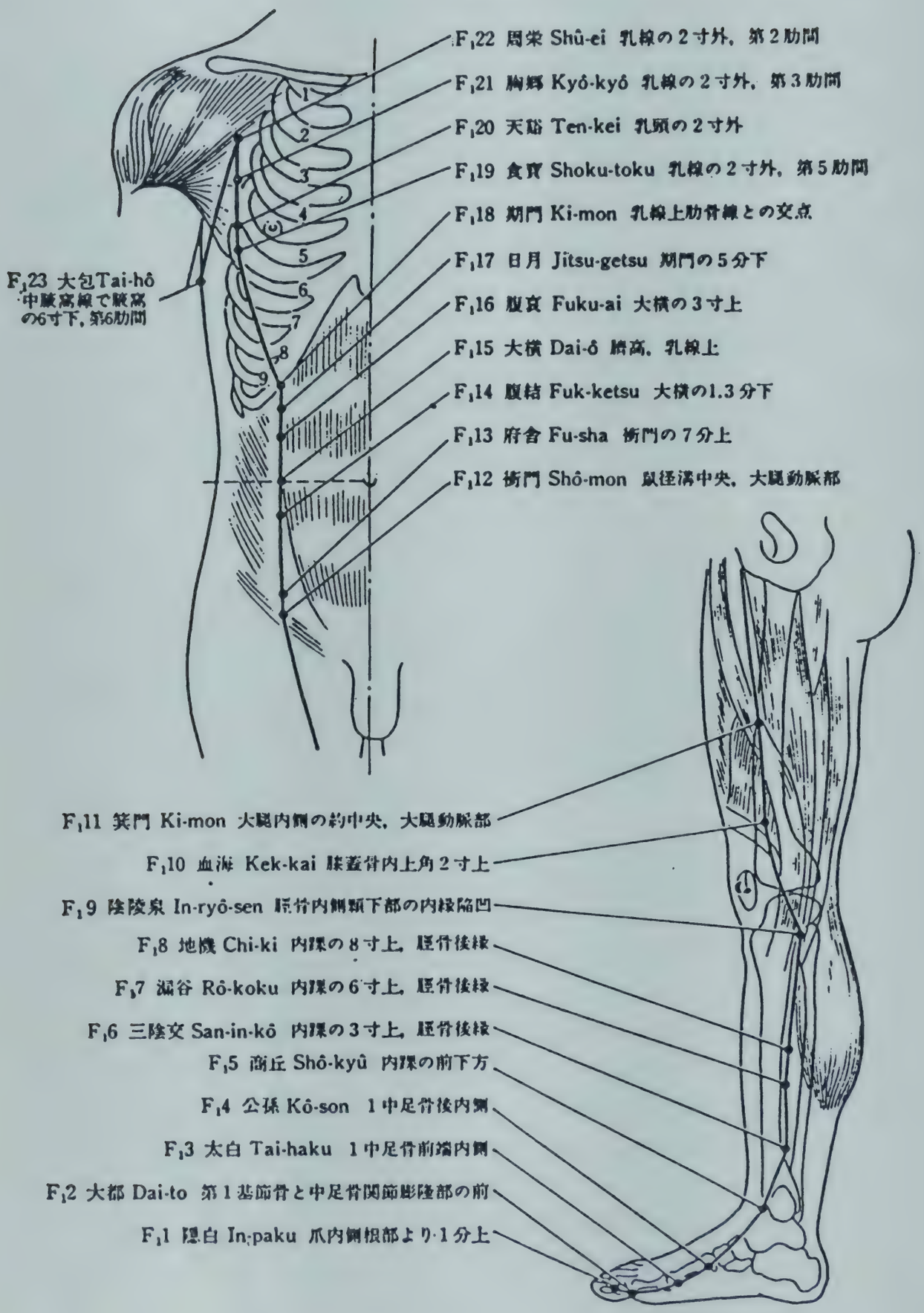
H_6 大 腸 経

Large intestine meridian



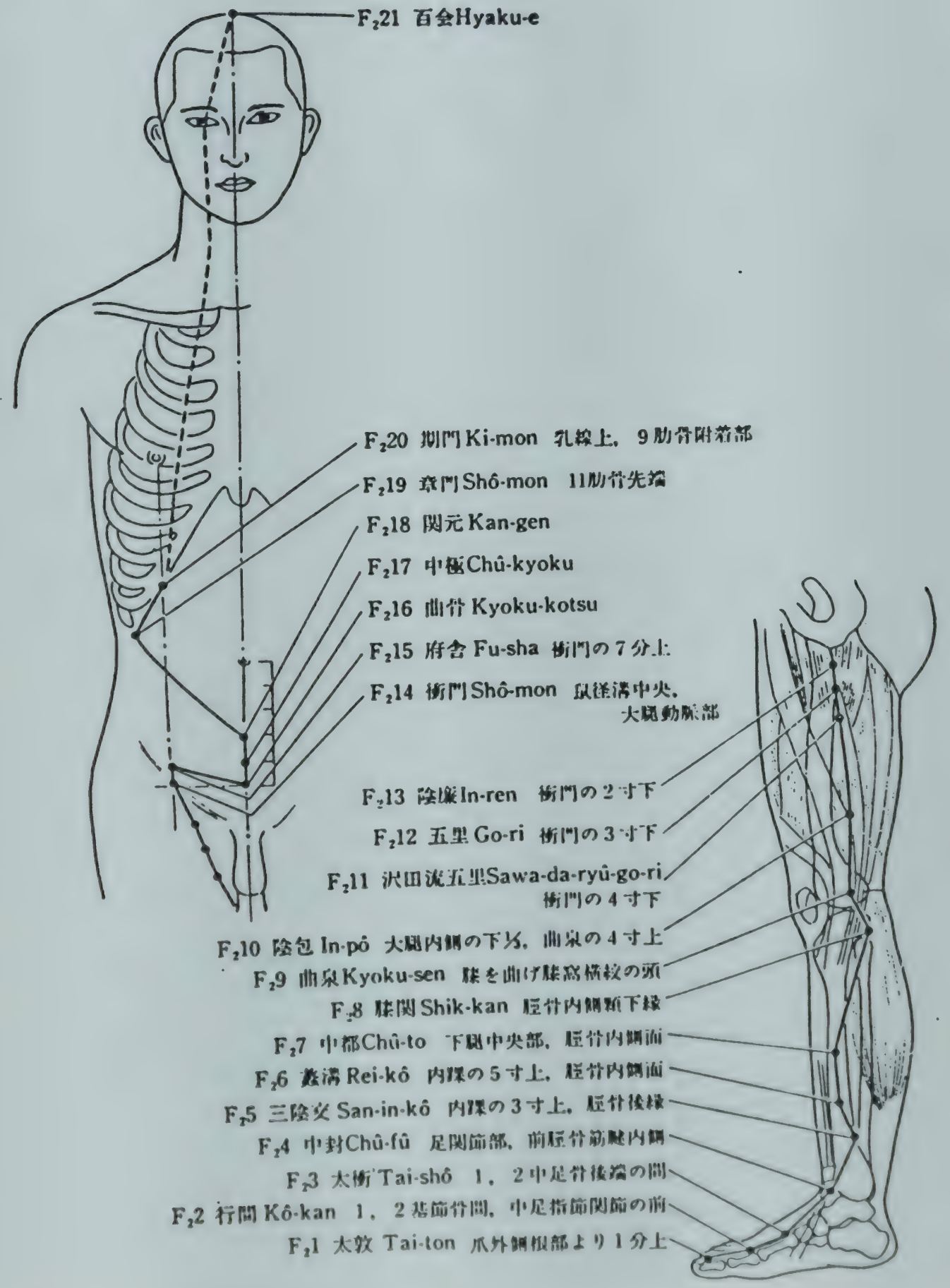
F_1 脾　経

Pancreas meridian



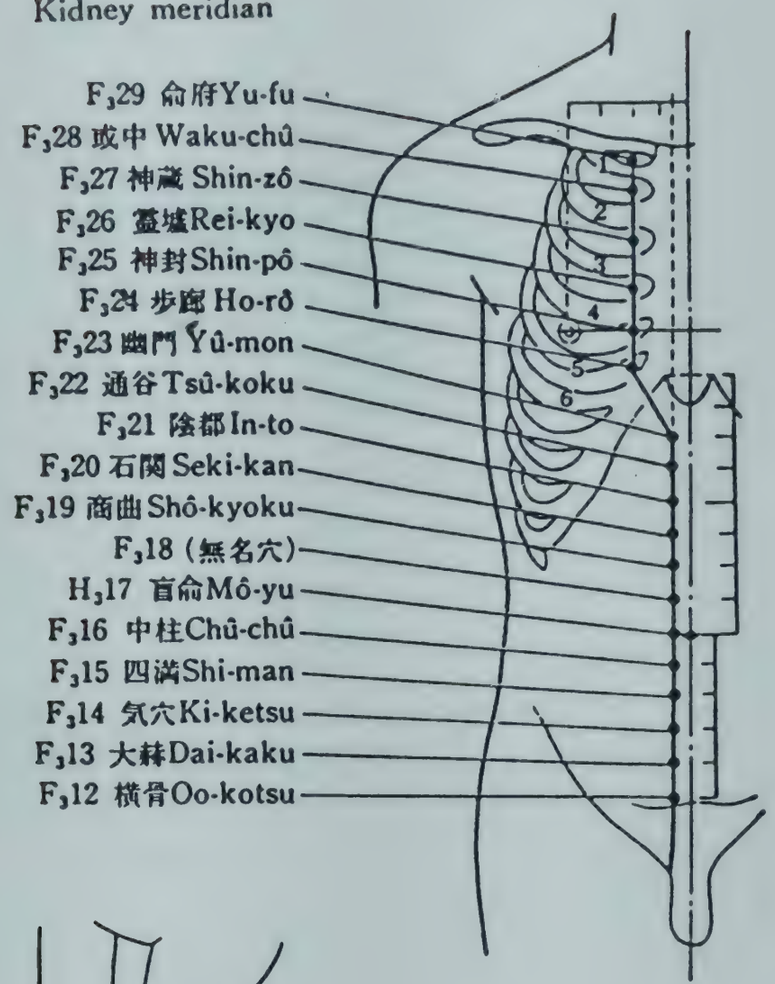
F_2 肝　経

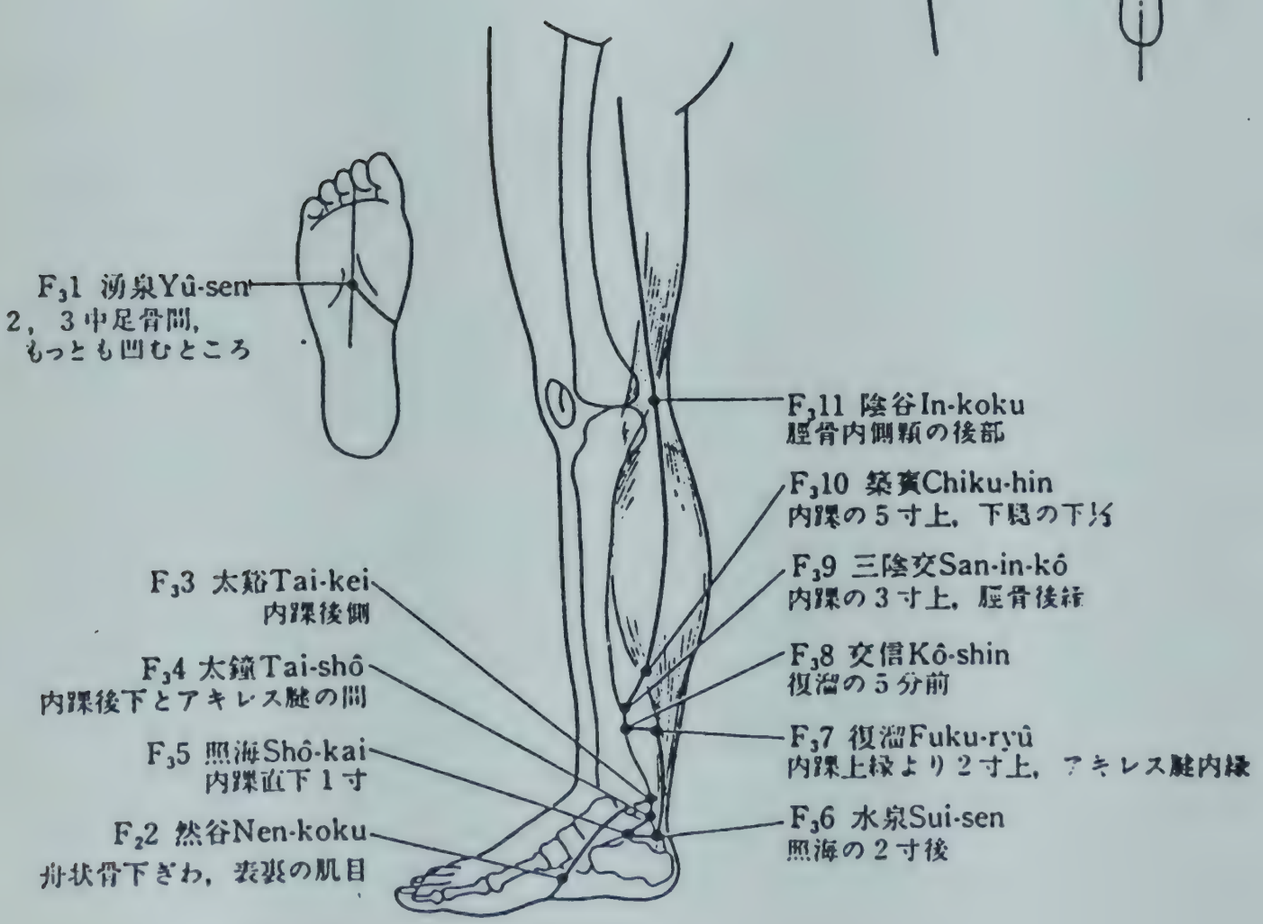
Liver meridian



F_3 腎　経

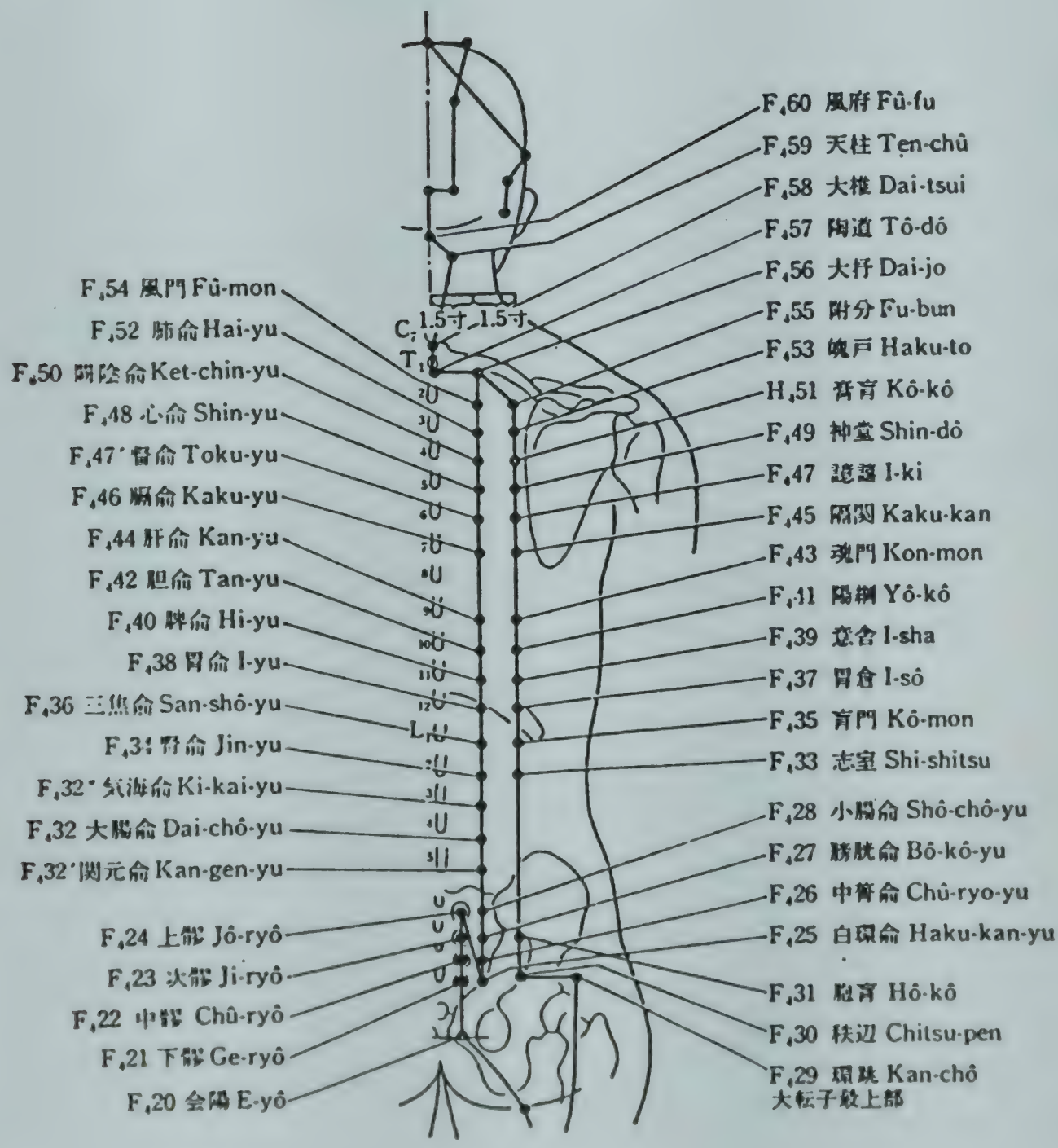
Kidney meridian





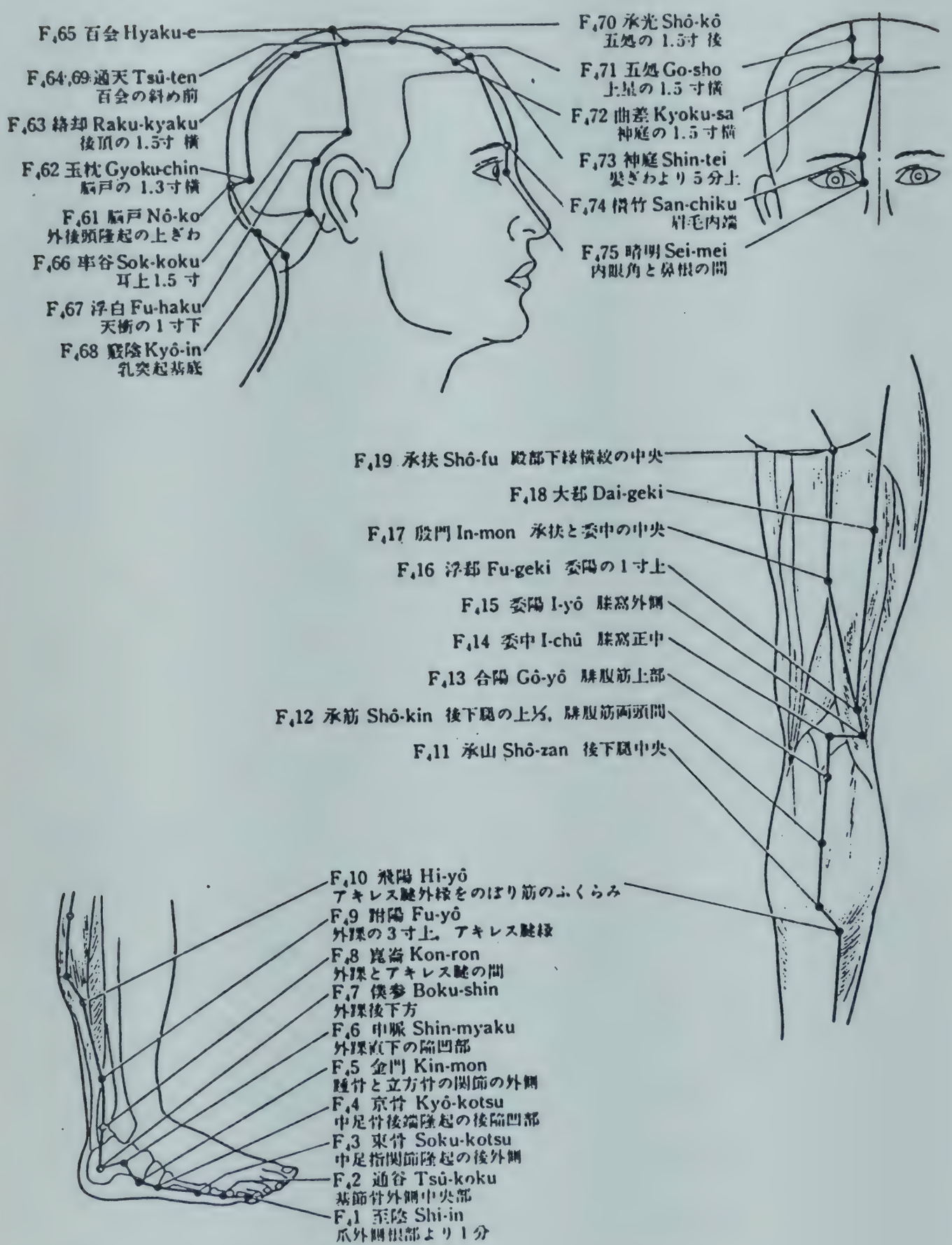
F. 膀 胱 経（その1）

Urinary bladder meridian



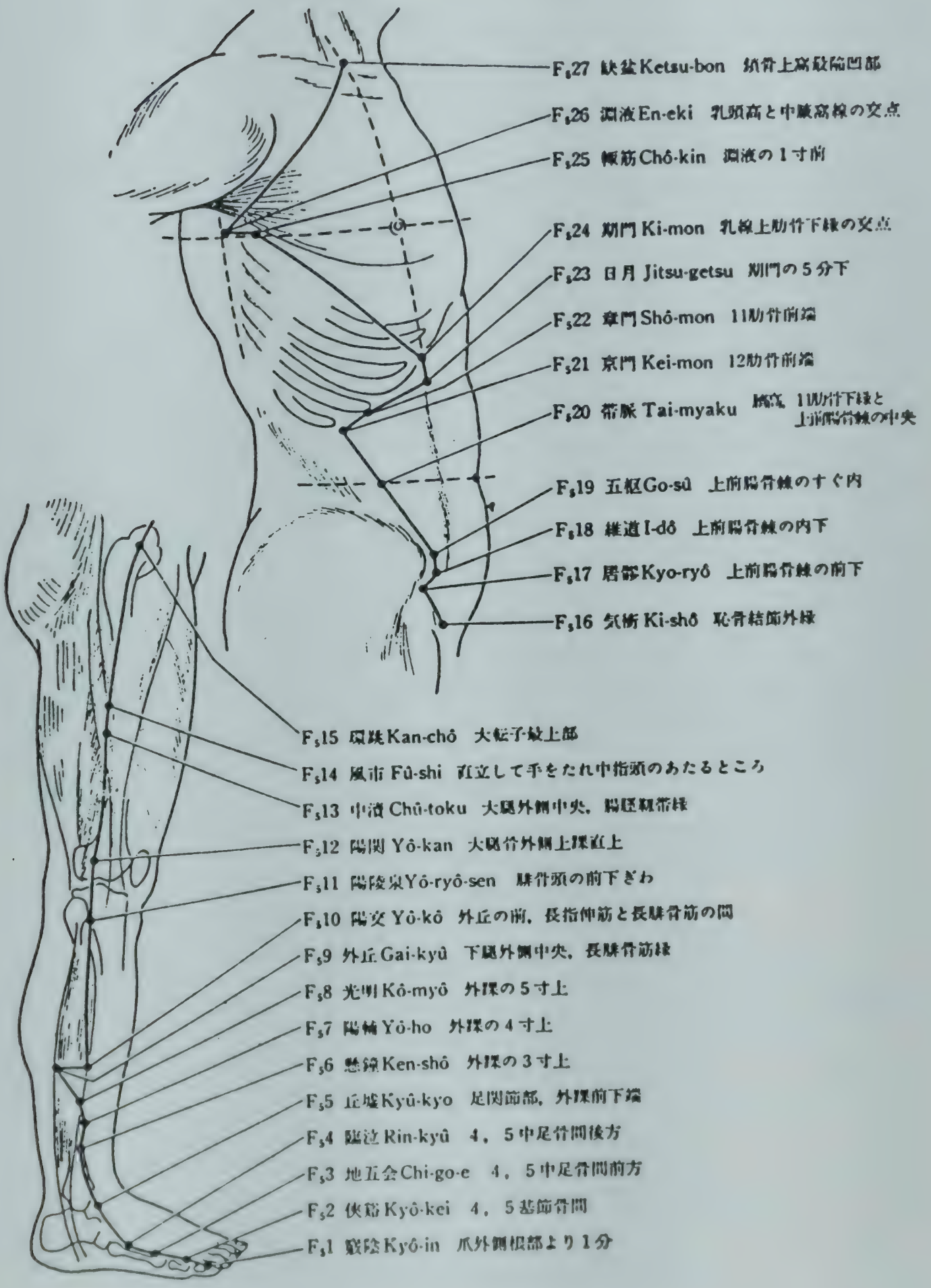
F₁ 膀 胱 経（その2）

Urinary bladder meridian



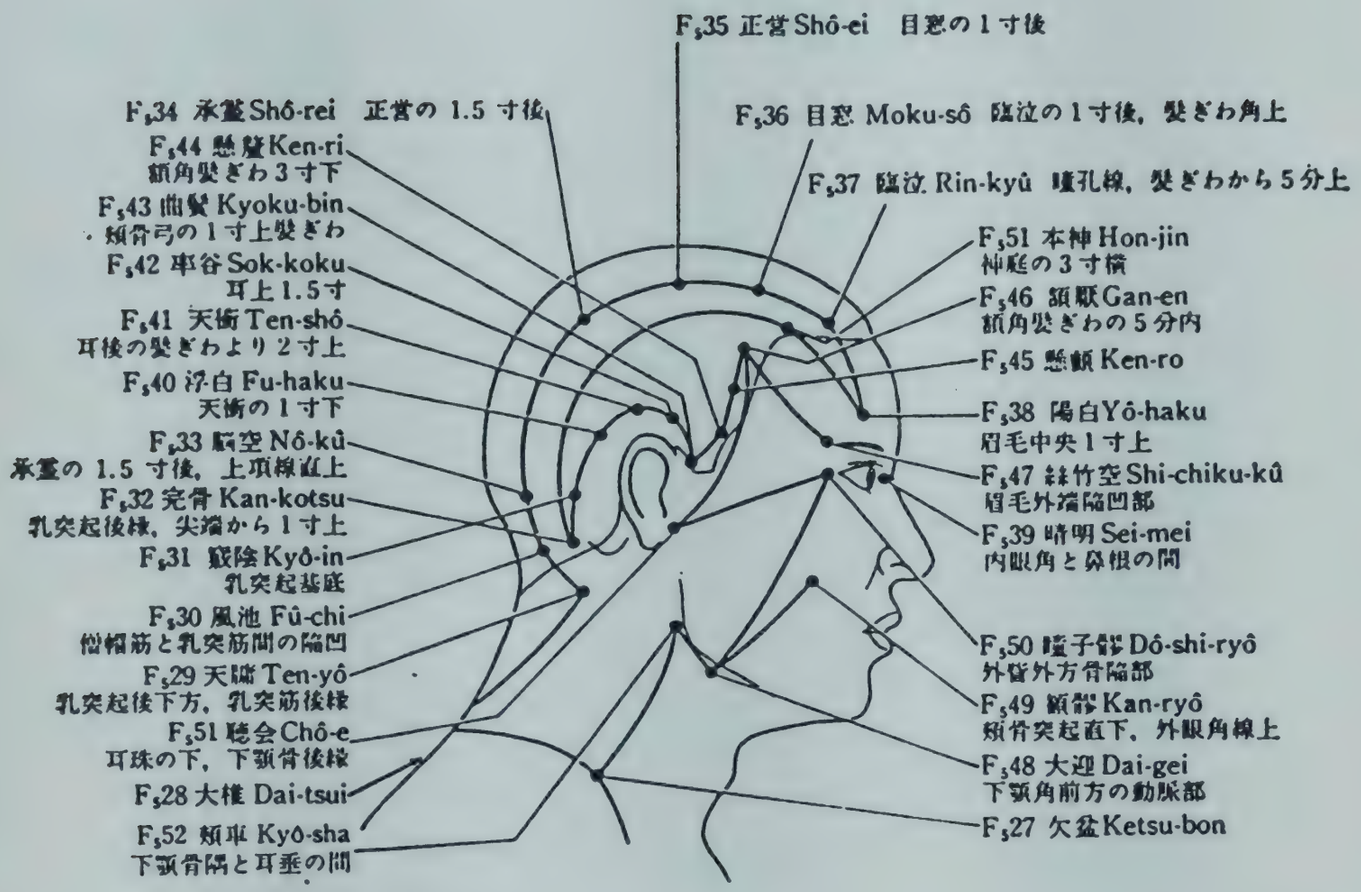
F_s 胆 経 （その1）

Gallbladder meridian



F_5 胆　経（その2）

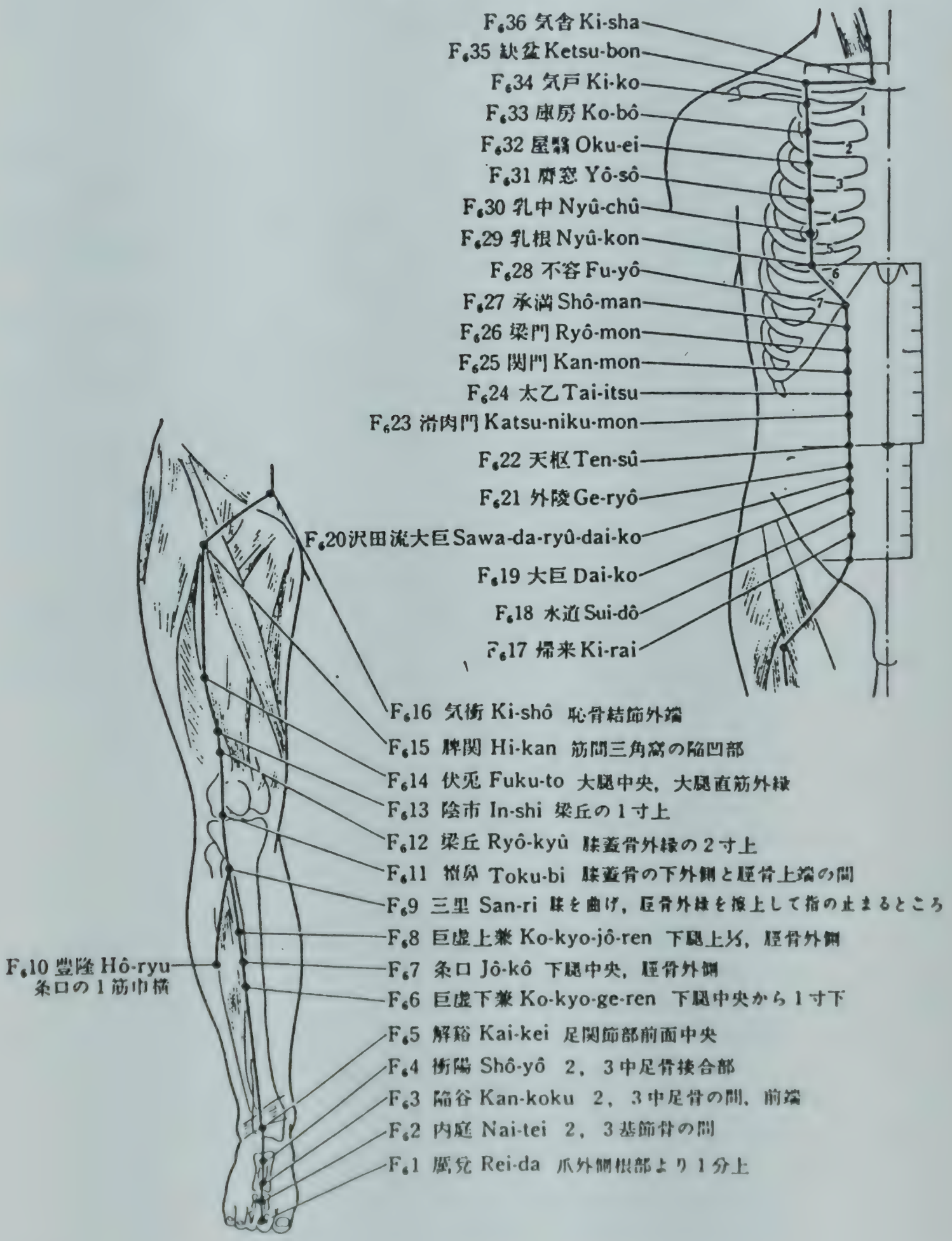
Gallbladder meridian



註：胆経の頭部の走行は複雑で，細部は書物によっていろいろな相違がある．良導絡の符号も，その順番が必ずしも整然としていない．

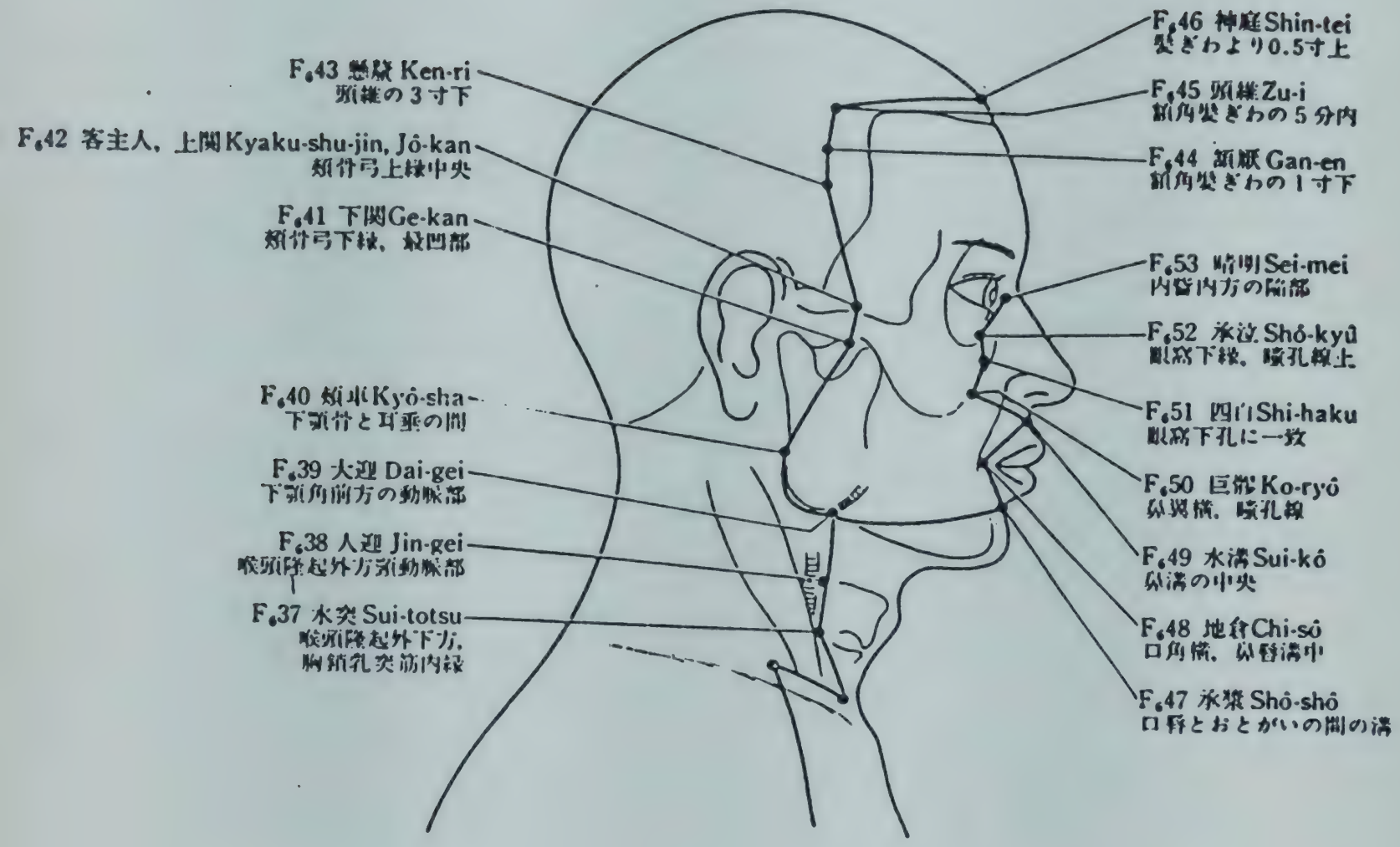
F_6 胃　経（その１）

Stomach meridian



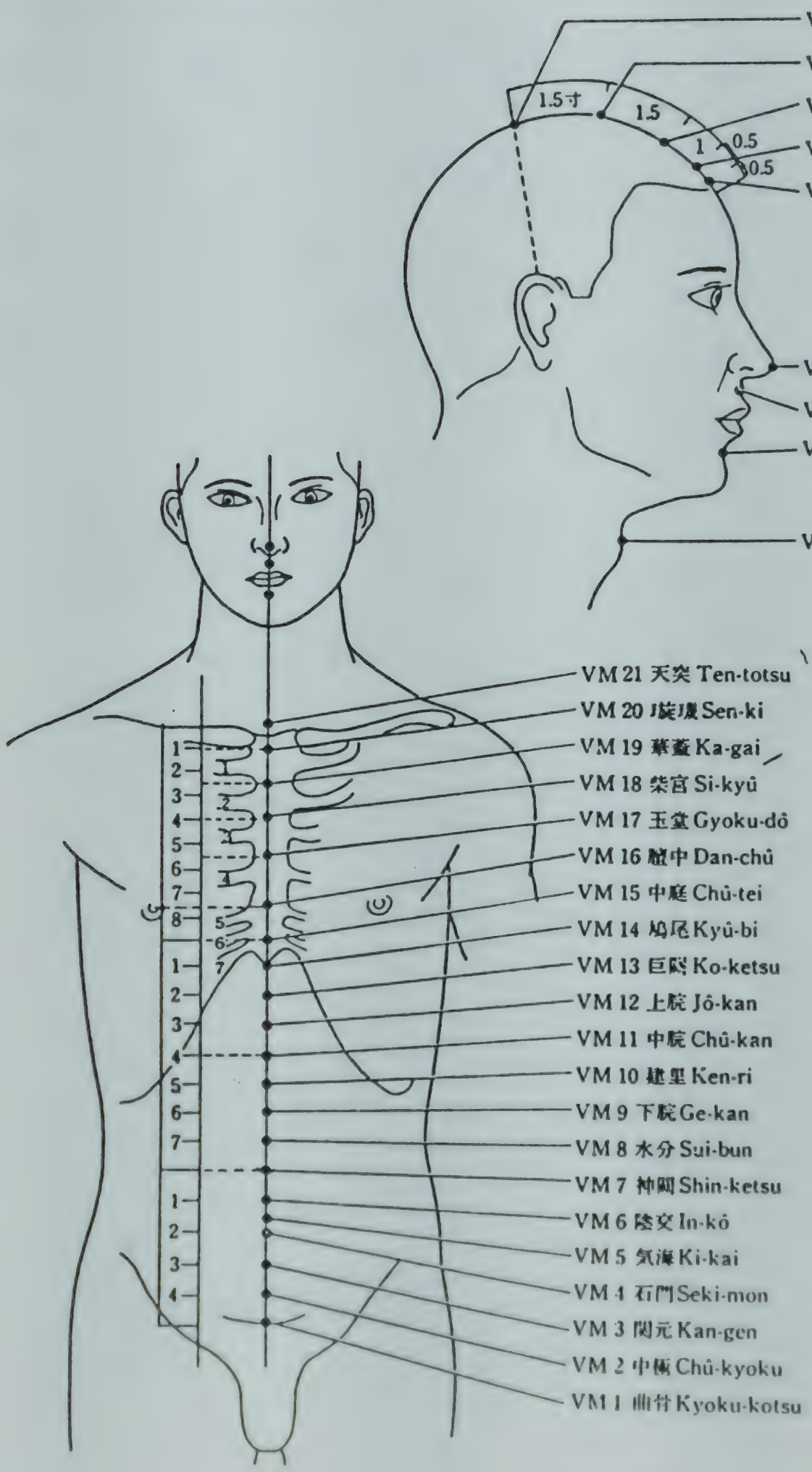
F$_6$ 胃　経（その2）

Stomach meridian



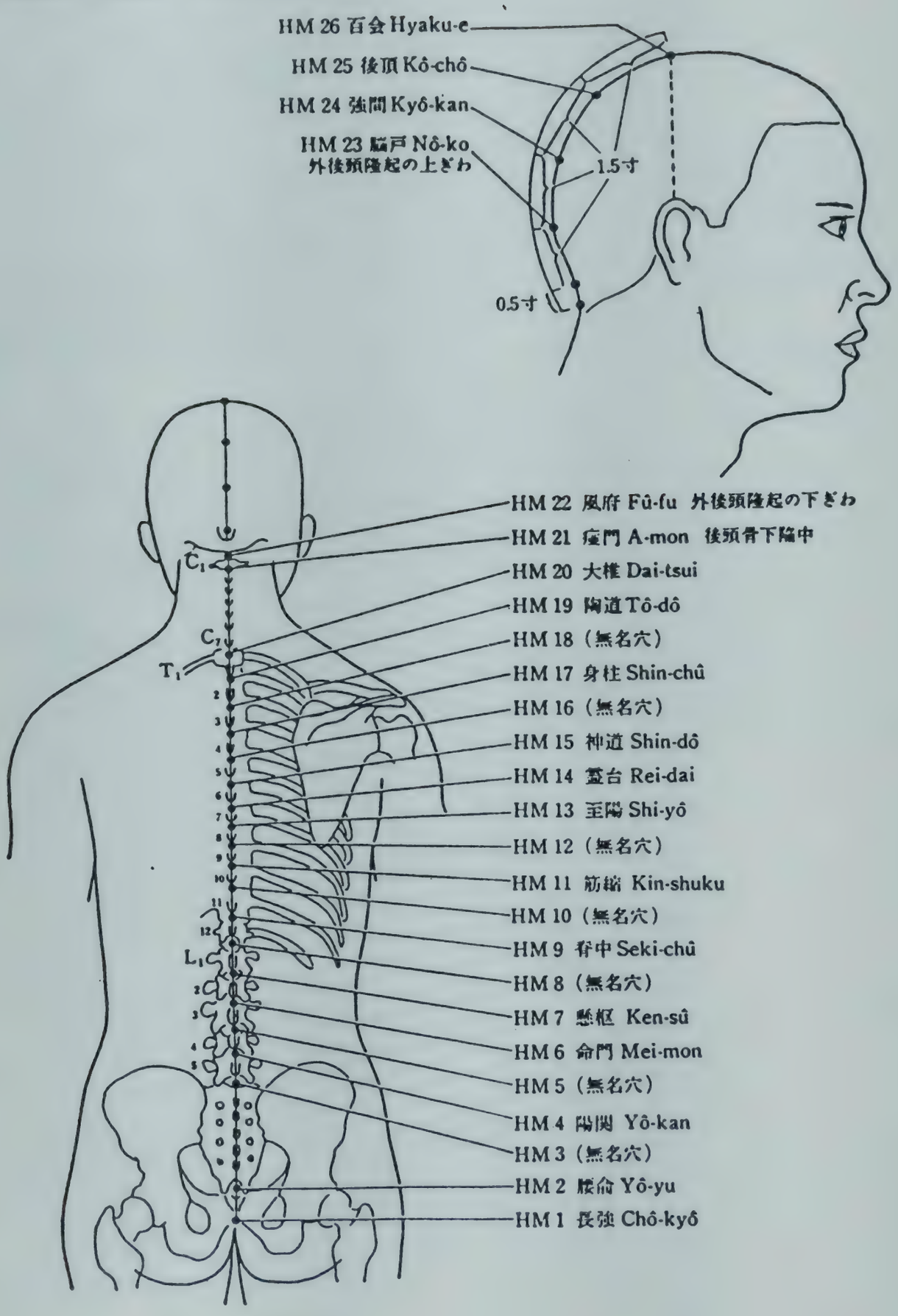
VM または AM 任脈

Anterior median extrameridian



HM または PM 督脈

Posterior median extrameridian



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